



# Campbell River Minor Hockey Return to Play 2020-2021

## COVID -19 Safety Plan at Strathcona Gardens Campbell River, BC

Note: This is a fluid document and may be updated as changes are announced by governing bodies including Via Sport, Hockey Canada, Hockey BC, Regional District of Strathcona, City of Campbell River and Campbell River Minor Hockey Association

September 2020



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## Communications Officer/Risk Manager

Andrea Schulte has been appointed to serve as the CRMHA Communications Officer/Risk Manager. Andrea is the resource person and point of contact for all questions, concerns and/or updates regarding the CRMHA Return to Play and COVID-19 Safety Plan. Contact Andrea at:

Voice/Text: (250)830-7373

Email: [andrea.schulte@crmha.ca](mailto:andrea.schulte@crmha.ca)

## Facility Access

### Guiding Principles

- Maintain 2 meter (6ft) of physical distance from others.
- Contact a CRMHA Representative for any safety or health issues.
- Ensure your Participant's current registration information has correct/up to date contact info.
- A COVID-19 screener must be completed prior to each session and indicate no affirmative answers in order for a Participant/Spectator to enter the rink and participate in the activity.

### Remember!

Do not enter the facility or participate if you:

- Exhibit any COVID-19 Symptoms (fever, cough, difficulty breathing or any other symptoms identified in the [BC COVID-19 Self-Assessment Tool](#))
- If you or anyone in your household has been in contact with someone with COVID-19 in the last 14 days.
- If you or anyone in your household has travelled outside of Canada in the last 14 days.
- NOTE: If you enter the facility and are requested to leave due to signs or symptoms of illness you will require a note from your Doctor to return.
- Follow all directional arrows and signage.
- Use the washroom before you arrive to the facility, wherever possible.

## Entering/Exiting the Facility

There will be a COVID Ambassador/Safety Person designated for each ice session who will be in charge of attendance and ensuring that the MANDATORY COVID-19 Screener has been completed. COVID Ambassadors will be an integral part of the CRMHA team in ensuring the entry and exit points and off-ice safety of the participants. They will perform/ensure protocols that are put in place by CRMHA, Strathcona Gardens and the BC Health Authority are adhered to. All Parents/Guardians regardless of role listed/or **no role listed** on a Participants Registration will be required to complete the **no cost** Hockey Canada [“Planning a safe Return to Hockey” Course](#).

- Drop off is expected no earlier than 20minutes prior to the start of the Participants scheduled ice session and no later than 15 minutes prior to the start of the session. PARENTS ARE RESPONSIBLE FOR THE SUPERVISION OF ALL MINOR CHILDREN UNTIL THEY ARE RECEIVED BY COACHING STAFF.
- **Drop off will take place in the Rink 1 Parking lot under the tent followed by Attendance Sign in and confirmation of completion of the Daily Screening Checklist. Participants will arrive with as much gear on as possible to safely transport in, including wearing shoes or skates with skate guards if possible.**
- Participants will follow Volunteer Staff instruction to line up maintaining 2 meters (6Ft) between Participants (an adult hockey stick length away).
- Participants will be dressed and have a staging area under a tent at the back doors of Arena 1. They will be led into the facility and sanitize their hands at the sanitization station. Then they will proceed into Rink 1 along the walkway between the glass and stands and will be seated 6 feet apart. This will all be marked by paint or tape with 2m reminders along the way.
- **A designated Dressing Room may be used for Washroom use of on ice Participants only. No showering at this time.** All Participants must store all their belongings inside their hockey bag and place their hockey bag in the designated area.

**Pack it in Pack it Out:** Strathcona Gardens is presently a food free zone. No garbage cans are available during ice times (including in and around the arena). Any/All tape and other rubbish MUST be taken home with each Participant and disposed of at home.

**Beverages/Beverage Containers: No Single Use/disposable cups or bottles permitted.** This includes paper cups from restaurants and drive-thrus. Beverages are only permitted in reusable cups and must go home with Participant/Coach/ Volunteer.

- The On-Ice Coaches/Helpers will invite the Participants onto the ice through the middle gate.

- **WATER BOTTLES:** Participants will place their own water bottle on the top of the player bench clearly labeled with the Participant's full name.
- Following the ice session Participants will exit the ice through the arena doors near the Zamboni entrance and walk back to their designated area and undress from their skates to their footwear.
- Parents/Guardians will be instructed to drop off and pick up their children ***on time***. When a Participant's ice time is completed, all individuals must leave promptly. Parents will be reminded to pick up their children on time - max 15 mins after their session has ended.
- Parents/Guardians will be instructed to tell their Participants to follow the instructions of all CRMHA Team Staff and Arena Staff when entering and exiting the facility.
- Prior to completing registration for the 2020-2021 Minor Hockey season Participants will require a liability and release waiver and a declaration of compliance to COVID-19 Procedures document to be signed and dated.

## Spectators and Parents

Presently Spectators are discouraged. Capacity group sizes may change over the season. The Membership will be updated via email regarding details/rules around Spectator space availability. We can not exceed the designated number during a session or game. Priority must be given to working Facility Staff, Program Participants, Coaching Staff, Officials and Volunteers required for facilitation of the session. Parents of participating young children and supportive persons for people with disabilities will be considered when managing priorities of access. ANY/ALL SPECTATORS WHO ATTEND ICE SESSIONS OR EVENTS MUST COMPLETE THE COVID-19 SCREENER AND PROVIDE CONTACT INFO EACH TIME THEY ATTEND. Please have patience, wait in the area outside and stay appropriately spaced from others until you are directed to enter by the COVID AMBASSADOR. Please have patience as the COVID AMBASSADORS manage spacing and capacity requirements. Please contact Andrea Schulte directly with concerns, requests (250)830-7373.

## Washrooms

- Follow signage guidelines for the number of people that may be in the Washroom at one time.
- Do not loiter, if you are not using a stall or a sink, please vacate the Washroom.

## CRMHA Office

The office is presently closed to drop in traffic. Please direct all questions or needs to [info@crmha.ca](mailto:info@crmha.ca)

Information on Participant grouping (Cohorts) and ice times will be communicated by the email provided during the registration process, please ensure your contact information is up to date. If you need to update your contact information please contact [info@crmha.ca](mailto:info@crmha.ca)

## Lost and Found

We ask all Members and Participants to ensure they take all belonging with them when exiting the building after their ice session. Currently Strathcona Gardens will have no LOST and FOUND Collection area. Parents please ensure all of your Participant's belongings are clearly labelled.

## Capacity Limits

### Rod Brind'Amour Arena (Rink 1)

48 persons from User Group

2 Facility staff

### RINK 2

CURRENTLY CLOSED

## Currently Closed Areas

Participants, Volunteers, Spectators must remain in the Arena Area they are assigned to. Walkabouts, wandering, or moving between designated areas is prohibited and may place CRMHA and the individual who does not adhere to this requirement at risk of breaching the group limit size, as set by the Provincial Health Office. All questions about movement in the building during your session will be directed to the COVID AMBASSADOR assigned to your session.

## Staff Training

- Formal staff training for CRMHA Volunteers will be provided to address the COVID-19 Safety Plan and programming modifications prior to the start of our season and as needed.
- CRMHA will send session information updates via email so Participants and Parents/Guardians know what to expect during their ice time.
- Volunteers will contact Andrea Schulte if they have questions or concerns as they settle into their roles.

## Hygiene and Illness

-Strathcona Gardens will provide hand-washing and/or sanitizing stations; CRMHA will ask each individual upon entry to their ice session to sanitize their hands prior to making contact with any surfaces. Hand-washing or sanitizing will be required at a minimum upon entering the facility, after using the washroom, and between stations.

-Strathcona Gardens will provide Sanitizing/Cleaning implements. CRMHA COVID AMBASSADORS will be responsible for ensuring “high touch” surfaces are cleaned after each cohort. Every effort will be made by all CRMHA members to keep touch points to a minimum.

-All Participants should arrive dressed for their session and only bring what they need in a hockey bag (e.g. full water bottle, hand sanitizer, tape, etc.) clearly marked with their first and last name. We ask all Participants to keep their gloves on once entering the facility.

-Sharing of personal items including beverages (e.g. water bottles) is forbidden.

-All garbage created by a Participant will be taken home by the Participant.

-Use of masks upon entry/exit/washroom in the facility is allowed. Masks will not be worn during activity sessions. Team staff will wear masks when physical distance of 2m cannot be maintained and in situations where a Participant becomes injured.

-Parents/Guardians will keep their Participant’s equipment clean, wash or sanitize undergarments and towels after participation.

-Sanitize helmet, cage and/or visors prior to and after participation.

-Off ice keep 2 meters (6ft) of physical distance with others.

**-ALL SPITTING IS PROHIBITED AND WILL BE CONSIDERED A SERIOUS BREACH OF COVID-19 PROTOCOL. PARENTS ARE REQUESTED TO ENSURE THEIR PARTICIPANT UNDERSTANDS THIS CLEARLY. THIS IS UNSAFE AND UNACCEPTABLE BEHAVIOR DURING THIS COVID-19 PANDEMIC.**



## First Aid

If a Participant becomes ill during a CRMHA activity, the HCSP (Hockey Canada Safety Person) will be responsible for initiating illness protocol. All persons attending the injury/illness will sanitize their hands, put on gloves and mask, if the Participant is able to tolerate a mask, provide one to the Participant, then perform assessment. All incidence of Illness or Injury must be documented on a Hockey Canada Injury/Illness Report. All incidences of Illness or Injury must be reported to Communications Officer/Risk Manager for tracking. Text, call or email Andrea Schulte (250) 830-7373 [schulte@telus.net](mailto:schulte@telus.net) .

## Emergency Action Plan/Outbreak Response

All PARENTS, Coaching Staff, Team Staff, HCSP, and COVID AMBASSADORS will complete Hockey Canada's ["Planning a safe Return to Hockey" Course](#).

### CRMHA is committed to the following process in the event of a COVID-19 Outbreak:

1. If a case (defined as 1 person) or outbreak (defined as two or more cases) is reported, Andrea Schulte will be the main point of contact for all parties. Andrea has the authority to modify, restrict, postpone or cancel any or all Association activities.
2. If a Participant, Team Staff or a Volunteer report they are suspected or confirmed to have COVID-19 and have been at Strathcona Gardens or participating within a CRMHA cohort or group at any other location, CRMHA in will seek the immediate advice and guidance of the Island Health Medical Health Officer/Public Health Team for the most recent protocol, including immediate and enhanced cleaning.
3. CRMHA will advise Participants/Parents/Guardians of Participants of that advice from the Medical Health Officer/Public Health Team and under their direction may also request that Members:
  - a. Self-isolate
  - b. Complete the self-assessment tool at: [BC COVID-19 Self-Assessment Tool](#), dial [811 for Health Link BC](#) or contact their Physician for direction and determine if further assessment or testing is required.
  - c. Monitor their symptoms daily, report respiratory illness (if had not previously experienced those symptoms), report and seek assessment for worsening symptoms and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite. PARTICIPANTS who require self-isolation for symptoms consistent with

COVID-19, confirmed or suspected COVID-19 or ANY OTHER RESPIRATORY ILLNESS  
WILL REQUIRE A PHYSICIANS NOTE TO RETURN TO PARTICIPATION.

***If CRMHA is contacted by a Medical Health Officer and the Public Health Unit of Island Health in the course of contact tracing, all individuals associated with CRMHA must cooperate with local health authority's instruction.***

## ACCESS TO THIS FACILITY - ARENA

Is by way of advanced registration, reservation, or booking online or by phone. No drop-in admission or access available. Our top priority is to health and safety, however by the nature of viruses like COVID-19 participation includes possible exposure to and illness from infectious diseases. While rules and personal discipline may reduce this risk, elimination is not possible.

If patrons do not follow the protocols while on Strathcona Regional District property they will be asked to leave, and their participation privileges will be suspended.

**No person may enter the facility if they have cold or flu symptoms, if they have recently been in contact with anyone suspected to have COVID-19 or similar infectious diseases, or if they have been outside of Canada in the past 14 days.**

**Practice physical distancing**  
(two metres or six feet away)

**Follow patron flow signage**



**Remember:** If you have just returned to Canada, you cannot enter this facility and you must self-isolate for 14 days.

The COVID-19 Ambassador or Communications Officer must be assigned and be a visible presence (e.g. arm band signifier); this volunteer/parent/coach or instructor will oversee adherence to the return to play plan, and ensure COVID-19 protocols are being followed, and will monitor Provincial Sport Organization or League Sport Organization updates.

At all times, facility users are expected to keep 2 metre (6ft) distance between themselves and others outside of their household.

Contact / competitive sports & organized games are not permitted at this time, focus should be on skill development.

The black lobby off Pinecrest Road is not available for public access to the Rod Brind'Amour arena. Important note: accessible service to the elevator/lift is available through this area to spectator seating.

Parking located at Arena #2 southeast area and entrance through the doors of the Rod Brind'Amour.

Check in time will be allowed under outside canopy tent or on the first row of the benches in the arena in designated seating areas - 15 minutes prior to ice time and 15 minutes after.

Licensee is responsible for cleaning and sanitizing their required high touch surfaces during use of the facility.

Avoid touching surfaces unnecessarily.

No water stations will be available. Please bring your own labelled water bottle(s), that have been filled at home.

No congregation in any of the open spaces including clustering outside the facility entrance or in the parking lot spaces.

Face covering are recommended as an additional layer of protection in the 2 metre (6ft) distancing cannot be maintained.

No sharing of personal equipment. Licensee is responsible for sanitizing common equipment (before, during and after use).

Patrons are expected to wash their hands with soap or use sanitizer upon entering the facility and frequently throughout their visit.

Please monitor self-care such as hand washing and personal hygiene.

Each session may have a maximum of 20 participants including coaches, or group representatives on the ice at any time, provided the areas and play are able to facilitate the physical distancing requirements - coaches must be identifiable as a coach, not in full gear, and one must be over the age of 18.

Designated washrooms facilities must be used at all times. Dressing rooms are not available at this time.

Player benches are not to be used.

Showers not available at this time.

1 guardian per skater may attend each session. No minors or pets in spectator area.

Designated spectators' areas will be assigned for each booking. Spectators are to observe from assigned seating area to facilitate sanitization between each use.

No spitting anywhere in the facility or on the ice.

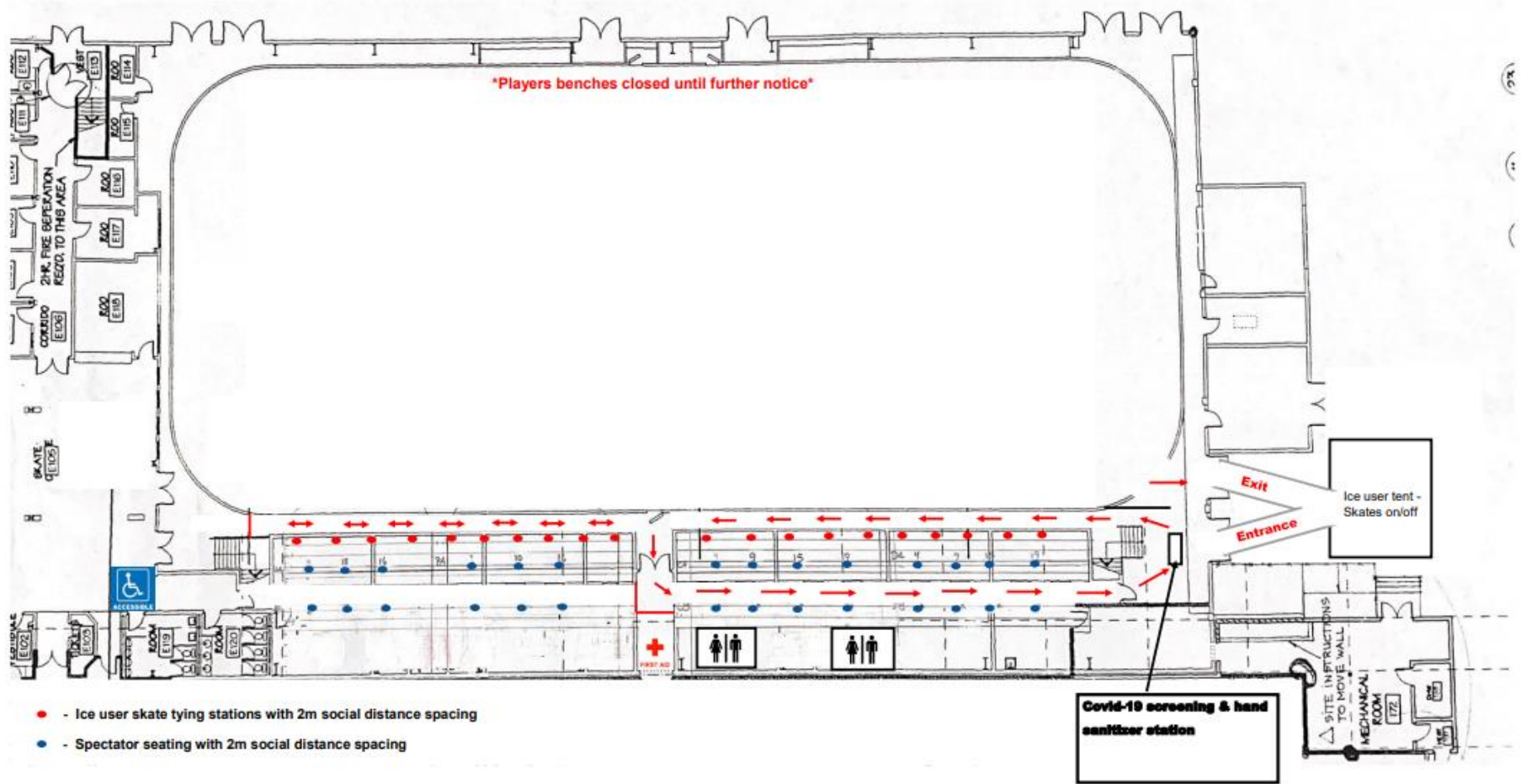
To ensure the facility can remain open and safe, please obey all rules as presented by the Regional District and the Province of BC.

## Questions?

Thank you for your patience as we do our best to operate safely. Please note that this plan will be adapted as the COVID-19 situation progresses. The most current plan can be found at [www.strathconagardens.com/COVID-19](http://www.strathconagardens.com/COVID-19).



# Strathcona Gardens –Rod-Brind'Amour Arena 1 Restart Floor Plan



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# Return to Sport Activity Chart

## Phase 1

## Phase 2

## Phase 3

## Phase 4

	<b>Strictest Controls</b> Prior to May 19, 2020	<b>Transition Measures</b> Approx. May 19th to Sept	<b>Progressively Loosen</b> Future date TBC	<b>New Normal</b> Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom Screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (biking, running, etc).</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>Contact sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>Some shared equipment</li> <li>Enhanced cleaning protocols in place</li> </ul>	Shared equipment



### BC HOCKEY RETURN TO HOCKEY FREQUENTLY ASKED QUESTIONS

Updated September 3, 2020

**1. What is a cohort?**

*Answer:* In accordance with viaSport's Return to Sport guidelines each Provincial Sport Organization (PSO) may implement cohorts during Phase 3 that will allow for participants to be involved in contact activity and breach the 2-metre physical distance guidelines. A cohort can consist of either fifty (50) people or four (4) teams, whichever is deemed most appropriate by the PSO. BC Hockey's Board of Directors has endorsed the four (4) team cohort model, which allows for up to four (4) teams to participate in Phase 3 activity as a group, which in the case of hockey allows for more than 50 participants, based upon active roster sizes.

**2. What are the parameters regarding transitioning cohorts?**

*Answer:* A participant may be part of only one (1) sport specific (hockey) cohort at any single time. A participant may transition to a new / different cohort as an individual participant or as a member of a team, granted that a 14-day wait period has occurred prior to participating in Phase 3 activity within the new cohort.

**3. How do cohorts operate regarding tryouts and evaluations?**

*Answer:* If a tryout/evaluation consists of Phase 2 based activity only (observance of physical distance / 2-metres & non-contact) this will not be considered a cohort environment. Therefore, a 14-day wait period prior to beginning Phase 3 activity within any cohort would not be required following the completion of the try-out / evaluation stage.

If a tryout/evaluation includes Phase 3 based activity of any kind, all players will automatically be determined a member of that tryout cohort. Therefore, upon the conclusion of the tryout/evaluation all participants will be required to complete a 14-day wait period prior transitioning to a different cohort with that team or any other team (in the event that the player is not selected for the team they are trying out for).

Please note, during any 14-day wait period, a participant is permitted to participate in any Phase 2 based activity, regardless of their previous or active participation in a cohort.

**4. What are the maximum numbers of players on a team?**

*Answer:* Junior, Senior and U18AAA teams' active roster limit is 25 players, of which a maximum of 18 skaters and 2 goaltenders are eligible to play in any scheduled game.

The minor hockey active roster limit is 19 players with a maximum of 17 skaters and 2 goaltenders eligible to play in any scheduled game.

These parameters align with Hockey Canada regulation E 2 and Hockey Canada playing rule 2.2.

**5. What is the maximum number of players that can be on the ice?**

*Answer:* Patron capacities are at the discretion of each individual facility, in accordance with the Provincial Health Authority. Capacity for building occupancy may vary from facility to facility. Other than the roster limits outlined in question #4, there is no hockey specific maximum number of participants allowed on the ice, granted that all participants can adhere to either Phase 2 or Phase 3 guidelines and





the facility capacity parameters. The Hockey Canada [Seasonal Structure](#) document 'Appendix A' provides guidelines regarding number of participants on the ice that can safely participate in physically distanced activities.

**6. Defining cohort / participant interaction**

*Answer:* Any participants within a single cohort, can participate in full Phase 3 activity with any other participants within the same cohort (e.g. games, training, activities and contact skills). If a participant is part of a cohort, they are still permitted to participate in any programming that meets Phase 2 guidelines with any other participants regardless of cohorts because physical distance is maintained during Phase 2 activities.

**7. What are the definitions of 'Region' and 'Community' regarding Return to Sport?**

*Answer:* The definition of '**Community**' for the purpose of Phase 3 activity is the individual cohort a participant or team is part of. A cohort essentially becomes the community based programming and may be made up of teams from the same member association or in some cases participants from surrounding or neighboring associations, based upon the particular program structure or ability to provide reasonable competition.

**'Region':** For the purpose of forming cohorts, participants within the Province of BC are restricted to participating in cohorts with other members of the BC Hockey membership within the geographical Province. Similarly, BC Hockey participants in Yukon Territory are restricted to participating within the BC Hockey Membership within that Territory. However, it is highly recommended that cohorts be formed as locally as possible; within an MHA first, then within a District MHA / League (inter-Association) or potentially within the Province or Territory if it is the only means of coordinating reasonable competition.

**8. Will there be rule adjustments?**

*Answer:* BC Hockey is reviewing enhancements to existing procedures, rules and protocols to assist in delivering Phase 3 activity. Any adjustments will be curated and communicated to the membership for implement during Phase 3. This process will include an education period for all participants, including officials. BC Hockey requests that officials not be integrated into Phase 3 activity until these measures have been confirmed and delivered. Please, note officials are not part of a cohort and therefore must maintain 2-metre physical distance during activity.

**9. Can coaches participate in more than one (1) cohort?**

*Answer:* Coaches are not considered part of the cohort model, as long as they can keep physical distance (2- metres) and wear a mask during Phase 3 activities. Therefore, a coach can serve as a team official with teams in multiple cohorts if required.

**10. Are clinics being delivered online only?**

*Answer:* Coaching and officiating clinics are being reviewed in accordance with Hockey Canada's 2020-2021 minimum requirements. BC Hockey is seeking to make clinic curriculums deliverable online, if necessary. The BC Hockey clinic host request [webpage](#) is currently closed and projected to re-open in mid-September in order to begin processing requests. Unfortunately we are unable to process any requests submitted prior to the release of Phase 3 (August 24, 2020). Therefore, all members wishing to host a clinic should wait until the new clinic guidelines are released and submit at that time. It is projected that clinics may become available for participant registration in late September to early October.





**11. What are the restrictions regarding player benches?**

*Answer:* Currently any participant in Phase 3 activity must either maintain social distance (2 metres from any other participant), wear a mask or be separated by a barrier from other participants while on the players' or penalty bench. BC Hockey is working on this item with viaSport. We recognize the urgency of the issue and can confirm it will advance to the Ministry and related health officials ASAP. Updates will be provided once clarifications have been obtained.

**12. What is the protocol regarding contact tracing information being provided to facilities?**

*Answer:* Any pre-screening (registration/forms etc.) can be set forth by the association / member in accordance with a facility's request. This may vary from facility to facility. However, members should be prepared with contact tracing and pre-screening measures that can be easily shared with facilities either electronically or on site. [CLICK HERE](#) for example.

**13. Question: How do we deal with team officials and the inability in some facilities to be on the bench, while keeping physical distance?**

*Answer:* Every facility may vary slightly on how this is handled. Limits to the number of people allowed in an arena and how many people there is space for on a bench will dictate how a team will proceed. A team may have as many team officials (to a maximum of 5) on the bench during a game, as long as they can maintain a minimum 2 metres physical distance from each other and the players or there is a barrier (e.g. plexiglass) between them and the players. Should the number of team officials on the bench be limited by space, some coaches or the HCSP person may be required to stand somewhere other than the bench. In the case of the HCSP, it is important that if they are not on the bench (in order to adhere to physical distancing parameters) that they are able to easily access the ice in the case of an injury or health emergency. The HCSP will still maintain all their responsibilities, regardless of whether or not they are physically on the bench. When necessary, the HCSP you be prepared to escort an ill player to the facilities designated isolation area for assessment.





