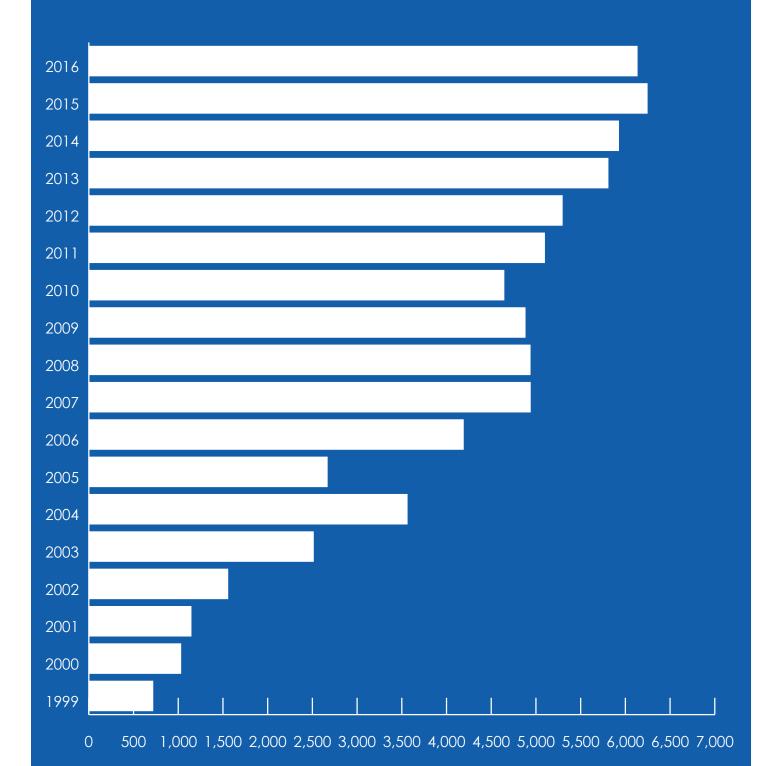


**2016-17 ANNUAL REPORT** 

# OUR CLUBS OUR TEAM

# **CKBC MEMBERSHIP**



# PRESIDENT'S MESSAGE

As have BC paddling clubs, so has CKBC been aligning ourselves with the new Societies Act; examining all aspects of our governance, constitution, bylaws and policies, our stability, inclusion and transparency, and redrawing roles and responsibilities in preparation for timely transition under the Act.

That said, this President's report is brief and it is about you.

The Board of Directors at CKBC are volunteers from our community – paddlers, athletes, coaches, instructors, officials, commodores and interested parties – many also volunteer at their own club. Board volunteers bring their individual skills, perspectives and professional expertise, invaluable to the health of our organization.

Canoe Kayak BC could not exist without volunteers and, given parameters of sport funding, our clubs cannot exist without Canoe Kayak BC. We, each of you and each of your clubs, are Canoe Kayak BC.

We have new board and committee roles and are looking for your skills, talents and energy to fill them. I am calling on volunteers to step forward for a position with this organization. We welcome your help representing and promoting the interests, goals and profile of BC clubs and paddling, moving forward.

Rhys del Valle President, Canoe Kayak BC

# ATHLETE REP REPORT

In the past year, I have continued to be an engaged presence at the Canoe Kayak BC Board table, attending and contributing to monthly meetings and special projects regularly, on behalf of the athletes in B.C.

I'm happy to report to the membership this is very much a 'working board' in all respects. The CKBC board is working hard to shape a positive future for recreational and competitive members, across disciplines. This is a board that truly does "work". We are a cohesive bunch, with a level of respect and cooperation among the board members that instills in me a confidence that CKBC can manage even the most difficult tasks.

I was pleased to continue to be part of the ongoing strategic planning process throughout 2016 on behalf of the athletes, where the long-term plan and vision for CKBC is being established. I've been an active participant in this process, making sure the athlete perspective was well-represented.

This position of Athlete Representative works to its full potential when there are athletes bringing their concerns and questions forward to be heard at the board level. That happened in 2016, and I'd like to thank those clubs and paddlers that took the time out to share their perspectives.

There are several clubs going through periods of transition and change as we move into 2017, and I look forward to the Athlete Rep role being able to support the conversations already in motion with members of those clubs. I encourage all athlete members of CKBC to use this channel to their benefit in future. This role is an athlete's direct line to the board table, and I think the awareness of this fact is on the increase. Let's keep the conversation going!

Stuart Chase Athlete Representative, Canoe Kayak BC

# **OUR STAFF**

## **EXECUTIVE DIRECTOR**

#### **MARY-JANE ABBOTT**

#### **PERFORMANCE**

#### **COMPETITIONS**

WW NTT were hosted at the Rutherford WW Park. Great to see sprint coaches attending and volunteering with tear down



Successful BC Games with participation from 7 of 8 zones in sprint, flatwater slalom and outrigger. We have recently learned that we will have para events in the Games beginning in 2018!



- Two athletes attended WW Nationals in Jonquiere, Quebec
- Thirty athletes from six clubs attended Sprint Nationals in Dartmouth, Nova Scotia – 12 medals were won by nine athletes from four clubs
- Hosted a successful BC Cup Series of 3 regattas in Burnaby, Kamloops and Nanaimo
- A record 293 (up 9% from previous year) athletes from 17 clubs attended Pacific Cup (U15, Novice and Masters) in Maple Ridge. Clubs outside of BC were from the Yukon, Washington state and Calgary
- We continue to strengthen relationships with clubs in Washington to ensure our athletes are provided local competitive opportunities

#### **CAMPS**

- Hosted a Development Spring Camp in Burnaby
- Hosted Girls Only Camp in Fort Langley to provide our girls an opportunity to learn from and bond with some of our talented female leaders (Lauren Heckley, Caitlyn Dunphy, Gillian Fedechko, Mallorie Nicholson, Diane Tam and Emily Raymond) in the areas of mental training, physio, kinesiology and coaching and to do some team building in preparation for Canada Games



- Hosted a Sprint Canoe Camp (7F + 12M) in Burnaby with Tomas Buday and Mallorie Nicholson as our quest coaches
- Coach Michal hosted 2 weekend WW camps (2F +8M/2F + 5M) in Chilliwack this fall. Thank you for making that effort
- Fall training camp in November (14F + 28M). Thanks to Mark Granger and Casey Wade for attending the camp and technical meeting



#### **OTHER**

- For the third Olympic cycle we were able to assist a national team athlete transitioning into retirement. Cory Rublee was hired under a grant in June and while we were able to offer him work experience and mentorship he was able to bridge many gaps. Working as a Canoe Development Coach, he has been able to provide some valuable learning to our club coaches (with 61 club visits YTD) and fill in for them during professional development or competition absences. Cory will continue to work in our Performance Programming Team where he has learned to appreciate the amount of effort required 'behind the scenes' and strengthen his 'excel' skills.
- We have signed an agreement with Innergex to manage the Rutherford WW Park. Our priority in coming months is to make the venue safe and more accessible. Rob Fletcher has done a tremendous amount of work to move the project forward working with engineers from Knight Piésold. Thank you Rob!
- A huge shout out to Blake, Cory and our club coaches for the commitment they make every day! Their collaborative efforts have resulted in us being able to continue to receive Enhanced

Excellence Funding from our provincial partners for the upcoming year. THANK YOU ALL!

#### **PARTICIPATION**

- Mike and Fiona Vincent led a successful marathon clinic in Prince George in May and an enthusiastic group continued to promote the revival of the Northern Hardware Race in Prince George in July. Great job done by Two Rivers Canoe Club!
- Hosted BC School Dragon Boat Championships in Burnaby. School programming exposed over 3,000 youth to our sport across the province.



- Olympian Dan Norman continues to oversee the well received Cowichan River WW Youth Camp in early spring with 53 participants this year overseen by 20 volunteers.
- Hosted the National Surf Ski Championships in Squamish with 110 participants from around the world.



Hosted a series of weekly clinics for our Surf Ski membership (8 weeks - 13 participants)

Hosted the 55+ Games Dragon Boat event in Port Moody (17 teams – 9F + 8Mi – 382 participants)



- The summer CanoeKids program continues to be well received in our clubs with close to 1,200 participants.
- CanoeKids on the Road continued for its sixth year with requests for expansion in the North West. Thank you to Thomas Miller, Lukas Hetzler and Alena Hammer for your enthusiasm all summer. The extra efforts to share your skills with our member clubs was greatly appreciated.



- Aboriginal continues programming with participatory delivery through both the band schools and school district indigenous groups.
- An aboriginal development camp was hosted in Kamloops in June. Big thanks to Darryl Spencer who has come on board as a mentor coach and leader for our NAIG development squad.
- 85 athletes participated in the BC Aboriginal Championships in September at Seabird Island Reserve where a long list of athletes was identified for the North American Indigenous Games.

The Aboriginal Sport, Recreation and Physical Activity Partners Council and Sport for Life Society invited us to be one of the first in BC to implement the Aboriginal Long-Term Participant Development Pathway. In January began a facilitated journey.

#### **TECHNICAL LEADERSHIP**

#### COACHING

- WW Learning Facilitators were trained in Calgary. We need to develop a greater outreach to deliver our instructor programs province wide.
- Our 8 Competition Development Coaches are working towards their certification with evaluations for some occurring at Nationals and at Fall Camp
- Hosted Learning Facilitator Training for ELCC Sprint and Dragon Boat (2F + 3M)
- Hosted ELCC in Burnaby (1F + 5M) and Nelson (3F +3M)
- Hosted CanoeKids in Burnaby (10F + 8M), Kamloops (12F + 6 M) and Nanaimo (2F + 3M)
- Hosted I2L2 in Chilliwack (3F + 7M) and Kamloops (2F + 3M)
- Hosted Lake Instructor training in Kamloops (2F + 4M)

#### **OFFICIALS**

Congratulations to Laura Said who was named this years Volunteer of the Year and the Recipient of Sport BC's Presidents Award.



- Our WW members have been set up to track their officials and volunteer hours with a program similar to what sprint is using. The result has 41 officials providing 161 days of service.
- 85 sprint officials provided 298 days of service.

 We are getting the opportunity to do on the job training and mentoring those who are already trained however getting the 'technical' training has proved challenging.

#### **MEMBER SERVICES**

 In March 2016 we contracted a part time Communications Director (Sandra Lewis). Since that time we have seen a tremendous increase in our social media exposure as demonstrated below and been able to provide consistent communication.

	March 1,	February	Increase	
2016	28, 2017	#	%	
Facebook	762	1061	299	39
Twitter	659	779	120	18
Instagram	69	285	216	313
MailChimp	81	138	57	70

- In spring we facilitated a Club Paddleathon that enabled 7 clubs to raise \$15,000. We hope to make this an annual event with increasing funds being generated.
- We have put our insurance out to tender for upcoming renewal and expect to have more competitive rates, better service and the preparation of a FAQ booklet for our clubs.
- CKBC has been identified by our funders as 'Champions in the area of Club Engagement'. We are excited to work with other leading sports to share Best Practices.

#### **FALL CONFERENCE**

- Sandra did a half day presentation to our member clubs on social media and promotions to help them increase their own community presence.
- CKBC Board did a Governance session with a facilitator and hosted an afternoon session for clubs to review their constitution and bylaws and understand changes they will need to make to comply with the recent changes in the BC Societies Act. Sunday we had 13 presentations of Best Practices shared with member clubs.

The success of our programs is not possible without the dedication of many volunteers. You know who you are and please also know that your efforts for the greater good are very much appreciated!

# PROVINCIAL COACH BLAKE DALTON

It was another exciting year for BC sprint canoe and kayak athletes.

#### BC was well represented internationally

Brian Malfesi again demonstrated that he is a world-class athlete. Brian placed second in the K-1 1000m at the 2016 Piestany International Regatta. Later in the summer, he came 6th in the K-4 1000m at the U23 World Championship. This is a tremendous achievement considering the depth of the field.



Matthew Koehler competed at the Junior World Championships where he partnered with Scott Braddon (Alex Brent's partner from the 2015 Junior World Championships) and placed 25th.

#### BC paddlers thrived at home

Our BC athletes amassed 10 medals – including golds from Brian Malfesi and Stuart Chase – at the 2016 National Championships.



Alex Brent and Emily Raymond each came home with three medals. It was also exciting to see a handful of our U19 athletes placing in the top nine, including Lauryn Cheung, Michael Lanyon, Cameron Antifave, Anna Zhang, Hana Ronayne, Justin Won and Sebastian Sorescu.



In the fall, CKBC hosted its annual fall camp. We were fortunate to have Mark Granger - CanoeKayak Canada's Athlete Development Officer – provide our athletes and coaches with excellent instruction and motivating stories.

I am encouraged by the number of athletes participating in our development camps and training opportunities.

Over 20 young athletes demonstrated their eagerness and aptitude for sprint canoeing at the CKBC Canoe Camp in early-July. Led by a strong coaching group - including two-time World Champion Mallorie Nicholson and two-time Olympic medalist, multiple World Champion and former National Team coach, Tamas Buday Sr., – athletes learned new tricks in singles, doubles and fours. The coaches expressed enthusiasm for the next generation of canoers in BC.



In the fall, 11 female paddlers participated at the first "Girls Only" training camp. Athletes spent a fun weekend at the Brae Island Campsite in Fort Langley.

Most recently, 31 athletes completed two rounds of dryland testing (December and February). There were a number of personal bests that were set. The most improved were Alex Demishkevich (U18 Male), Melody Oh (U18 Female), Corey Stewart (Senior Male) and Lydia Keefe Sampson (Senior Female).

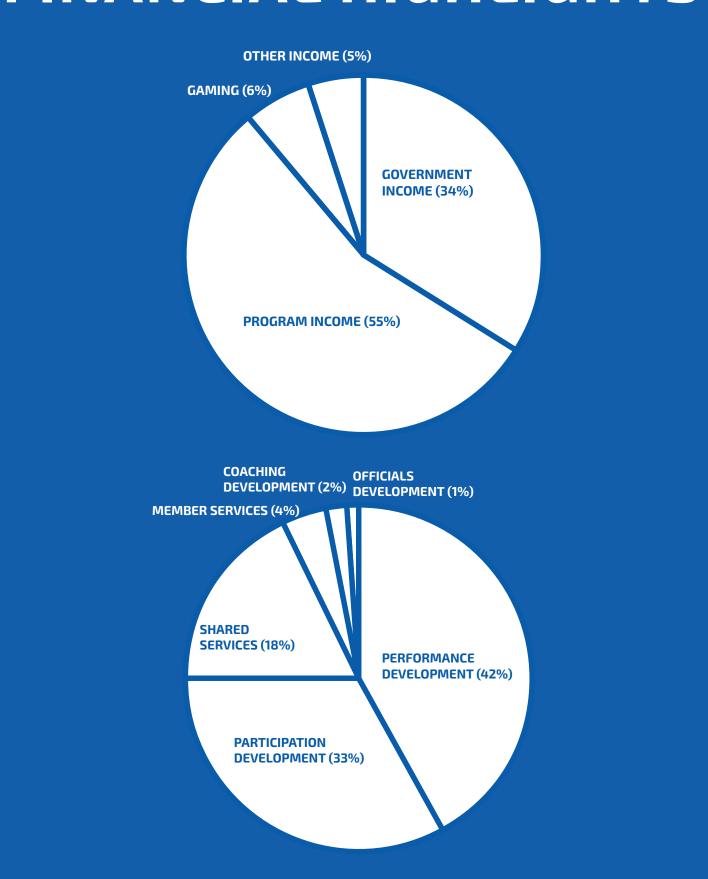


Finally, Cory Rublee - CKBC's Development Coach has toured BC twice and is on his third round. He has spent significant time in our clubs working with our next generation of athletes.

Athletes (and coaches) are now busy in preparation for the Canada Summer Games in Winnipeg, MB and the 2017 National Championships in Welland, ON.

As in my previous AGM report, I would like to thank the coaches that are in the clubs. Their dedication, hard work and willingness to collaborate have been instrumental in the growing success of the BC high performance and development programs. Similarly, I cannot thank enough our excellent volunteers and officials.

# FINANCIAL HIGHLIGHTS



# **OUR CLUBS**

# **BURNABY CANOE & KAYAK CLUB**

#### **PARTICIPATION**

Burnaby Canoe and Kayak Club saw an increase in participant numbers in our CanoeKids program in 2016. We increased our number of participants to a maximum of 32 per week. Our five summer staff also allowed for an increase in participant numbers for beginner racing programs. We noticed a large drop-off in practice attendance in the Fall. A Masters program was attempted but turn out was low and it wasn't deemed a success. Numbers from our school dragon boat program were down significantly due to an increase in fees but feedback was positive.

#### **PERFORMANCE**

This year the performance program continued to improve. Numbers remain consistent with previous vears but members saw an increase in results. We had a number of athletes in the BC Cup Series Top Three and two athletes competed for BCKC at Nationals (the first BCKC athletes to compete for the club in a number of years). Locally, we held onto our title as Pacific Cup champions.

#### **PARTNERSHIPS**

Discussions continue with the Burnaby Lake Rowing Club regarding the lake use agreement. Communication struggles with the city remain the same. School dragon boat support remains strong from our local schools. Location and lake share with CKBC is going well. Collaboration with Lower Mainland clubs remains strong.

#### **SUSTAINABILITY**

Financially, the club is a lot stronger than previous years. We have seen a year over year increase in our income, allowing us to modestly upgrade our equipment. Grant values have also increased. Grand stands have been removed. Storage solutions are still unknown. Lake weed solutions are still unknown.

# CHILLIWACK CENTRE OF **EXCELLENCE PADDLING CLUB**

#### **CLUB BY THE NUMBERS**

- 200 Members (13 competitive, 187 recreational 130 from school programs)
- Part-time Canoe Slalom Instructors and Coaches
- 5 Certified and/or Trained Instructors
- 32 Volunteers
- 18 Officials / Judges
- **Events and Activities hosted**

#### **2016 OVERVIEW**

2016 was a year of tremendous success, but also of significant challenges.

Funding support obtained for the club through the BC Community Gaming Grant Branch, and the Federal Career Summer Jobs as well as the Via Sport Grant programs has been unprecedented. It has allowed the club to train, (re-)certify, and hire promising new canoe/kayak instructors, and to lay the foundation for overcoming its major challenge - the recruitment of a full time Slalom Head Coach & Instructor (ongoing).

In keeping with tradition and despite this major challenge, the CCEs board and its many volunteers successfully hosted a variety of Canoe/Kayak events including the Ice Breakers, the Rich Weiss Memorial Slalom race, the Tamihi 5-0 / BC Slalom Champs, the Senior Canadian Slalom Team Trials, and contributed to site preparation and hosting of slalom paddling events at the BC Summer games.

Our part-time instructors and coaches, both new and more seasoned, were mobilized to help the club deliver paddling instruction for school program youth, to the general public, as well as much-needed training sessions for CCE competitive slalom athletes, many of whom aspire to be named to the National Slalom Team in future.

Further efforts to help fill gaps in training opportunities for our competitive athletes included hosting a training camp run by the National Slalom Team Head Coach, and hiring of high performance coaches from out-ofprovince to train and coach our athletes at National level competitions.

CCE members owe a debt of gratitude to a very hard-working board of directors, to club volunteers, coaches, instructors, as well as provincial and federal canoe/kayak partners. We also welcome and thank the incoming Board of Directors, and look forward to another great year in 2017.

President: Marko Kryworuchko Vice President: James Wakeling

Treasurer: Teena Shaw Secretary: Jenny Wakeling

Membership Director: Patsy Capstick

Facilities Director: Fred Atkins Communications: Barb Taylor Recreation: Shonnet Allen Member at Large: Jon Allen

## CHINOOK

#### **PARTICIPATION**

Chinook is a small club with constraints on our growth. We currently have ten paddlers; two male sprint kayakers and a female and male sprint canoer in our Comp Program. Our current Development Program was split into two development groups last year. We have two male and one female kayakers in our Dev 4 Program and two male kayakers in our Dev 3 Program. Coach, Patrick Dann, runs the Development Programs and oversees summer courses.

#### **PARTNERSHIPS**

We continue partnering with the Fairway Gorge Paddling Club (FGPC), being located at their dock facility. FGPC is a Dragon Boat and Outrigger club which also does kayak rentals and summer day camps. The FGPC club has been undergoing a considerable amount of internal upheaval. Their four senior lead coaches have left their club, along with

many paddlers. They've also had considerable loss of intermediate coaching and office staff, all of which is beyond our control. Chinook is watchful for impacts of these changes on ourselves in the seasons ahead.



#### **SUSTAINABILITY**

Chinook's 2012 CKBC Boat Loan final payment was paid out this season and we carry no other debts.



#### GOALS

Our Comp women's canoe athlete decided she would not take part in international camps and competitions this summer, but would stay home and focus on her training and technical improvements. Our Comp male canoer will head to his summer club at the end of this season and looks towards Canada Games and Nationals. Our Comp male kayakers have similar goals. This is the first year our Dev 4 athletes have committed to off-season training through the winter and they have all made notable fitness gains for their efforts.

#### **CHINOOK PILLARS**

The pillars of our Strategic Plan are Leadership, Organizational Effectiveness and Excellence. To the best of our ability we remain mindfully engaged in the Tactics we've identified in our plan to continue towards our Objectives.

## COMOX VALLEY PADDLERS **2016 TRIP LIST**

May 4: Airpark Club, 2 hour evening paddle

May 11: Comox Lake, 2 hour evening paddle

May 14: Tree Island, full day paddle

May 20-23: Discovery Islands Lodge, overnight at lodge and day tripping

June 15: Comox Lake, full day paddle

June 29: Airpark - 2 hour evening paddle

July 6: Kitty Coleman, 2 hour evening paddle

July 20: Comox Lake, 2 hour evening paddle

Aug 3: Airpark, 2 hour evening paddle

Aug 10: Goose Spit, 2 hour evening paddle

Aug 17: Tsable River, 2 hour evening paddle

Aug 24: Comox Lake, 2 hour evening paddle

Aug 31: Puntledge River, 2 hour evening paddle

Sep 7: Airpark, 2 hour evening paddle

# **FALSE CREEK RACING CANOE CLUB**

#### **CANOEKIDS SUMMER CAMPS**

We had another amazing summer for CanoeKids! Our camps ran for 9 weeks, Monday-Friday 9am-4pm, with a total of 156 registrations. We introduced an after care option as well this year. To help us advertise this year, we participated in Granville Island's Children's Festival and Canada Day celebrations.



#### YOUTH FLATWATER

Our Youth Flatwater paddlers had an incredible season. Following the Canadian Sport For Life Long-Term Athlete Development (LTAD) model, our program levels proved to help promote optimal athlete learning pathways in the sport of sprint canoe and kayak. We had 38 kids paddling regularly throughout the season, ages 6-16 – our level 1s and 2s trained approx. 3 times a week (primary coaches: Daphne Austin, Coco Lau, Stephanie Koenig), and our level 3s trained 4-5 times a week and level 4s 8-10 times a week (primary coaches: Diane Tam and Laurence Chin).

Our coaching and programs led to a successful year with the following highlights:

BC Summer Games (Abbotsford, BC) – July 21-24:

- Elisa Robson-Brown: 3rd Open K1 2000, 3rd K2 500, 2nd Mixed O6 2000, 3rd K1 500, 3rd Open K2 2000, 3rd LtoT C1 200, 2nd K4 500, 3rd C1 Slalom
- Keisa Bleier: 3rd Open C1 2000, 2nd Mixed OC6 500, 1st Mixed C4 500,2nd LtoT K2 500, 2nd K4 500; 2nd C4 500
- Gillian Helliwell: 3rd K2 500, 2nd Mixed OC6 500, 3rd Open K2 2000, 3rd LtoT K1 200; 2nd C4 500, 2nd K1 Slalom
- Asha Senanayake: 2nd Mixed OC6 500, 1st Mixed C4 500, 2nd LtoT K2 500
- Ydris Hunter: 1st Open C1 2000, 1st Mixed C4 500, 1st C2 500, 2nd Mixed O6 2000, 1st C1 500, 1st C4 500
- Kenjio MacMartin: 2nd Mixed OC6 500, 1st C4 500

 Arjun Senanayake: 1st C2 500, 2nd Mixed O6 2000, 3rd C1 500, 1st Open C2 2000, 1st C4 500

#### Canada Summer Games Trials / Provincials (Kamloops, BC) - July 16-17:

Elisa Robson-Brown, Tiffany Yau, Anna Zhang, Ydris Hunter, and Arjun Senanayake all qualified for the Canada Summer Games Long List team. They all also placed top 3 in several of their events – notable highlights: Anna Zhang 1st in U16 C1 6k, Ydris Hunter 1st in U15 C1 500m and U16 C1 200m.

All 5 athletes will be part of the provincial team where they will receive CSI Pacific Sport funding and support as they prep for next year's major competitions: Canadian Team Trials (qualifier for Junior Worlds), Canada Summer Games (Winnipeg, MB), and Canadian Sprint Nationals (Welland, ON).

#### BC Cups #1, 2 and 3 – Burnaby, Kamloops, Nanaimo:

In the BC Cup series, paddlers accumulate points at each BC Cup – last year, Gillian Helliwell, Keisa Bleiler and Asha Senanayake came in 1st, 2nd and 3rd, winning the overall U11 Women's BC Cup for FCRCC. This year, the girls have done it again, and will be taking home the overall U12 Women's BC Cup.

Sprint Nationals (Lake Banook, Nova Scotia) – Aug 30-Sept 4:

Congrats to Anna Zhang, Stuart Chase and Dan Thomson for qualifying and competing at CKC nationals – notable highlights:

Stuart Chase - 1st place in VL3 200m, Anna Zhang -7th place in U17 C1 6000m and U19 C2 1000m



#### Pacific Cup (Maple Ridge, BC) – Sept 10-11:

Our summer season ended on an incredible high at the Pacific Cup regatta as our team of young paddlers came in 2nd overall in the club standings (out of 17 clubs), and won the U11 men burgee, U11 overall burgee, U13 women burgee, U13 men burgee, U13 overall burgee, and the Team Spirit and Sportsmanship award!

Our programs are continuing to grow and with this success, flatwater at the club is becoming more of a self-sustaining discipline; we have experienced a tremendous growth in participation, and have had a lot of success with grants and team fundraising this year. We anticipate this trend will continue into upcoming seasons.

#### ADULT FLATWATER AND PARA **PROGRAM**

Our adult program has attracted a lot of new interest this season; a lot of new paddlers have participated in our Intro program and we are getting interest from para paddlers as well. We plan to start seeking out grants that will help support our para community with appropriate paddling equipment, and build up a para program for the upcoming season. And with CKC nationals in Welland next year, we hope to bring a big team of adult paddlers along with our youth paddlers to represent FCRCC.

# **KAMLOOPS CANOE AND KAYAK CLUB**

#### **PARTICIPATION**

2016 Totals: 730 Paddlers (our best year yet) paddled with the KCKC this year! What a Fantastic Year!

Field Trips: In May-June we hosted 20 local elementary school grades, (over 24 kids in each class), for a one day field trip. With the help of our local television station who promoted the program, we became known as the field trip of choice amongst many teachers & kids in the community and have already filled up many dates for 2017.

Open House: One of our most effective and successful events was our open house in June where we opened our doors and introduced many curious community

members to come and try out the paddling sports. It was also a great experience for some of our competitive team members who were on hand to help kids with the basics, answer inquisitive questions, and allow our team to explain, in their own words, their paddling journey to date. Absolutely Priceless!

Summer Camps: We hosted nine, week-long summer recreational camps which were at 99% capacity. Over 175 kids (ages seven to 13) from Kamloops and surrounding communities enjoyed a summer camp experience, making friends and memories, learning about canoeing, kayaking, paddle boarding, dragon boating and as well as some fun exploring and hiking.



Recreational & Progression: 13 summer campers went on to be part of a two day/week trial program to see if they would further develop a more dedicated passion to paddling and six keen youth became part of our competitive team.

Intro to Paddling & Masters: Our evening Intro to Paddling Programs were at 70% capacity and our Master's Program hosted over 30 participants throughout the spring and summer months. New this year we offered punch cards so our experienced paddlers could paddle at their convenience whenever the facility was open.

Dragon Boat Program: We hosted our women's dragon boat program again this year; lots of fun moments and stories to share. Excited for 2017 as we are getting ready to host more groups of friends and some local business to further develop some team building competencies!

Regattas: In July KCKC hosted 13 clubs from across

BC, and from as far away as Whitehorse, Seattle and Calgary for CKBC's BC Cup #2 and National Provincial Qualifier Regatta.

#### PERFORMANCE

KCKC's Competitive Program trained and further developed 30 young athletes; 21 males and 9 women.



One of our focuses for 2016 (and continues to be for 2017) is to attract, engage and retain young female athletes to our sport. As such we offered discounted rates to young women seeking a new sport and challenge.

KCKC continued a well-organized and well-attended winter six-day per week training program which included weight training, swimming and cross country skiing. We also hosted a successful 3-week spring training camp in San Diego to give paddlers a jump on the 2016 paddling season.

Out of our 30 competitive team members, 27 participated in regattas throughout the season. KCKC athletes placed top 3 at BC Bantam Championship; first at BC provincials, and 7 KCKC members have been named to the BC Provincial Team.

#### **PARTNERSHIPS**

We are thrilled to continue strong and committed partnerships with:

 Local Volunteers (so grateful!); HRDC & Get Youth Working; Alliance Traffic Control Group; Urban Systems; NRI Distribution; Bruker Marina; Blackwell Dairy; On the Rocks Pub; Pacific Sport Interior; School District 73; Kamloops Indian Band

#### **SUSTAINABILITY**

KCKC's strategic plan includes goals to grow our membership and participation numbers; further develop our infrastructure; and partner closer with local community groups. In pursuit of these goals, in 2016 KCKC:

- Brought on new board members including Commodore and Vice Commodore
- Hired an Operations Manager
- Increased paddler participation by 25%
- Improved social media exposure through Facebook, Twitter, Instagram, local radio and TV Stations
- Sold summer camp T-shirts for the first time
- Initiated a specific marketing strategy to attract young women and hockey enthusiasts to paddling
- Received donations, in the way of product, from a local business that expanded our paddleboard and life jacket inventory
- Bolstered relationships with the local school district
- Consistently adjusted the competitive team program to include a multi-sport structure to further support athlete engagement and alternative muscle conditioning and development

In July we hosted 13 clubs for CKBC's BC Cup #2 and National Provincial Qualifier Regatta. With the support of Alliance Traffic Control we closed down one lane of the highway alongside our lane like lake so spectators could walk the course and cheer on the athletes. The event attracted many inquisitive members of the community who experienced a paddling regatta for the very first time. It was an extremely awesome event which further promoted and reinforced all that KCKC has to offer to our athletes and our community.

We are super excited to see what 2017 will bring!

# PITT MEADOWS PADDLING **CLUB**

2016 proved to be a very challenging and rewarding year. Member and drop in paddlers were a very enthusiastic bunch participating in all venues of flat water paddling. Three teams of dragon boaters took to the water. The Sprint program with 3 elite athletes were on the water as well as in the gym. The Outriggers were out for 3 and sometimes 4 paddles a week with the Super Moon evening of paddling being the main

event.

Wildlife frequently caught our attention along the banks of the Alouette. Seal, beaver, river otter, Kinafishers, Bald Eagles, Geese and Goslings, Ducks and Ducklings, Sandhill Cranes, Bear and of course out signature bird "The Blue Heron" graced us with their ever presence on the river. Drop in paddlers, Summer camp paddlers and SUP paddlers paraded up and down the river enjoying the natural setting that is the Alouette. Canoes, kayaks, paddleboards, war canoe, outriggers and dragon were kept busy during the year.

#### MEMBERSHIP

Membership was strong again this year at 120 members. The Sprint Program stayed pretty much the same with the same elite paddling duo along with a new junior competitive member. Monday night junior sprint introduction was a success with several new young people attending on a regular basis. The School program was very successful with 300 students attending. Community groups were down but not by much. Evening and weekend drop in were very successful in providing a new activity to try on the water.

Summer Camps saw 96 kids attend with such enthusiasm that it made it a real pleasure and challenge to keep them entertained and improve their knowledge of Safety in and on the water as well as enjoying the paddling experience.



#### **FINANCIAL**

The club remains in a very good financial position and was able to maintain a full time coach and with the help of the Canada Summer Jobs grant, we were

able to have three very enthusiastic young people available for our summer camps, summer programs and various responsibilities around the club site.

Equipment maintenance and site cleanup were some of the endless tasks that they put their attention to when not on the water. A calendar was kept up to date so that anyone walking onto the site knew what was going on and at what time. We as Board members were very impressed with the work ethic of this trio. So much so that we are going to ask for four next year!

#### **PERFORMANCE**

Congratulations to Corey Stewart on the Premier's Award for Aboriginal Youth Excellence in Sport.



Also congratulations to Corey Stewart and Shon Cottrill for making the 2016-17 Provincial team

June saw 2 members of our club take on the Yukon River Quest along with members from, Langley, Alberta and the Yukon forming the "Six of Hearts" - 59hrs 13 mins 37 sec. Way to go girls!!

Three Dragon Boat teams participated in various regattas and had a great time placing when they could and exploring the different venues.

#### **GOALS**

Pitt Meadows Paddling Club is starting a new adventure in the coming year. Programs are being developed with the hopes of growing the club and making sure youth, adults and seniors have the best possible means of being on the water and enjoying what the paddling experience has to offer. The Sprint Program is the target of a revamp to make sure our athletes are getting the attention to detail that they need to compete at all levels.

Site cleanup has taken place and new docks are in the water. New paint and elbow grease will definitely give the site a new look. Our membership is very excited and many volunteers are coming out to help with this endeavour.

We as a Club are looking forward to a new and improved club with a new look to future endeavours. We invite everyone to "paddle all - always paddling".

## RIDGE CANOE & KAYAK **CLUB**

#### **PARTICIPATION**

Our school and group programs had a very successful year this year. We had school and group bookings on almost every day possible and had over 1000 paddlers go through the program. We already have many schools booked again for next year.

Summer programs were well run this year by Jaimie and Shauna. Our summer camps were well attended and we had great weather during the spring and summer which helped our rec paddlers have a positive experience.

We even had a large group of girl guides in September during one of the rainstorms and the leaders emailed to tell us what a great time they still had!

Dragon Boat saw a small increase in attendance this year but are still struggling to fill the boat during practices and it is still an area we can improve membership.

It is our goal that our athletes at all levels are successful in achieving their goals; that participation in sport encourages team work and gives each athlete life long skills so that they are successful in whatever they choose to do.

#### **PERFORMANCE**

We had some great results in our sprint canoe/kayak program this year from a local to international level. Here are the performance awards as received at the CKBC awards banquet:

- U15 Female Kayak Athlete of the Year Sprint: Cassidy MacPherson
- U19 Male Athlete of the Year Sprint: Matthew Koehler
- Junior Male Athlete of the Year Sprint: Brian Malfesi

 Master Female Athlete of the Year – Sprint: Verna McNichol

#### Sprint Development Awards Female Canoe

• Novice: Jia Kim

• U14: Cassidy MacPherson

Male Canoe

• U15: Noah Said

Female Kayak

U15: Jia Kim

• U14: Lily Small

• U13: Cassidy MacPherson, Shania Modha

Male Kayak

• U15: Alexander Dmitriev

• U12: Bryant Kelleway

Sprint Coaching Awards

• Performance Coach of the Year: Peter Majewski

Officials Recognition – Sprint

Shana MacPherson, Sanjita Modha, Laura Said

Hosting Recognition

• Ridge: BC Championships & Pacific Cup

Also, 2016 Team Canada members Brian Malfesi and Matthew Koehler were honoured by National Team Coach Mark Granger.



BC Summer Games: We had six athletes and two officials attend the 2016 BC Summer Games; Alexander Dmitriev, Jia Kim, Cassidy McPherson, Noah Said, Sam Rosenthal and Lily Small. As individuals and in team boats our RCKC athletes combined for 7 Gold medals.

5 Silver and 3 Bronze.

We ran an out of town Spring Training Camp this year in San Diego that is currently under way as this report is being written. The warm weather will be much appreciated by our 6 athletes who attended and we will evaluate the camp after it is completed to see if it is merited annually going forward.

#### **PARTNERSHIPS**

2016 was our first full year under the Lease agreement between RCKC and the City of Maple Ridge where we pay a monthly rent for our facility. The City of Maple Ridge donated two weed cutters to aid us with the vegetation management of our race course.

#### **SUSTAINABILITY**

One of the biggest issues we had to deal with during this year was the damaged boats and trailer from the 2015 Nationals. Due to the uniqueness of the insurance of racing kayaks and a custom built trailer, it took time to sort everything out and complete all repairs. I am glad to say that the situation is now completely dealt with, we settled with the insurance company, we have had the trailer repaired, the damaged Nelo K2 and our K4 have been repaired and we just paid the final invoice for these repairs with our insurance funds. We have also purchased 2 new Nelo K2's one that can be used by the Master's and one for our competitive group. We received the delivery of 2nd new Nelo K2 in December.



We had some difficulty with our biggest fundraiser of the year, our New Year's Dinner/Dance, as we had to

cancel due to low ticket sales with weather being a contributing factor. We have planned a Krispy Kreme sale, pub night and the sale of Rotary Duck tickets as fundraisers so far this year. We continue to look for additional partnerships to improve our fundraising efforts in 2017 and going forward.

RCKC remains diligent about running enough programming to ensure that revenues and increasing membership can support the continued employment of a high performance coach that provides a high level of competitive training. Financial support from the government remains a concern and the RCKC Directors must continue to increase fundraising, sustain and grow our programs, keep growth in membership a priority and rely on sensible business practices.

## **SQUAMISH PADDLING CLUB**

#### 2016-17 SEASON WRAP-UP

- The boat house on the Mamquam Blind Channel is now complete with minor works mostly completed
  - Window secured, SUP storage padded, boat racks up in the mezzanine, locks system changed, cables added for locking
  - · Work to do, address signage for building, lights to install, research water system, screen vent cutouts, fasten paddles/oars, looking into solar power
  - Boats are now in storage and going well
  - No graffiti or vandalism to date
  - District of Squamish put in parking lot



- Surfski championships were again a success funds received - over 100 participants from around the world – scheduled again for this year in July – registration is strong so far
- Paddling pool sessions were done in the fall and started again this spring - Saturday nights good attendance – Vancouver paddler's numbers were up – Whistler paddlers as well – it is paying for itself
- Weekly white water sessions were on the Mamquam and Cheakamus Rivers - not scheduled this year focus is to go from the boathouse
- Social paddles included a pancake breakfast, down winder to Brit, full moon paddle, weaner roast - SUP special and Britannia paddle,



- Plastic Oceans fund raiser and environmental awareness – put on by Squamish Terminals – funds raised for Watershed Society, Ocean One Tours, Auxiliary Coast Guard and Squamish Paddling Club - Jan 19, 2017 World Premiere - full house at the Eagle Eye Theatre with a 5-person panel including the Mayor – funds will be used for environmental initiatives
- Demo Day with Deep Cove Outdoor Sports with pancake breakfast
- Reel film festival sponsored by Valhalla Pure fund raiser
- Waterfront clean up by Squamish Terminals
- New Squamish Paddling Club Website up and running
- Insurance coverage review
- 2 dolphins in the harbour viewed by kayak and SUP
- Sea to Sky Marine Trail implemented are considering adopting a campsite
- AGM meeting well attended financial report is sound

## THOMPSON RIVER INTERIOR PADDLE SPORTS CLUB

#### **MEMBERS**

Seven (down from 15 from year before as the dual membership with outrigger club was dropped in favour of a increase in dues to \$75) This was largely due to a need to pay administration expenses of the club.

City of Kamloops gives the property to TRIPS and pays some expenses such as chainlink fencing, gravel etc. This same offer is given to Outrigger and Dragonboat.

#### **PERFORMANCE**

T.R.I.P.S. has five paddlers that all race marathon. Four of the members are active in the coaching stream and three have obtained ELCC. Other notable events taking place throughout the year:

- Three weekly paddles from April to October
- World qualifyier race at KCKC
- Aboriginal Clinic Mac Park
- Heffley Lake paddle day with Sunpeaks students (CKBC),
- Endery/Kamloops Marathon Classic
- Two trips Savona to Ashcroft on Thompson River,
- Mmembers attend P.G. for Northern Hardware race,
- Several day trips to Enderby/Shuswap River.

#### **EVENTS**

TRIPS has hosted events since 1998. We have invited outrigger to participate with poor results. The event is down to about 20 paddlers. Dragonboat has been hosting events for about five years.

#### SUSTAINABILITY

TRIPS can continue with a small membership but has desire to increase membership and struggles to obtain results. We have signage in the park but some inconsistency with media. There was some discussion about amalgamating with outrigger and or K.C.K.C. but that has been dropped.

## **CLUBS NOT SUBMITTING** REPORTS

**Borderline Boaters** 

Fort Langley Canoe Club

Nanaimo Canoe & Kayak Club

Nelson Kayak & Canoe Club

Northwest Brigade Paddling Club

Pemberton Canoe Association

Penticton Racing Canoe Club

Prince George Canoe & Kayak Club

Two Rivers Canoe Club

Vancouver Island Whitewater Paddling Society

Vancouver Kayak Club

Victoria Youth Paddling Club

Yukon Canoe and Kayak Club

# **OUR TEAM**

## **BOARD OF DIRECTORS**

**AS OF MARCH 31, 2017** 

Rhys del Valle President / Flag Officer

Sara Hopkins Past President / Flag Officer

Cindy Mott Secretary

Steve Juranovics VP Performance

Joan Ko VP Finance

Francis Vaillancourt Director of Development

Edmond Duggan Director at Large

Rob Fletcher Whitewater Representative

Christopher Nicolson Marathon Representative

Stuart Chase Athlete Representative

## **STAFF**

**AS OF MARCH 31, 2017** 

Mary Jane Abbott Executive Director

Blake Dalton Provincial Sprint Coach

Cory Rublee Canoe Develoment Coach

Stan Marek Regional Centre Coach

Igor Nikitovic Regional Centre Coach

Catalino Miniano Accountant

Sandra Lewis Communications













