

## Canmore Minor Hockey Association

### 2024-2025 Season

#### **Female Hockey Programs**

RMFHL (Rocky Mountain Female Hockey League) is a tiered competitive hockey league for female U11-U18 aged players. CMHA will run evaluations in September to ensure that players have a reasonable opportunity of being selected to a team appropriate to their skill level as determined during the evaluation process. Depending on registration numbers, divisions may be combined, or players may be redistributed to other co-ed leagues.

**Full Attendance is expected on all RMFHL teams.** Attendance will be documented, and at the coach's discretion, players with poor attendance may be subject to team leadership-based discipline for portions of games or full games. CMHA has the right to remove any player from the roster or redistribute the player to another league for attendance and/or other disciplinary issues.

There will be two practices a week in Canmore, Banff or both. Games are played once or twice a weekend for up to twenty-four league games. Players will be traveling to towns within central and southern Alberta.

RMFHL programs include a power skating session each week (younger age divisions are scheduled in the morning before school). Additional value-added skills sessions will be scheduled throughout the season. These additional sessions are co-ed.

U11 players will have 4 prep skates prior to evaluations as per Hockey Alberta's U11 Pathway, that are included with registration. Please see our [Camps/Clinics](#) page for more information. Players may be placed either in an age group older or younger based on skill level and/or registration numbers.

Visit the [Program Information](#) page on our website for a breakdown of fees.

#### **CMHA Season Schedule Information**

The season for U9-U18 teams runs from September 2024-March 2025. **The season schedule cannot be released until teams are determined** and the annual allocation process is complete.

No team shall receive ice time for exhibition games or practices after March 1, 2025, except for in the following circumstances:

- RMFHL teams that are still engaged in their regular season or playoff games after March 1, 2025, will receive their regular allotment of practices until their regular season/playoff season ends. All league games and practices will be paid for by the Association.

- Depending on ice availability, teams wishing to have more practice times than those allocated above or teams wishing to host an exhibition game, may purchase ice time for games or practices through the ice coordinator.
- **The practice and game amounts listed above are approximate and are subject to change at the discretion of the CMHA Board. Practices may be cancelled/rescheduled due to holidays, facility closures, and Eagles Junior A home games. Some practices may take place in the mornings, in the evening and in Canmore and/or Banff.**