



CANMORE MINOR HOCKEY ASSOCIATION

FAQs

REGISTRATION

When and how can I register?

Registration for the 2025–2026 season runs from **June 1st to June 30th, 2025**. After June 30th, players can only register to a waitlist. Depending on program numbers, we may invite waitlisted players to register, although an answer may not be available until mid-to late-September. A \$100 late fee may apply. For full details, please visit the [Registration page](#) on our website.

What do I need to register?

You will need to provide your player's birth certificate and proof of residency.

What registering options are available?

Registration is based on a player's **birth year**. Visit our [Program Information page](#) for details on each division. Our teams participate in the **Rockies Hockey League (RHL)**, **Central Alberta Hockey League (CAHL)**, and the **Rocky Mountain Female Hockey League (RMFHL)**.

Do you offer a payment plan?

Yes! Fees can be paid in four installments:

- 1st Payment: Due at time of registration (June 1–30)
- 2nd Payment: Due July 1
- 3rd Payment: Due August 1
- 4th Payment: Due September 1

If the first payment is not made during registration, it is not considered complete. All fees must be paid by September 1, or the registration will be cancelled and refunded (**less a \$50 admin fee**).

What payment methods are accepted?

We accept **Credit Card** and **E-Transfer**.

If paying by e-transfer, please complete [this form](#) and proceed with registration once the e-transfer has been sent and confirmed.

Where can I get a receipt?

Login to your [RAMP account](#). Under the menu section, go to Registrations to view, download, or print receipts.

What is the CMHA refund policy?

Please see [CMHA's Refund Policy](#) under the **Parents** tab on our website.

What is my legal land address?

Your legal land address is a coordinate address for **rural property owners (not Canmore residents)**. For example, SW-21-24-29 W4. Your legal land address is NOT your 911 address or your physical address.

I'm moving to Canmore soon—can I register my player?

You can register once you **physically reside** within the Canmore Minor Hockey Association (CMHA) boundaries.

What's the process to transfer from another association or province?

If you reside within Alberta (no move):

Use the [Player Movement Form](#). Must be submitted **by August 15th**.

Relocating to Alberta or first-time registrant living outside of Canmore's boundaries:

Use the [Parent Declaration Form](#).

What if my player is trying out for a AA or AAA team?

Visit [this page](#) on our website for more information. If you have further questions, please contact the host association (Airdrie/Cochrane).

Do I still need to register with Canmore Minor Hockey if trying out for AA and AAA?

Yes, players trying out for AA or AAA must register with CMHA to guarantee a spot should they return. If your player is signed elsewhere, they do not need to register with us.

Do you offer conditioning camps or pre-evaluation skates?

Yes! Our conditioning camps run in late August and early September. Details and registration will be announced in summer. Please note that refunds will only be issued in cases of injury or if a replacement player can be found.

Can my child be on the same team as his friends?

We try to accommodate friend requests but cannot guarantee placement. Our priority is skill-based team creation.

When does contact hockey begin?

According to Hockey Alberta, **body contact** begins at the **U15 level**.

- Tiers 1–3 (REP/CAHL U15–U18) will play contact hockey.
- Non-body contact teams (Tiers 4–6) may be formed in CAHL, though this is not guaranteed.

COMMUNICATION

How will I receive updates and information throughout the season? Once the season is underway, your team's primary method of communication will be through the TeamSnap App. Please ensure that at least one parent or guardian has access to the app.

Canmore Minor Hockey will also send periodic emails with season updates, volunteer opportunities, hockey news, and other important information. Please ensure your email address is correctly entered during registration, so you don't miss any updates.

Who should I contact for specific inquiries? If you have **team-specific questions** (e.g., schedule changes, volunteering, game-day logistics), please contact your **team manager** once the season is underway.

For **program-related or association-level questions** (e.g., registration, policies, development programs), please reach out to the appropriate **CMHA Executive**. You can find a full list of our Board Members and their roles on [this page](#) of our website.

If you're unsure who to contact, feel free to reach out to our **Operations Manager**, who can direct your inquiry to the right person.

EQUIPMENT

What equipment does my player need?

Visit our [Equipment page](#) for a complete list.

Does the association supply goalie equipment?

Yes, the association has some goalie equipment to lend to teams for the season, primarily for the U9-U13 age.

Does every player get a jersey?

Yes. Jerseys are **provided**, managed by a **jersey manager**, and returned at season's end.

RESPECT IN SPORT (RIS) & CERTIFICATIONS

What is the Respect in Sport-Parent Program?

An online course required every **four years** for a child to participate in hockey. For more information, please visit [this page](#) on our website.

Do I need to retake RIS-Parent for each player or sport? No. If your certification is still valid (within the last four years), you can simply add new players to your existing account [here](#), or contact the RIS Help Desk at 1-866-956-9791 for assistance.

How do I know if my RIS-Parent is still valid?

Check your certification status by heading to [this page](#).

COACHING

I would like to coach this season. What do I do?

Visit the [Coach page](#) on our website. Requirements differ depending on which position you will volunteer for as well as the credentials of the other team staff.

What is the Respect in Sport (RIS)-Activity Leader Program?

A required online course for all team staff that are rostered to a team in the Hockey Canada Registry. This course must be completed before the team's first practice. This course is not the same as the RIS-Parent course.

EVALUATIONS

When do evaluations start?

Evaluations start in early-to mid-September and run for approximately three weeks. Team rosters are finalized by late September or early October). More information can be found on the "Evaluations" tab on our [website](#).

Do players get evaluated based on position?

If your player is trying out for U13-U18 REP/CAHL, they need to select a position for evaluations. Once evaluations begin, players can't change their position during evaluations.

VOLUNTEERING

Do parents have to volunteer for hockey?

Yes, Canmore Minor Hockey has a Volunteer Bond Program in place. We are a volunteer-run organization, and without the amazing efforts of our membership, we could not exist. For further details about the program, please visit the [webpage](#). We truly appreciate your commitment to ensuring that our hockey family remains healthy and connected.

INJURY

What happens if my player gets injured?

Refer to the information found at [this link](#). Parents will need to keep the Team Manager and Head Coach updated regarding the status/prognosis of the injury. If the injury is season-ending, please review [CMHA's Refund Policy](#). Each team must have at least one team staff member certified in the online Safety Program (valid for three years) as the go-to person for health, wellness, injury recognition, safe and proper recovery, and Return to Play procedures.

OFFICIATING

How can I or my child become an official?

Each year CMHA hosts at least one Officials Clinic locally. Review the information on the Officials tab on our [website](#) to learn more. The information will be refreshed every August as clinics are confirmed, and registration becomes available.

SEASON OVERVIEW, PRACTICES AND GAMES

What does a hockey season look like?

All U9 to U18 players will undergo evaluations in September. League play begins in October with the Tiering Round—an important part of the season that helps ensure teams are placed in groups that reflect their overall skill level and create balanced, competitive matchups.

After the tiering round wraps up, teams move into the regular season. The length of the regular season depends on the division:

- **U11 to U18** teams typically play until mid-February, followed by playoffs that can run into March. While every effort is made to include all teams in the playoffs, it's important to note that elimination can result in a team's season ending earlier than others. This is a normal part of post-season play.
- **U9** teams do **not** participate in playoffs. Their regular season continues through to mid-March.
- **U7** players begin their season a little later—usually in early-to mid-October—and follow a development-focused schedule with no formal league play, only exhibition-style games.

How many practices and games will my player participate in?

The number of practices and games your child will have depends on their division and league.

- **REP/CAHL and RMFHL** teams typically engage in:
 - Two practices per week, which potentially includes one in Banff
 - Two games every weekend
- **RHL** teams usually have:
 - One practice per week
 - One game each weekend
- **U9** teams practice:
 - Twice a week
 - Play one game each weekend, generally on Saturday
- **U7** teams practice:

- Twice a week
- Can participate in several exhibition games throughout the season

****Please note that teams may need to share practice time due to limited ice availability.***

What days will my player have practice?

Schedules are set after teams are formed. Typically, U9 teams practice right after school, with each age division following.

How much travel is involved?

RHL teams primarily compete in Cochrane, Airdrie, Okotoks, and Chestermere, with travel to Red Deer for the U18 age group. Higher-tiered REP/CAHL teams tend to travel more, as the number of teams at Tier 1 or Tier 2 levels decreases. The CAHL strives to group teams based on their tier and geographic location. Additionally, all-female teams competing in the RMFHL will travel to various towns throughout central and southern Alberta.

Are there extra costs during the season?

Possibly. If your child's team chooses to participate in an out-of-town tournament, the team will decide how to cover those costs—typically through a **cash call** and/or **fundraising**. Participation in these tournaments is optional.

Some families may also choose to purchase **Canmore Eagles gear** (e.g., hoodies, tracksuits) at the start of the season. Apparel days and order details will be communicated via email.

Other potential team expenses should be discussed collectively—either at the parent meeting or throughout the season via team communication.

Are there extra skates or goalie skates?

Yes, CMHA provides additional skating sessions, when possible, including sessions specifically for goalies throughout the season. These sessions will begin in mid-October and continue until February/March 2026. More information will be shared at the start of the season.