

# LC Operations Manual

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## 10 SECTION 10: SUBSTANCE ABUSE

### 10.1 ANTI-DOPING

#### 10.1.1 *Position Statement*

- 10.1.1.1 The Lacrosse Canada (LC) and all Member Associations (MAs) are committed to building drug-free sport and are unequivocally opposed, on ethical, medical, and legal grounds, to the practice of doping in sport.
- 10.1.1.2 LC and MAs fully support the position of Sport Canada and the Canadian Centre for Ethics in Sport (CCES) against the use of banned substances and methods.
- 10.1.1.3 The CCES is the custodian of the Canadian Anti-Doping Program (CADP); the set of rules that govern anti-doping in Canada. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations. The CADP is compliant with the World Anti-Doping Code and all international standards.
- 10.1.1.4 The Lacrosse Canada endorses and has adopted the CADP and the WL Anti-Doping Policy which means lacrosse is part of a world-LCs anti-doping program that is designed to protect athletes' rights and ensure a level playing field.
- 10.1.1.5 LC's anti-doping policy reflects and supports the CADP in that no athlete, official, coach or volunteer shall take prohibited substances, nor may any team official or parent recommend or condone the use of prohibited substances. LC expects all members of the lacrosse community to abide by CADP to preserve the integrity of sport.
- 10.1.1.6 Any sanction by the Canadian Centre for Ethics in Sport (CCES) shall be enforced by LC.
- 10.1.1.7 In the event of an anti-doping assertion and sanction by the CCES and a final outcome as a result of the anti-doping violation, LC shall disclose the outcome to the athlete's or team official's Member Association.
- 10.1.1.8 LC reserves to right to impose additional discipline as a result of a Code of Conduct violation.
- 10.1.1.9 In the event of a confirmed anti-doping violation and sanction issued to an athlete or team official as a result of a violation at a national championship and the violation and the identity of the individual is disclosed publicly by the CCES, the athlete or team official will have his or her name removed from any records or results of the national championship.
- 10.1.1.10 In the event of more than two anti-doping violations by athletes or team officials on one team, the team shall be subject to the sanctions as described in the Canadian Anti-Doping Code and enforced by LC.

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## 10.1.2 Education Program

10.1.2.1 To ensure Canadian lacrosse athletes receive proper education on anti-doping and are equipped with knowledge about the CCES regulations and testing procedures, LC requires that all athletes and team personnel members (e.g. coaches, trainers, managers, etc.) on the roster for a LC National Championship at the following levels completes the CCES True Sport Clean 101 (Untracked) online education course and submit the electronic declaration form. The course need only be done once. Those who previously completed a CCES or LC online education course and who appear on LC's confirmation list have complied with this policy.

- BOX - Senior A, Senior B, Junior A, Junior B, Junior Women
- FIELD - Senior Men, Junior Men (U17/U19), Senior Women, Junior Women (U17/U19)
- SIXES – Senior Men, Junior Men (U17/U19), Senior Women, Junior Women (U17/U19)

10.1.2.1.1 All athletes and team personnel members must complete the online course no later than 14 calendar days prior to the start of their respective LC National Championship. Those who do not complete the course are not eligible to compete at a LC National Championship.

10.1.2.1.2 The course is available free of charge, however any athlete or team personnel that does not complete the course prior to the National Championship will be charged a \$50 administration fee. The administration fee will be charged to the MA that the athlete or team personnel member is representing.

10.1.2.1.3 Upon completion of the course, all athletes and team personnel members must fill out and submit the electronic declaration form through LC website for record keeping. This will be used as proof of completion in order to determine eligibility.

10.1.2.2 As per the Canadian Anti-Doping Program, which has been adopted by LC and its Member Associations, all athletes competing at a LC National Championship, regardless of their age, are subject to in-competition testing from the CCES.

10.1.2.3 All athletes that have participated in Canadian national team tryouts, training camps, or competitions are added to the CCES National Athlete Pool (NAP), which makes them subject to both in-competition and out-of-competition testing from the CCES.

10.1.2.3.1 An athlete can remain in the NAP for over one calendar year after the international competition that they tried out for or participated in. It is the responsibility of that athlete to continue

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following the CADP rules and regulations for as long as they remain in the NAP.