RULE MODIFICATIONS FOR 15U DIVISIONS

Ball Size

- 15U Girls Size 6
- 15U Boys Size 7

Timing Rules

- 15U divisions shall consist of four 9-minute stop time quarters. The pre-game warm-up will begin as per scheduled start time and is 5 minutes long. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
- Games in all divisions will have a one (1) minute break between quarters and a two (2) minute break at half-time.

Defensive Modifications in the 15U divisions:

- May play person-to-person defense, proper help side technique is permitted on-ball
- Full court person-to-person pressure will be permitted
- Full court Zone pressure will be permitted. Defensive players will be permitted to apply a full court zone defense, once the offensive team crosses half court with the ball, the defensive team must return to playing a person-to-person defense unless double-teaming the ball carrier.
- Double-teaming of the ball carrier will be permitted Once the ball has been passed away, the double team must end and defensive player(s) must return to their person-to-person defensive position.
- Triple-teaming the ball carrier in the front court will be deemed to be a zone defense and is not permitted.

Three (3) Point Line:

• The three (3) point line will be used at the 13U, 15U and 18U levels. At the scheduled gym location, 13U divisions will use the closest marked three (3) point line. 15U and 18U divisions will use the 6.75m three (3) pt line if available. At the Saville Centre, this is the black line on the court.

