



Last Updated: June 2020

7.2. U13 Rule Modifications (Boys and Girls)

- 7.2.1.** Ball Size: 6 (28.5) both boys and girls
- 7.2.2.** Games shall consist of four (4) Ten (10) minute quarters.
 - 7.2.2.1.** Eight (8) minutes running time and two (2) minutes stop time at the end of each quarter.
 - 7.2.2.2.** There shall be a three (3) minute half time break.
 - 7.2.2.3.** The clock shall be stopped for time outs and injuries.
- 7.2.3.** Foul Line: 16ft from baseline, or 2ft closer than marked foul line.
- 7.2.4.** Each team shall have two (2) time-outs in the first half and two (2) time-outs in the second half - No Carry Over.
- 7.2.5.** All U-13 divisions must employ person-to-person defense.
- 7.2.6.** Any player without the ball cannot be double teamed.
- 7.2.7.** Triple teaming the ball carrier in the front court is deemed to be a zone defense (illegal defense) and is not allowed in the U-13 Age Group.
- 7.2.8.** Full court press: Person-to-person full court press will be allowed in the following divisions:
 - U-13 Boys Divisions A, B, C
 - U-13 Girls Divisions A, B
 - 7.2.8.1.** U-13 Divisions allowed in rule 7.2.9, may only employ a person-to-person defense, however double teaming the ball carrier will be allowed once in play.
 - 7.2.8.2.** Full court press will no longer be permitted once a team has reached a lead of twenty (20) points or more.
 - 7.2.8.3.** Should teams continue to full court press when ahead twenty (20) points or more, they will be issued a warning. If teams disregard the warning a technical foul will be assessed.