

Girls 18+

50m Free

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Warrack, Jessica</a>	28.19	<a href="#">RegionE Regionals</a>	Aug 13, 2016
2	18+	<a href="#">MacLeod, Nicole</a>	28.73	<a href="#">Cochrane Piranhas</a>	May 30, 2015
3	18+	<a href="#">Stonebrideg, Lesley</a>	29.49	<a href="#">Red Deer Marlins</a>	Jul 13, 2012
4	18+	<a href="#">Perry, Audrey</a>	30.16	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
5	18+	<a href="#">Menard, Courtney</a>	30.23	<a href="#">Cochrane Piranhas</a>	Jul 6, 2013
6	18+	<a href="#">Perry, Hilary</a>	30.3	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
7	18+	<a href="#">Yee, Sydney</a>	31.34	<a href="#">Calgary Tritons</a>	Jul 19, 2014
8	18+	<a href="#">Menard, Ashley</a>	31.48	<a href="#">Provincial Championships</a>	Aug 16, 2013
9	18+	<a href="#">Siarkowski, Lauren</a>	31.77	<a href="#">Calgary Tritons</a>	Jul 13, 2013
10	18+	<a href="#">Bidrman, Sofia</a>	32.2	<a href="#">Calgary Tritons</a>	Jul 19, 2014

50m Back

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Stonebrideg, Lesley</a>	34.65	<a href="#">Red Deer Marlins</a>	Jul 13, 2012
2	18+	<a href="#">Menard, Ashley</a>	36.32	<a href="#">Canmore Coho</a>	Jul 25, 2014
3	18+	<a href="#">Taylor, Jen</a>	37.38	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
4	18+	<a href="#">Yee, Sydney</a>	38.67	<a href="#">Calgary Swordfish</a>	Jul 4, 2015
5	18+	<a href="#">Siarkowski, Lauren</a>	39.1	<a href="#">RegionE Regionals</a>	Aug 10, 2013
6	18+	<a href="#">Knudson, Haley</a>	41.32	<a href="#">Okotoks Stingrays</a>	Jun 6, 2014
7	18+	<a href="#">Cole, Kirsten</a>	42.26	<a href="#">Calgary Tritons</a>	Jul 13, 2013
8	18+	<a href="#">MacLeod, Kristi</a>	42.52	<a href="#">Calgary Tritons</a>	Jul 21, 2012
9	18+	<a href="#">Schnell, Jennifer</a>	48.09	<a href="#">Red Deer Marlins</a>	Jul 13, 2012

50m Breast

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Warrack, Jessica</a>	36.84	<a href="#">RegionE Regionals</a>	Aug 12, 2017
2	18+	<a href="#">Stonebrideg, Lesley</a>	37.15	<a href="#">Innisfail Dolphins</a>	Jun 29, 2012
3	18+	<a href="#">Menard, Courtney</a>	37.82	<a href="#">Provincial Championships</a>	Aug 16, 2013
4	18+	<a href="#">Artym, Kara</a>	40.98	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
5	18+	<a href="#">MacLeod, Kari</a>	41.46	<a href="#">Calgary Tritons</a>	Jul 13, 2013
6	18+	<a href="#">MacLeod, Kristi</a>	41.56	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
7	18+	<a href="#">Siarkowski, Lauren</a>	41.69	<a href="#">Calgary Tritons</a>	Jul 19, 2014
8	18+	<a href="#">Siarkowski, Lauren</a>	41.7	<a href="#">RegionE Regionals</a>	Aug 13, 2016
9	18+	<a href="#">Drew, Sabrina</a>	42.6	<a href="#">Okotoks Stingrays</a>	Jun 21, 2019

100m Free

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Drew, Sabrina</a>	1:03.66	<a href="#">RegionE Regionals</a>	Aug 10, 2019
2	18+	<a href="#">Menard, Courtney</a>	1:05.88	<a href="#">Cochrane Piranhas</a>	Jul 6, 2013
3	18+	<a href="#">Menard, Ashley</a>	1:09.91	<a href="#">Provincial Championships</a>	Aug 16, 2013
4	18+	<a href="#">Yee, Sydney</a>	1:10.76	<a href="#">Canmore Coho</a>	Jul 25, 2014
5	18+	<a href="#">Siarkowski, Lauren</a>	1:12.46	<a href="#">RegionE Regionals</a>	Aug 10, 2013
6	18+	<a href="#">Cole, Kirsten</a>	1:15.04	<a href="#">Provincial Championships</a>	Aug 16, 2013
7	18+	<a href="#">Schnell, Jennifer</a>	1:23.70	<a href="#">RegionE Regionals</a>	Aug 11, 2012

100m Back

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">MacLeod, Nicole</a>	1:11.92	<a href="#">RegionE Regionals</a>	Aug 8, 2015
2	18+	<a href="#">Drew, Sabrina</a>	1:16.26	<a href="#">Okotoks Stingrays</a>	Jun 21, 2019
3	18+	<a href="#">Menard, Ashley</a>	1:17.73	<a href="#">RegionE Regionals</a>	Aug 9, 2014
4	18+	<a href="#">Cole, Kirsten</a>	1:34.68	<a href="#">Okotoks Stingrays</a>	Jun 6, 2014
5	18+	<a href="#">Das, Swati</a>	1:36.93	<a href="#">Calgary Swordfish</a>	Jun 11, 2005
6	18+	<a href="#">Schnell, Jennifer</a>	1:43.11	<a href="#">RegionE Regionals</a>	Aug 11, 2012

100m Breast

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Menard, Courtney</a>	1:22.55	<a href="#">RegionE Regionals</a>	Aug 10, 2013
2	18+	<a href="#">Siarkowski, Lauren</a>	1:30.83	<a href="#">RegionE Regionals</a>	Aug 9, 2014
3	18+	<a href="#">Siarkowski, Lauren</a>	1:33.61		Aug 13, 2016
4	18+	<a href="#">Menard, Ashley</a>	1:35.71	<a href="#">Calgary Swordfish</a>	Jul 20, 2013
5	18+	<a href="#">MacLeod, Kristi</a>	1:36.37	<a href="#">Calgary Tritons</a>	Jul 21, 2012
6	18+	<a href="#">Cole, Kirsten</a>	1:40.40	<a href="#">Calgary Swordfish</a>	Jul 20, 2013
7	18+	<a href="#">Yee, Sydney</a>	1:40.64	<a href="#">Canmore Coho</a>	Jul 25, 2014
8	18+	<a href="#">Schnell, Jennifer</a>	01:49:22	<a href="#">RegionE Regionals</a>	Aug 11, 2012

10	18+	<a href="#">Yee, Sydney</a>	43.55	<a href="#">Calgary Tritons</a>	Jul 19, 2014
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### 50m Fly

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Warrack, Jessica</a>	30.46	<a href="#">RegionE Regionals</a>	Aug 12, 2017
2	18+	<a href="#">MacLeod, Nicole</a>	31.2	<a href="#">Canmore Coho</a>	Jul 24, 2015
3	18+	<a href="#">Stonebrideg, Lesley</a>	32.81	<a href="#">Okotoks Stingrays</a>	Jun 1, 2012
4	18+	<a href="#">Perry, Audrey</a>	33.57	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
5	18+	<a href="#">Perry, Hilary</a>	33.66	<a href="#">Calgary Swordfish</a>	Jun 24, 2011
6	18+	<a href="#">Drew, Sabrina</a>	33.95	<a href="#">Calgary Tritons</a>	Jul 13, 2019
7	18+	<a href="#">Siarkowski, Lauren</a>	34.38	<a href="#">Calgary Tritons</a>	Jul 13, 2013
8	18+	<a href="#">Menard, Courtney</a>	34.56	<a href="#">Calgary Swordfish</a>	Jul 20, 2013
9	18+	<a href="#">Taylor, Jen</a>	35.28	<a href="#">Red Deer Marlins</a>	Jul 13, 2012
10	18+	<a href="#">Yee, Sydney</a>	35.59	<a href="#">Canmore Coho</a>	Jul 25, 2014

### 200m Free

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">MacLeod, Nicole</a>	2:17.18	<a href="#">RegionE Regionals</a>	Aug 8, 2015
2	18+	<a href="#">Warrack, Jessica</a>	2:20.57	<a href="#">Calgary Tritons</a>	Jul 22, 2017
3	18+	<a href="#">Menard, Courtney</a>	2:29.00	<a href="#">Canmore Coho</a>	Jul 25, 2014
4	18+	<a href="#">Whitney, Elsie</a>	2:38.45	<a href="#">Calgary Tritons</a>	Jul 8, 2023
5	18+	<a href="#">Menard, Ashley</a>	2:39.10	<a href="#">RegionE Regionals</a>	Aug 9, 2014
6	18+	<a href="#">Cole, Kirsten</a>	2:48.38	<a href="#">Provincial Championships</a>	Aug 16, 2013

### 400m Free

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Menard, Courtney</a>	5:13.74	<a href="#">Cochrane Piranhas</a>	Jul 6, 2013
2	18+	<a href="#">Cole, Kirsten</a>	6:01.85	<a href="#">Provincial Championships</a>	Aug 16, 2013

### 100m Fly

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">MacLeod, Nicole</a>	1:09.91	<a href="#">RegionE Regionals</a>	Aug 13, 2016

### 100m IM

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Berkhold, Emma</a>	1:17.23	<a href="#">Calgary Swordfish</a>	Jul 15, 2017
2	18+	<a href="#">Drew, Sabrina</a>	1:18.83		Aug 10, 2019
3	18+	<a href="#">Siarkowski, Lauren</a>	1:23.22	<a href="#">High River Otters</a>	Jun 20, 2015

### 200m IM

Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Warrack, Jessica</a>	2:29.07	<a href="#">Calgary Tritons</a>	Jul 22, 2017
2	18+	<a href="#">MacLeod, Nicole</a>	2:36.61	<a href="#">Calgary Tritons</a>	Aug 6, 2016
3	18+	<a href="#">Menard, Courtney</a>	2:41.15	<a href="#">Provincial Championships</a>	Aug 16, 2013
4	18+	<a href="#">Taylor, Jen</a>	3:06.41	<a href="#">Red Deer Marlins</a>	Jul 13, 2012
5	18+	<a href="#">Menard, Ashley</a>	3:09.75	<a href="#">Calgary Swordfish</a>	Jun 21, 2014
6	18+	<a href="#">Cole, Kirsten</a>	3:21.22	<a href="#">Calgary Swordfish</a>	Jul 20, 2013

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G18+ 400 Free					
Rank	Age	Name	Time	Host Club	Date
1	18+	<a href="#">Menard, Courtney</a>	5:13.74	<a href="#">Cochrane Provincial</a>	Jul 6, 2013
2	18+	<a href="#">Cole, Kirsten</a>	6:01.85	<a href="#">Cochrane Provincial</a>	Aug 16, 2013