

Technical Bulletin

Entries & Fees

- We have received entries for 249 swimmers.
- A huge thank you to our wonderful, generous, appreciated sponsors.

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DR. FRANK JOHNSON'S
SPORT MEDICINE
ULTRASOUND
CANADA

Officials

- **We still need a few officials:**
 - **Stroke Judge (pm) AND Inspector of Turns (1 for am and 2 for pm)**
 - **A few Timers (1 for am and 4 for pm)**
 - **Head Marshall (1) and Marshall (1) (both pm)**
 - **Chief Timer (pm)**
- Please contact our volunteer coordinator, Lynette, with any additional QUALIFIED volunteers you have via: volunteercoordinatorpiranhas@gmail.com
- Volunteer check in will be in the hospitality room (the Waterfall room). Last minute volunteers can sign up the day of and are much appreciated.
- All officials should plan to attend the 7:30 meeting for the morning officials.
- **We ask that all volunteers bring their own (non-glass) water bottle.**



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- Lunch will be served for all officials and volunteers. Gluten Free and Vegan options are available.

• Important Times

Safety Marshal check-in (at electronics table)	7:00
Coaches' Meeting & Sensory Warm Up	7:15 am
Officials meeting	Morning and Afternoon: 7:30 am
Warm-up time	See table below for assignments at 7:30, 7:50 or 8:10 Possible open lanes (not assigned) for afternoon warm up from 12:30-1:00 – please listen for updates.
Start time	Morning: 8:35 am Afternoon: 1:00 pm* - please listen for updates

Lap Pool Warm Up Schedule

- The leisure pool lanes are available in a shared capacity if you wish to use them for your swimmers during your slot. **Coach supervision of warm up in the leisure pool during morning warm ups is essential.** Please have swimmers access the lanes from the end closest to the change rooms.
- A *Sensory-friendly Warm Up* is available. Swimmers who are unable to participate in regular warm-ups may use the lap pool between 7:15 and 7:30. **Please advise meet management of the number of your swimmers who will be using this option so we can determine if lane allocations are necessary.**
- One way swimming with Dive Starts will take place in the last 5 minutes of your assigned time.

One way Dive Starts for the last 5 minutes of the time below			
Warm Up Block	Time	Team	Lanes
Sensory Warm Up	7:15-7:30	please let meet manager know of swimmers who will use this time	-
1	7:30-7:50	Cochrane Piranhas	1-5
1	7:30-7:50	Okotoks Stingrays	6-8
2	7:50-8:10	Calgary Swordfish	1-8
3	8:10-8:30	Didsbury Aqua Jets	1-2
3	8:10-8:30	High River Otters	2-3
3	8:10-8:30	Calgary Tritons	4-8

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*** Para swimmers. Please let meet management know if your team has para swimmers and their needs so warm-ups can be adjusted.

Facility Notes

- There will be a Farmer's Market on site Saturday morning from 9-2. A portion of the parking lot will be cordoned off before we arrive. Parking on the South side is requested by the facility. Look for the garage door that is open on the south side when you arrive. There are also doors to access the lobby near the garage door. Doors labeled 'curling" will be locked. Please see the attached map for the best routes to access parking.



- Swimmers enter the pool for warm-ups and marshalling via the change rooms. The pool entrance is located adjacent to the front desk. *Parents are gently reminded they are not allowed on the pool deck unless they have an official role.*
- Deck Access for swimmers is via the change rooms.
- Swimmers are requested to use the men's/women's change rooms. The universal change room area is reserved for the public and swimmers that need the change rooms for identity or exceptional circumstances.



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- The therapy pool and hot tub are open to the public but **closed for swim meet participants**.
- The Leisure pool has 2 short (17.5 m) lanes for warm up /cool down during the meet. Please ensure your swimmers know that these lanes are not for playing, and the rest of the leisure pool is closed to our swimmers.
- The Curling Dry Pad is available for the swimmer staging area. Please be sensible when it comes to your play (i.e. no throwing, no scooters/wheelies).
- The Curling Dry Pad is across a large, busy lobby from the change rooms. Getting your swimmer to wear flip-flops/shower shoes is strongly recommended.
- There is a Jugo Juice and concession (Patsy's Place) on site.
- Access to the viewing stands is at the very end of the hall past Jugo Juice and Kumon.

Looking forward to seeing everyone this weekend!

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