

LC Operations Manual

12.10 EQUIPMENT CHART

LC GOALTENDER EQUIPMENT SPECIFICATIONS

LC GOALTENDER EQUIPMENT STANDARD	HEIGHT	CHEST AND ARM PROTECTORS		
		MAX. WIDTH OF PADDING OUTSIDE OF ARM ON EACH SIDE	MAX. WIDTH OF ARM PADDING	MAX. THICKNESS ABOVE SHOULDER PLANE
3	Over 5'4"	4"	8"	3"

LC GOALTENDER EQUIPMENT STANDARD	HEIGHT	CHEST AND ARM PROTECTORS		
		MAX. WIDTH ACROSS SHOULDERS	MAX. WIDTH OF ARM	MAX. THICKNESS ABOVE SHOULDER PLANE
2	4'6" – 5'4"	25"	7"	1.5"
1	Up to 4'6"	20"	6"	1"

**** Note: Shoulder caps must be anchored**

LC GOALTENDER EQUIPMENT STANDARD	HEIGHT	SHIN GUARDS AND PANTS		
		SHIN GUARD MAX. WIDTH BELOW KNEE	SHIN GUARD MAX. OF KNEE CAP	PANTS MAX. THIGH WIDTH
3	Over 5'4"	Tapered from 9" to 7"	11"	11"
2	4'6" – 5'4"	Tapered from 8" to 5"	9"	9"
1	Up to 4'6"	Tapered from 7" to 4"	7"	7"

Junior to Major effective April 1st 2010
 Minor Lacrosse grand fathered until 2012

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An MA may apply for an exception to this Rule by submitting a Request for Goalkeeper Equipment Exemption Form, including a photo of the goalie wearing the regulation equipment, so that it illustrates the problem, to the Safety and Equipment Committee Chair who will make a decision on the request. An exception may only be granted on the basis that it is necessary for player safety. There is no appeal from that decision. Forms will be received by LC by May 31 of each year.