

# LC Operations Manual

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## 12.4 HELMETS & FACEMASKS

12.4.1 Lacrosse is a sport with intrinsic hazards and participation in the sport implies the acceptance of some risk of injury. When used as intended for lacrosse and in accordance with the manufacturer's fitting instructions, the use of the helmet certified under these standards is intended to reduce the frequency and severity of head injuries.

12.4.2 For Box and Men's Field Lacrosse, all players, and in Women's Field Lacrosse, all goalies, are required to wear a helmet which must meet either of the following standards:

12.4.2.1 A National Organizing Committee for Safety in Athletic Equipment (NOCSAE) approved helmet and facial protector, approved as a complete unit, for lacrosse.

12.4.2.2 A Canadian Standards Association (CSA) approved for Ice Hockey helmet with the appropriate CSA approved facemask for lacrosse provided that:

12.4.2.2.1 Type B1 – a full-face protector intended for use by a person of any age who is not a goalkeeper.

Type B2 – a full-face protector intended for use by a person who is not a goalkeeper and is 10 years old or younger.

Note: in Type B protectors, the chin cup is attached to the protector.

12.4.2.2.2 Type C – A face protector intended for use by a person 18 years old or older, other than goalkeepers, that can be removed from a helmet only with the use of tools. In the type C protector, the chin cup is separate from the protector.

12.4.2.2.3 Type D1 – a head and face protector intended for use by a goalkeeper who is 11 years old or older.

Type D2 – a head and face protector intended for use by a goalkeeper who is 10 years old or younger.

12.4.2.3 A Canadian Standards Association (CSA) approved for Ice Hockey helmet with the appropriate CSA approved facemask for hockey with the following exceptions:

12.4.2.3.1 The facemask shall be designed to cover the wearer's entire face to the lower line of the jaw, and prevent the ball or the head of the stick from touching the face of the wearer.

12.4.2.3.2 The facemask must be fastened so that it does not create a risk of injury to the wearer or another person when it is used as it is intended.

12.4.2.3.3 For Box lacrosse all officials have to wear a black CSA approved for ice hockey helmet.

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- 12.4.2.3.4 Officials may wear a half visor that is CSA approved for ice hockey or lacrosse.