



# CRMHA Dressing Room Policy

## COACHING PRESENCE IN THE DRESSING ROOM

All coaching staff that will be in the presence of children in the dressing room shall have the following minimum certifications:

- Respect in Sport
- Volunteer Criminal Record Check (approved)

The following criteria must be followed based on the team rules that state expected show up times for games and practices. For example, if the team rule is that all players are expected to be in the dressing room 45 minutes prior to the start of the game or practice, then two (2) authorized coaching staff/team representative(s) are expected to be there at that time also.

This same rule applies after the game or practice; the players should not be left alone.

Two (2) coaches or two (2) team representatives with the afore-mentioned qualifications (see bullets, above) are to be in the dressing room with players at all times.

## PARENTS IN THE DRESSING ROOM

### Under-7 (U7), Under-9 (U9), and Under-11 (U11) Divisions

Parents are permitted in the dressing room to assist their child in getting their hockey gear on and off. Once the child is dressed in their hockey gear, the parents are required to leave the dressing room. After the game or practice, parents will be permitted back in the dressing room to assist their child in removing their hockey gear, only after the coaching staff has had the opportunity to address any issues from the game or practice.

U11 aged players should be encouraged to start tightening their own skates and dressing themselves. Coaches may assist if need be.

### Under-13 (U13), Under-15 (U15), and Under-18 (U18) Divisions

Parents are not permitted in the dressing rooms. The following instances are exceptions:

- A medical emergency where the parents' presence may be essential to the wellbeing of their child; and,
- An invitation is extended by the coaching staff.

## **Female Players Requiring a Separate Dressing Room**

Hockey Canada allows co-ed dressing room situations to exist at the Initiation Program (U7), U9, and U11 levels; five to ten years of age, provided participants in a co-ed situation either arrive in full equipment or wear, at a minimum, gym shorts or long underwear as well as a full t-shirt (no tank tops); all of which must be in good condition and without holes or tears.

At the U13 (11 years of age) level, and above, the following condition will apply in all co-ed team environments: **Females and males will change in separate dressing rooms.**

Both genders shall congregate in one dressing room, fully prepared to participate in the game/practice not more than 15 minutes prior to the scheduled ice time, unless otherwise indicated (to be there earlier) by the coaching staff.

The lesser represented gender shall depart the dressing room not more than 15 minutes after the game/practice unless otherwise indicated (to stay longer) by the coaching staff. The gender in the majority shall not begin changing with the exception of helmets, gloves, and skates, prior to the departure of the lesser-represented gender.

## **ZERO TOLERANCE**

*“There is a zero tolerance for the use of alcohol, drugs and tobacco during activities within BC Hockey and CRMHA. All incidents will be investigated and dealt with on an individual basis. The recommended minimum suspension for violation of this policy is 30 days from all participation within the league”.*

## **Drugs and Alcohol is prohibited**

- In dressing rooms or in public, non-licensed areas.
- In team settings with minors in attendance.
- In situations where minors are left unsupervised while adults attend “hospitality” type settings or where alcohol is not controlled by a server.
- Consumption in buses or cars when traveling to and from an event.
- Consumed by anyone at minor team parties hosted by other players, parents or team officials.
- If forced on another person.

## **TOBACCO AND VAPE USE**

Tobacco and Vape use are strictly prohibited by players/participants, coaches/leaders, parents, spectators and officials within 7.5 meters (24 ft.) of any BC Hockey facility at doorways, entryways, openable windows and air intakes. Tobacco and Vape use are strictly prohibited at the player’s bench and inside dressing rooms.

## **CELL PHONE & PERSONAL DIGITAL DEVICES IN DRESSING ROOMS**

Electronic Devices include but not limited to Cameras, Camera Phones and Personal Digital Assistants, PDA'S (iPods©, Blackberry's©, etc)

Technology advancements have allowed cell phones, PDA'S, etc to carry new functions – such as cameras that allow users to secretly photograph objects in front of them while appearing to dial a number. These phones are very popular and widespread.

If someone uses a device in this way and takes a photo and puts it on the Internet, it's a violation of personal privacy and will not be tolerated by the CRMHA.

Therefore, the use of any form of Camera, Video Camera, Camera Cell Phone or Personal Digital Assistant (PDA) is prohibited in or around any recreational facility dressing room, during any CRMHA sanctioned event.

## **DRESSING ROOM CLEANLINESS**

Each team is expected to clean up after themselves.