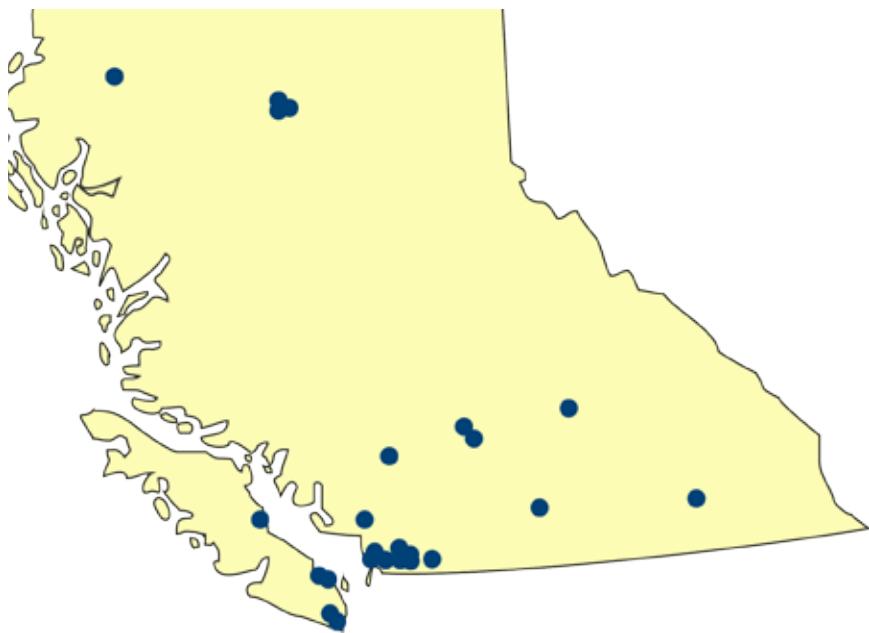


ANNUAL REPORT

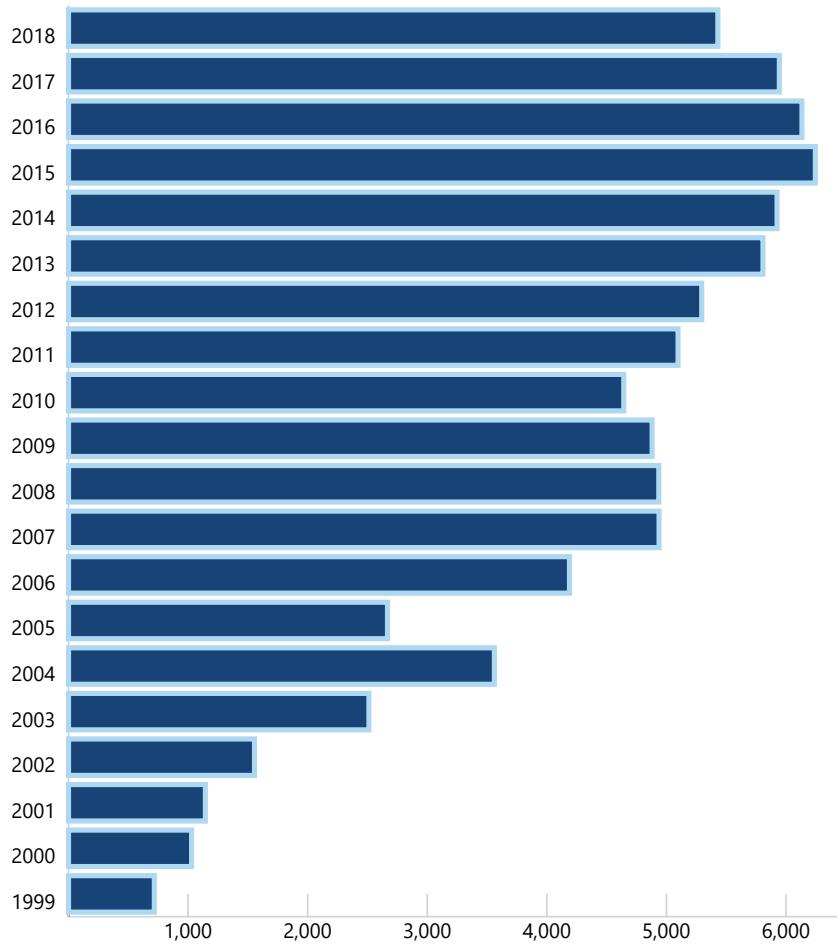
2018-19



CKBC Clubs Throughout B.C.



CKBC Membership Through the Years



CLUB MEMBERSHIP

Twenty-six paddling clubs registered with CKBC in 2017-18 and we welcomed two new clubs:

Creekside Paddling Club in Vancouver
Skeena Paddle Club in Terrace



INDIVIDUAL MEMBERSHIP

Aboriginal: 97
Canoe Polo: 33
Coach: 12
Competitive: 256
Day Camp: 983
Dragon Boat: 101
Marathon: 30
Official: 2
Outrigger: 53
Paddle All: 20
Recreational: 1,025
School Program: 2,596
SUP: 46
Volunteer: 54
Whitewater: 103



CKBC launched a new website in January 2019. The new site offers a fresh new look and easier navigation and includes a responsive design.

www.canoekayakbc.ca



CKBC's Facebook posts had over 1,500 reactions this year. In total 1,470 individuals received paddling updates on Facebook.

www.facebook.com/pages/CanoeKayak-BC



There were 969 individuals getting their CKBC paddling news on Twitter.

www.twitter.com/CanoekayakBC



Instagram continues to show the most growth of CKBC's social media channels. With over 40% growth this year, there are now 724 individuals checking out our photos.

www.instagram.com/canoekayakbc



The number of subscribers to CKBC's newsletter continues to grow. Over 80 individuals subscribed or were added as members this year bringing the total to 289.

Subscribe to CKBC's bi-weekly newsletter at:

<http://eepurl.com/bSD28b>

Mary Jane Abbott announced retirement from Canoe Kayak BC



Following 20 years at the helm of Canoe Kayak BC, Mary Jane Abbott announced her retirement from the association in January. MJ was hired in 1999 at Canoe Kayak BC as the association's only employee, a part-time Executive Director,

From there she guided CKBC's growth to a full-time staff, including Provincial Coach, Sport Development Coordinator, Regional Coaches and a Communications lead. These were all jobs which MJ juggled alone for many years along with nameless other tasks and projects.

In addition to her paid duties with CKBC, she is an international official and has sat on a number of Canoe Kayak Canada committees since the mid-1980s – High Performance, Domestic Development, served on the CKC Board, on the Sprint Racing Council, and was the Commodore of Canoe Kayak Canada from 1990-1992.

She was the manager of the 1981 Canada Games in Thunder Bay. She has loved the Games and has had a long history with multi-sport games attending them as an athlete, manager, coach, official and mission staff, until 2015. She was a Ridge Canoe Kayak Club member and volunteer in the early 2000s, when sons Matt and Chris began paddling there, and she was a co-founder of Pitt Meadows Paddling Club.

In March, CKBC hired Kolin Kriitmaa as the Executive Director. He joined CKBC after working in hockey at the national, junior and local levels. He has also worked with four Olympic games: Vancouver 2010, London 2012, Sochi 2014 and Rio 2016, and the 2014 Commonwealth Games.



After his hiring, Kriitmaa said that it was an honour to take on the Executive Director role and that he looked forward to continuing the work that MJ began 20 years earlier.

Canoe Kayak BC joined partnership to increase Indigenous participation at the 2018 BC Summer Games



Canoe Kayak BC joined a partnership with the BC Games Society and the Indigenous Sport, Physical Activity and Recreation Council (I-SPARC) along with Basketball BC and the BC Lacrosse Association to expand pathways for Indigenous athletes, coaches and officials at the Cowichan 2018 BC Summer Games.

Building on the inclusion of Indigenous athletes in the sport of archery at the BC Winter Games, the goal of this partnership was to create increased advancement opportunities for Indigenous athletes to compete in basketball, canoe/kayak, and box lacrosse at the BC Summer Games. With this experience, athletes can increase their potential to move forward to compete at future events such as the North American Indigenous Games or the Canada Summer Games.

Regional Indigenous Trials for canoe/kayak athletes took place on Vancouver Island and at Cultus Lake and Canim Lake. Athletes were selected to zone teams that competed at the 2018 BC Summer Games on Cowichan Lake from July 19-22.

The athletes competed in fully integrated multi-discipline paddling events: canoe (singles, doubles and fours), kayak (singles, doubles, and fours) and a whitewater slalom event. Also included in the BC Summer Games were para events for athletes with a disability.

A full contingent of 12 athletes competed at the Games representing five zones. The athletes were supported by two coaches from the 2017 North American Indigenous Games: Crystal McCallum and Zaffia Laplante. Joining them as assistants were Terrance Hubick-Archie and Stephan Theodore Jensen.



Austin Atkins, Finley Capstick and Jacob Kryworuchko (CCE) were named to whitewater junior national teams for 2018 ICF events following trials in May.



Sprint athletes from four B.C. clubs competed at the West Canada Cup in Regina in June.

The B.C. athletes had strong results led by Ydris Hunter (False Creek) who dominated the canoe competition with one silver and seven gold medals. Joining him with eight podium appearances (four gold, four silver) was Cassidy MacPherson (Ridge).



Kamloops paddler Michael Lanyon represented Canada at the 2018 ICF Canoe Marathon World Championships in Prado Vila Vedre, Portugal in September.



Brian Malfesi (Ridge), Sam Loutet (Burnaby) and Ydris Hunter (False Creek) were named to Junior, U23 and Senior National Sprint and Paracanoe Teams by Canoe Kayak Canada following trials in June.



Eleven paddlers represented B.C. at the 2018 Whitewater National Championships in Kananaskis, Alberta in August. Led by Chilliwack Centre of Excellence teammates Finn Wakeling, Jacob Kryworuchko and Isabel Taylor, the group captured 25 medals.



Forty-seven sprint paddlers represented B.C. at the 2018 Canadian Sprint Canoe Kayak Championships in Sherbrooke in September. The B.C. paddlers brought home 10 medals including four gold.

Thirty-eight paddlers named to 2018-19 Provincial Team



Thirty-eight of BC's top sprint and slalom canoe and kayak paddlers were selected to Canoe Kayak BC's provincial team in December.

The CKBC performance program recognizes and supports athletes who have a potential to make junior, U23 and senior development and national teams. The team members and their coaches received sport science resources, participation in training camps and support for various regattas, trials and championships.

Burnaby Kayak and Canoe Club

Mika Asano, Alex Brent, Edward Colhoun, Matthew Koehler, Samantha Loutet, Katrina Loutet, Ivan Strashenko

Chilliwack Centre of Excellence

Austin Atkins, Finley Capstick, Jakob Kryworuchko, Isabel Taylor, Finn Wakeling,

Chinook Racing Canoe Club

Patrick Dann, Lydia Keefe Sampson, Nolan Tomaselli

Fort Canoe & Kayak Club

Devon Holcroft, Noah Said, Liam Stewart

False Creek Racing Canoe Club

Marvin Bader, Ydris Hunter, Elisa Robson-Brown, Quinn Thomson, Tiffany Yau

Kamloops Kayak and Canoe Club

Matao Buist, Abigail Donaldson, Emma Guertin, Michael Lanyon, Stanley Netherton, Spencer Robinson, Aiden Tabata

Nanaimo Kayak and Canoe Club

Cameron Antifave, Thomas Duff

Nelson Canoe and Kayak Club

Heather Potkins

Pemberton Canoe Club

Quinn Phare

Ridge Kayak and Canoe Club

Alex Dmitriev, Brian Malfesi, Cassidy MacPherson

Vancouver Island Whitewater Paddling Society

Avery Wilkins

Over \$32,000 Raised in 2018 Paddle-A-Thon



Three CKBC clubs raised \$32,343.15 for much needed equipment and programs during the 2018 Canoe Kayak BC Paddle-A-Thon. Each club hosted a paddle-a-thon event in their community in conjunction with paddlers collecting donations.

2017 PARTICIPATING CLUBS:

- Burnaby Canoe & Kayak Club: \$1,145.00
- False Creek Sprint Canoe Club: \$18,190.00
- Kamloops Canoe and Kayak Club: \$13,008.15

In addition to raising money for their clubs, the paddlers also had the opportunity to win prizes. False Creek's Logan & Senika Velisek, who were the top fundraiser, receive \$350 towards a new paddle.

TOP FUNDRAISERS - INDIVIDUAL

- Logan & Senika Velisek (False Creek): \$2,520.00
- Damian and Corben Hickey (Kamloops): \$2,425.00
- Quinn Thomson (False Creek): \$2,140.00



The Ridge Canoe & Kayak Club photo was selected as the new CanoeKids photo for marketing and social media. The club received a Lightening Kayak for use in their programs.



Eighty-four B.C. paddlers competed for their zone at the 2018 BC Summer Games in July in the Cowichan Valley. Seven of eight zones were represented in sprint canoe and kayak and whitewater slalom. Zone 5 was the medal leader with 33 medals.



Avery Wilkins from the Vancouver Island Whitewater Society was named to Canoe Kayak Canada's Wildwater National Team in May following the Wildwater Canoeing National Team trials on Ontario's Moira River..

OUR CLUBS



ALOUETTE PADDLING CLUB

The Alouette Paddling Club is entering its third year of serving Pitt Meadows, Maple Ridge and the surrounding communities. We had 175 people participate in our programs. Two of our athletes qualified for BC Games and they received a silver medal in K2, and one got a bronze in K1. Over half of our summer camp participants were children with a disability.



BURNABY CANOE & KAYAK CLUB

2018 brought some big changes to our club, and some great successes. In February, Peter Majewski took over from Wes Hammer as head coach. Our youth sprint paddlers trained hard through the year and took part in BC Cup regattas, the BC Summer Games as well as Pacific Cup.

Paddlers from our advanced group went to National team trials in Montreal, National championships in Sherbrooke and PanAm Canoe Sprint championships. They achieved some very impressive results including several medals at the Nationals.

The beginner and intermediate groups also made great strides, with some top finishes at BC Cup regattas and the Pacific Cup. Some of our Canoekids paddlers joined the fall program as well.

Many of our paddlers received recognition from CKBC for their performances.

In the spring we hosted school Dragon Boat groups at the lake, giving local students a chance to try out paddling.

Our summer program consisted of the racing groups as well as the Canoekids day camps, headed by Ben Muench. Registration for Canoekids was similar to past years. Ben did an outstanding job ensuring that all kids had a great experience at the lake. The forest fire smoke presented some significant challenges to the day camps and the sprint athletes training on the lake.

BCKC also worked with the rowers on planning with the city to deal with the ongoing weed issues. We are fortunate to have a good partnership with the Burnaby Lake Rowing Club.

The kayak polo club also continued to use our facilities and work in partnership with our club.

At our November AGM we had some changes to the board as our Commodore Steve Juranovichs resigned and long-time treasurer Mark Loutet announced his intention to resign once a replacement was found. Sherry Ernst took on the role of Commodore, Dana Pollard volunteered to be Vice-Commodore, Gina Loutet volunteered to serve as Treasurer (effective March 2019) and Nicola Colhoun continued as Secretary.

Goals for 2019 include growing our programs, maintaining our equipment and acquiring some new boats, and continuing to support our athletes to achieve new successes.

We appreciate the support of CKC, CKBC, the Canada Summer Jobs Grant, and the BC Gaming Grant. We are grateful to be able to train and play on the traditional territories of the Coast Salish people.



CHILLIWACK CENTRE OF EXCELLENCE PADDLING CLUB

In 2018, we were delighted to see the Chilliwack Centre of Excellence Paddling Club (CCEPC) and its members continue to flourish. Thanks to the hard work of Brendan Curson (Head

Coach) and the support from CCEPC Board members and many volunteers, we have continued to nurture, expand, and modernize the club's recreational paddling and competitive whitewater slalom programs.

This has included excellent coaching for our athletes, but also involved providing paddling instruction and opportunities for many school program youth, recreational members, and the general public. We are particularly proud that 3 of our 'Train to Compete' athletes (Austin Atkins, Finley Capstick, Jakob Kryworuchko) qualified for the Junior National Team and competed at the Junior World Championships in Italy. Finn Wakeling also qualified for the Junior National team but was unfortunately not quite old enough to compete at ICF events.

After competing at the 2018 National Championships (Kananaskis, AB), athletes including Austin Atkins, Finley Capstick, Jakob Kryworuchko, Isabel Taylor, and Finn Wakeling returned home with major hardware - over 20 medals! 2 of our newest and youngest athletes (Elijah Grey and Brooklyn Hornsby) competed at the BC Summer Games (Cowichan River, BC) and came away with silver medals!

As in previous years, the CCEPC hosted a variety of local Canoe/Kayak events such as the recreational Valentine's Day Race, the Rich Weiss Memorial Slalom race for the more seasoned, as well as the Tamihi 5-0 race that brings us together with the open canoeist community.

Our club also helped run the 2018 Rutherford Creek Open ICF ranking race (Pemberton, BC) in which some of our athletes competed and medaled. We've enjoyed partnering with Waterflow and the Squamish Paddling Club to co-host the 2nd Annual Mamquam River Race. We greatly appreciate event prize donations and backing from our private sector supporters such as Mt. Waddington's, Waterflow, and Western Canoe Kayak, to name a few.

The CCEPC continued to help maintain slalom course infrastructure in the region (Tamihi, Seymour, Mamquam, and Rutherford Creek sites) and participated in community events such as the Chilliwack River Cleanup Day.

At the request of the Munshaw family and their generous donations as well as those of community members, we've had the privilege of creating a memorial scholarship in Eric Munshaw's name after his passing. This scholarship strives to provide BC's whitewater slalom athletes with financial support to offset the cost of attending college or university while training.

Finally, we would like to thank the BC Community Gaming Grant Branch, the Chilliwack Foundation, ViaSport, and the Federal Career Summer Jobs program for grant funding, as well as CKBC and CKC for their support



CHINOOK PARTICIPATION

Chinook now has seven athletes in our Competitive Program and four in the Development Program; with as yet unknown additions this spring and the season ahead. We're well aware that constraints on our boat spaces equate to constraints on our growth. Yet, what we lack in numbers we more than make up in enthusiastic paddlers.

PERFORMANCE

Some of our athletes are interested in Team BC possibilities this season and, of course, in opportunities at Nationals. Two of our competitive athletes will be attending Trials this spring. Our women's canoer will be attending USA Sprint National Team Trials in Oklahoma City from April 12-14 and one of our men's kayakers will attend Canadian National Team Trials in Montreal, May 10-12.

PARTNERSHIPS

We continue partnering with the Fairway Gorge Paddling Club (FGPC), being located at their dock facility.

SUSTAINABILITY

This past AGM saw a new Commodore for Chinook, Nicole Nyvall, and the addition of both a new Secretary, Aidan Kelly and a Director at Large, Nic Dann. Nic is a previous athlete of ours who wanted to "give back" to the club. Clifton Cann remains our Registrar/Treasurer, with our gratitude.

Five of our competitive athletes have completed their ELCC training and are working towards their certification. Our certified ELCC Development Coach, Patrick Dann, is finished his Comp Dev training and will be attending regattas in that capacity going forward. Our boat storage is maxed-out but we've just managed to snag a ninth club boat slot (yes, 9).



FORT CANOE KAYAK CLUB

In the past year Fort Canoe Kayak Club has made a number of significant changes to establish the foundation and capacity for expected future growth of our club.

Of greatest significance has been the hiring of a full-time head coach, Connor Fehr out of Quebec. This has allowed us to build programs that include a wider set of options to serve the youth in our community.

We are exceptionally proud of our athletes who qualified for BC Summer Games in Cowichan Valley. Our club also sent seven athletes to compete at the 2018 Sprint Canoe Kayak National Championships in Sherbrooke, Quebec. Three FCKC athletes earned a spot on team BC

The board of directors has been strengthened with a good mix of experienced and fresh members. We have completed a systematic review and update of club policy.

With these changes, among others, the club is better positioned to train future champions and instill the love of watersports in the next generation.

Operationally we built a new website to inform and recruit, as well as register athletes. It has been of great benefit. Between the new site, and participating actively in social media, the word is getting out about our club, and that is turning into new Sprint kayak team members.

We have utilized the Township of Langley community signage program to great success. Getting our new logo and website out in the view of potential members was a smart investment.

We purchased some new boats, and other equipment that was needed. We were also given a war canoe. This opens a whole new aspect of the sport for our athletes to enjoy.

Our fundraising initiatives were not what they could have been, but there were only so many other priorities all was done that could be. A focused plan is in place for 2019.

As new board members we have enjoyed our "training year". We have now been able to look up from our immediate tasks to build bridging relationships with our sister club, Fort Langley

Canoe Club. Their board has been supportive and assisted us with anything we needed in terms of information and historical perspective.

We end this year in a solid financial position having managed to come in closely to budget. We have a clear view on our staffing plan for Summer programs, a fundraising goal and solid policy documents. Our member families have been extremely supportive, and our coach is top notch. This is setting up our club for a banner year in 2019.



NELSON KAYAK & CANOE CLUB

SUCCESSFUL GRANTS OR FUNDRAISING EVENTS

- CBT/CIP AA: \$1800
- Kidsport: \$350
- Nelson District Credit Union: \$500
- Canada Summer Jobs Grant: \$3255
- Columbia Basin Trust Sponsorship Grant: \$250
- Cardboard Kayak Race: \$900
- Viasport (Para-athlete, AB. Ed. Programming): \$1500
- Gaming Grant: \$9,000
- Columbia Basin Trust Basin Plays: \$3,828 towards purchase of a trailer
- In-kind contribution for Home Hardware: supplies
- In-kind contributions from Canoe Kayak BC valued at \$10,000

SPRINT TEAM

- Developed practice plans for each session that each had a fun focus for the night
- Developed training plans for older athletes
- Coached participants to help them improve their technique and balance
- Developed games and fun races
- Formal winter training program for older youth
- February 2017, Training camp by Canoe Kayak BC coach and National level paddler, Cory Rublee

- Confidence training, goal setting
- Race planning
- Psychological elements of athlete preparation and training

SUMMER CAMPS FOR YOUTH

- Introduced young paddlers to the sport of sprint paddling and taught them how to properly use and paddle the boats.
- Created a fun, safe and engaging environment to learn sprint paddling skills
- Developed a flexible week practice plan that included games, crafts and paddling technique
- Recruited new young members to the Sprint paddling team
- Purchase of 8 sit on top beginner boats in 2018
- 6 weeks of programming, with many weeks at 100% capacity

JUNIOR AND ADULT COACH TRAINING

- Provided weekly racing opportunities for kayaks, paddleboards, surfkis and OC1 racers
- Provided introductory learn to paddle group and private sessions
- Provided weekly social paddle nights
- Masters raced in a local Nelson NKCC community regatta (members and non-members), Kamloops and Maple Ridge

MASTERS RACING PROGRAM

- The NKCC made a significant effort to improve accommodations for para-athletes
- Fundraising efforts were successful in raising funds to modify a para-athlete boat for pontoon mounts (donated by Canoe Kayak BC)
- We worked directly with a para-athlete to develop a working platform for adaptive and para-programming.
- Established coaching manual guidelines for para and adaptive programming
- Successfully integrated para athletes into regular programming to advance the NKCC Sport For All philosophy.

SAFETY

- Update of the NKCC Safety Management Plan
- Developed an in-house operations manual
- Review of manual by Canoe Kayak BC
- Ran a safety training session, boat recovery in July 2018
- All coaches have up to date Standard First Aid Training
- Developed an in-house staff program training manual
- Ran a Safety Boat Operators clinic
- Developed and enforced « Cold Water Immersion » protocol
- Developed « Cold Water Immersion » protocol

REGATTAS

- Nelson, BC, Weekly Thursday night community race nights,

open to members and non-members

- Kamloops, BC Team Trials, Kamloops, BC, July 2018; 1 member qualified for BC Team
- BC Summer Games 2018, largest number of medals won by Kootenay region
- Sherbrook, Canada Sprint Championship, August 2018, 2 Nelson Members racing
- Maple Ridge, BC, September 2018

JUNIOR AND ADULT COACH TRAINING

- Provided opportunities to develop coaching skills and safety procedures
 - NKCC head coach attended Team BC Discipline Camps
 - Sprint team participants provided with opportunities to mentor coaching at summer camps and with junior sprint team
- Successfully ran a NCCP Level I Instructor Course 2018 with participants from across BC
- Successfully ran Canoe Kids Coaching Course in 2018 for junior coaches

COMMUNITY EVENTS

- Participant in Friends of Kootenay Lake Event 2019
- Festival of Programs, NDCC < 2018

COMMUNITY EVENT "CARD BOARD KAYAK RACE"

- Coaches Tessa Timmermans and Heather Potkins initiated and developed idea of cardboard kayak race based on Deep Cove, BC's event
 - To engage our community
 - Create a fun event that will introduce the sport within our community
 - Highlight our club's presence on the waterfront
 - Gain overall club experience for adults and youth in event planning and holding fun and competitive events in Nelson.
- Advertised in newsprint, radio and used social media to market the event
- Columbia Basin Trust Grant and Home Hardware to cover costs of materials

ACCOMPLISHMENTS OF ATHLETE: HEATHER POTKINS

- Heather Potkins is our first athlete to make the BC team and attend National competitions.
 - BC team for 2016-2019 seasons
 - BC Canada Summer Games team
 - BC Women's team for Nationals in Welland Ontario included a 17th of 29 in C1 (6000m) and 5th place in heats in C1 and C4 (500m).

- BC Woman's team for Nationals in Sherbrooke Quebec included a 6th place in the U19 female C-1 1,000 meter final. She was also fifth in her 500 heat and eighth in her heat for the 200.
- Awarded BC Excellence Scholarship for her performance in Canoe Kayak
- Heather received travel grants for all training camps and regattas through Team BC and qualified for sponsorship with Pacific Sport Canada.



NORTHWEST BRIGADE PADDLING CLUB

This year the North West Brigade Paddling Club (NWBPC) focused on public exposure and upgrading our documentation. We have come to realize that our community is unfamiliar with the sport of whitewater paddling and how to access our club.

2018 GOALS

1. Join public events that may draw in more members and awareness to the sport in our local area.
2. Host a paddling festival that would be featured with Canoe Kayak BC
3. Have an information table at the University of Northern British Columbia
4. Establish easy to follow AGM minute format, and Executive List,
5. Create Flash Drives for all Executive members, with all documentation needed with forms for the club.
6. Submit new "By-laws and Continuation to BC Societies.

HIGHLIGHTS

A new access point was developed to the Willow River.

The club voyageur canoe was rented.

Rick Brine ran a leadership 2 course, May 5- 6th for the initial training and August 19th was the certification. There was a total of 8 candidates and 6 were successful.

CROSSROADS STREET FESTIVAL

Crossroads Brewing hosted a local street festival featuring local

athletic clubs. NWBPC was invited to participate. The club saw this as an opportunity to showcase whitewater paddling and attract new members. An above ground swimming pool was set up in order to demonstrate combat rolls and freestyle tricks.

The fire department was kind enough to fill the pool with one of their pumper trucks. The pool was a highlight of the festival with many onlookers. The club also had a table set up where we handed out brochures and answered questions from the public. While we did have numerous people stop to talk, there was no follow up and sadly no new members were gained

PADDLE FESTIVAL ON THE HOLMES RIVER

Once again the NWBPC and paddlers from William's Lake and Quesnel journeyed to the Holmes River, located east of McBride. The River was run numerous times, and paddlers of a variety of skill levels participated. Rafts, kayaks, and paddleboards all plied the turbulent waters over the course of two and a half days. 13 members from out of town joined for the festival.



PEMBERTON CANOE ASSOCIATION

PARTICIPATION

The club had another successful season running three different dragon boat programs (elementary, high school, and adult), a recreational outrigger program, a sprint flatwater program, and a variety of summer programs. Based on CKBC Membership Data, our total membership is listed at 268, with 153 new youth members and 19 new adult members. The membership consisted of 118 male paddlers and 150 female paddlers. Members were mostly from Pemberton; however, we did have paddlers from the surrounding communities of Whistler, D'arcy, Vancouver, and Mt. Currie.

The club ran two different elementary dragon boat school programs this year. 54 students in Grade 5-7 students, from Signal Hill Elementary, did an in-class session this year, and then 19 students continued to come out for 4 Sunday morning sessions in May. 43 students from Grades 5-7 from Xit'olacw Community School did 3 dragon boat sessions in May. Paddlers in both programs were coached by paddlers from the high school program. In addition to this, the club ran a week-long Super

Course with high school students from Xit'olacw Community School. These 11 students spent each day at the lake learning a variety of paddling skills, including some traditional Indigenous canoe paddling, as well as having lessons from experts from the Lil'wat Nation on topics of fish habitats, culturally relevant sites around One Mile Lake, and the history of the surrounding area.

The high school and adult dragon boat programs ran from March – June, with practices twice a week. The Laoyam Eagles high school junior dragon boat program had 33 paddlers in the program. The Bald Eagles adult dragon boat program had 43 members, which was a steep increase in enrollment. This program expanded their training options, by having practices at Gates Lakes for members that live in the D'arcy/Birken area.

There were 13 registered paddlers in the recreational outrigger program. There were scheduled weekly practices and most paddlers were going out multiple times a week from April – November. This program runs on Green Lake in Whistler, BC where they paddle in one of the club's 6-man outriggers.

By the end of season, there were 15 junior paddlers in the sprint flatwater program. These paddlers started training in April and continued throughout summer until October. This program had a new coach this year. Several paddlers were recruited to this program from the summer camp programs. This is the first year that the program has run as an all-season program with paddlers participating in a dryland winter training program.

The summer camps had 48 registrants. There were 6 weeks of Canoe Kids camps and 2 weeks of Regatta Ready camps. The camps were full or close to full through the month of July, with many kids attending multiple weeks, however enrollment dropped off in August, due to families taking holiday and because of the smoke from the forest fires.

Three youth from the Whistler Adaptive Sports Program Society attended paddling sessions with the club throughout the summer. These sessions were run by one of our youth paddlers and an adult from the Whistler Adaptive Sports Program Society.

PERFORMANCE

The high school dragon boat paddlers competed at the Dragon Zone Junior Regatta and the Dragon Zone 500m Regatta early in the season, coming in second at both events. Two crews were made for the Concord Pacific Vancouver Dragon Boat Festival, including some kids from the Grade 5-7 program. The Laoyam Eagles crew came first in the Junior A Final and the Laoyam Falcons came sixth in the Junior B Final.

The adult dragon boat team had two crews competed at the Concord Pacific Dragon Boat Festival, including some alumni from the Laoyam Eagles program, with the Bald Eagles coming 6th in the Competitive Mixed Minor Final and the Lame Old Seagulls coming 5th in the Recreational Mixed C Final. The adults also mixed with the junior paddlers to compete in the

women and open divisions at this event. The open crew came 7th in the Open Grand Final and the women came 6th in the Women's B Final.

Kids from the sprint flatwater program competed at the Ridge Season Opener Regatta, the Ridge Invitational Regatta, the Ted Hoek Regatta, Canada Day Regatta, and the Pacific Cup/BC Championship series. The athletes showed improvement throughout the season, and there were some good results by the end of the season, with several top three finishes at Pacific Cup. 3 paddlers competed at the BC Summer Games, bringing back several medals. Pemberton won the Team Spirit Award at Pacific Cup and at the 2018 Canoe Kayak BC Awards Banquet, 3 athletes received sprint development awards. 2 paddlers competed at Nationals, with one paddler making a final for the first time, as well as this being the first time that the PCA has attended Nationals as a club.

The Regatta Ready camps from the summer program finished off with the option of attending the Ridge Invitational regatta and there were several paddlers who attended this race and then continued to practice and compete with the flatwater program for the rest of the season.

PARTNERSHIPS

The club received grant money from PVUS (Pemberton Valley Utilities Service) and the Squamish-Lillooet Regional District to purchase two used 10-man dragon boats.

The club partnered with Whistler Adaptive Sports Program to offer the adaptive paddling program during the summer.

The club worked with the teachers at the two elementary schools to coordinate the dragon boat program for these students during instructional time.

The club also worked with the Pemberton Community Center to offer the summer camp program. They advertised and took care of registration for these camps. The club received a Canada Summer Employment Grant to help with this program, and two students were hired to run the program.

The club received a Community Gaming Grant which assisted with paying coaching salary and purchasing equipment for the club.

Finally, the club worked closely with the Village of Pemberton to coordinate usage at One Mile Lake Park. The Village of Pemberton provided maintenance of the boathouse exterior, including painting it this season.

SUSTAINABILITY

The dragon boat program continues to show stability in its enrollment numbers. The focus on the Grade 5-7 program and trying to get as many school kids out in dragon boats, helps in recruitment to the high school program. As well, high school alumni and parents of youth paddlers join our adult dragon

boat program, helping to sustain the numbers in this program. The adult program saw a huge increase in enrollment this year due to recruitment by current members.

The two local schools continued to have interest in classroom visits to One Mile Lake to dragon boat paddle. This year, there were 5 different classes that participated in our program.

There continues to be sustainability in the outrigger program. There are an active group of seniors who enjoy the recreational program, and we have one member who is constantly promoting the program and recruiting new members. The adult dragon boat program also feeds into the outrigger program and is a natural transition for those paddlers in the summer.

A full-time employee was hired from May-August to run the flatwater program and to oversee the summer camp employees. This has proven to be a good success for our club, with much improvement in our paddler's skills and competition results. The coach's contract was extended for another month of full-time work in the fall, and then a winter dryland training was developed, with the coach working part time through the winter months.

The summer camp program continues to grow with the club offering a whole summer's worth of camps this year.



PENTICTON RACING CANOE CLUB

PARTICIPATION

Penticton junior program saw growth this season with an increase in membership from 18 up from 9 members in 2017. All our members are at a development level. The junior program had tremendous support from parents who became members to be able to help paddle and keep our young kids safe on the water. It was amazing to see three outriggers and a handful of smaller boats out on the water paddling together.

The adult membership decreased in 2018 down to 31 regular members from 50 the year prior.

The Canoe Kids summer paddling program saw a slight increase in numbers from the previous season however the numbers are still low. We have chosen not to run a summer camp program for the 2019 as we did not have a volunteer to supervise the

summer student.

PERFORMANCE

This season we hope to get some of the older junior paddlers entering into races. The first race we have a team for is the 2019 Duel of the Desert in Penticton. We also plan to send a team to the 2019 Waterman Paddle Fest in Kelowna.

Our club primary focus is outrigger paddling however we are trying to grow the Canoe and Kayak portion. The club purchased two lightening Kayaks from CKBC.

PARTNERSHIPS

Penticton Racing Canoe Club and Penticton Dragon Boat work together and share the boat house facility on Skaha Lake. We are in need of more space and a new boat house. The current boat house had beams installed to support the roof for the winter load.

We will continue to encourage our paddlers to consider attending training camps in Kamloops as that is the location in which CKBC is hosting a BC Games development training camp.

SUSTAINABILITY

With the advertisements we are running in the Penticton Recreational Guide it has increased the awareness of our programs and helped increase our registration numbers. The City of Penticton has also supported us and advertised a Free Try and Paddle days for Juniors which helps increase the exposure to the sport. The City is also advertising our Intro to Outrigger program for adults to attend. We hope to offer this class to 15 new paddlers.

Skaha Park, where our boat house is located, is under review by the City of Penticton and one of our board members is on the Penticton Parks Planning Committee. We plan to present to the committee the benefits to all Penticton residents of having a boat house at Skaha Lake.

The board recently had a planning meeting and identified some long term goals – New Boat house, acquire an OC6 ultralight, have juniors compete in the Summer games, have multiple adults teams competing, hire paid employee and two summer students, and purchasing safety boat.

PRCC VISION

The pursuit of excellence in canoeing and other paddle sports through introductory and advanced instruction, technical and physical training and competition with an overall commitment to accessibility to the sport for person of all ages and abilities.



PITT MEADOWS PADDLING CLUB

Pitt Meadows Paddling Club has had a very successful year with all of the programs we offer.

School programs continue to be a popular way to provide students with exposure to both paddling and the outdoors. 374 School children, 31 adults from 7 schools, 223 Community kids and 21 adults from 9 Community groups attended our site. Thomas Haney Secondary School formed a Dragon Boat team and trained over 8 weeks with the goal of racing in the Concord Pacific race in Vancouver in June.

They placed in the top 3 and had a great time enjoying the experience of Dragon Boat racing.

Our children's CanoeKids camps had 211 attendees this year over the nine weeks. Four staff members ran the program. The youth program for slightly older children was a big hit and we are hoping to expand it this coming year.

Public paddling sessions offered weekdays between 6 to 8 offered various means of transport on the water with stand up paddle boarding being a very popular activity. Kayaks, stand-up paddle boarding and canoes also left the dock to return by 8 into the sometimes very impressive sunset. Attendance is always weather dependent. However, with over 1000 entries into Pad Trac our club was very busy with recreational paddlers.

One of the teams from our Club - The Voyageur racing crew practiced weekly and participated in a race in Prince George's Northern Hardware marathon canoe race, and won their class. There is also a recreational voyageur group that paddles weekly.

The outrigger paddlers practiced all year, going out Sat mornings in the winter, and evenings in the summer. Two dragon boat teams are based out of our club. Both entered several races ranging from Vancouver to Harrison Hot Springs and did quite well.

Fundraisers included selling Rotary duck tickets. We did better than the year before with the Duck ticket sales and have some new ideas for selling more in 2019.

PUBLIC EVENTS WE ATTENDED:

Earth Day activities on April 21 had beautiful weather. A couple of kayaks for people to sit in and setting up a kids table with activities to attract more people into our booth seemed to bring results.

Pitt Meadows Day in the Park and Parade, June 2, had many volunteers come out to help, including one family that had canoe costumes for the parade. We handed out coupons advertising the Open House to encourage people to try out our club. The table in the park was very busy handing out information and answering questions.

The Open House had many people attend even though the weather was cool and misty on and off.

The volunteers were great at getting people out in the boats of interest in a very short period of time. Some eager beavers were able to try type of water equipment available. We also had quite a few return people who come out every year and give us great positive feedback.

Maintenance and clean up days at the club are always fun and very productive. This year, we had an emergency clean up due to flooding from rain and runoff in the spring. A big thank you to all of those volunteers who came out in their rubber boots to secure the docks in the faster flowing water.

Maintenance is ongoing. We fixed our drum for the dragon boat teams and purchased a new dragon boat. We put up a new shelter and fixed the docks, with plans of fundraising to replace docks.



REVELSTOKE PADDLESPORT ASSOCIATION

DAVID THOMPSON PADDLESPORT CLASSIC

Despite a significant increase in publicity and advertising by mail, in print and digitally, only 6 entries for the event were received by the entry deadline compared to 20 received in 2017. As a result the event was cancelled for 2018.

For 2019 the Committee is studying reasons for the lack of entries and the possibility of making considerable changes to the event format.

When we have decided what the future of the DTPC will be we

will provide all the details to our sponsors with an outline of our financial situation and will offer a refund, or request that the funds be retained and used to support the new DTPC initiative, or be used to support the Revelstoke Paddlesport Association in other endeavours such as the Jordan River Festival, Demo Day or Canoe & Kayak Instruction.

JORDAN RIVER FESTIVAL

The event was successful beyond our imaginations – with almost triple last years turnout (from twenty to sixty racers) we brought together both local and international paddlers to race and enjoy the rivers of Revelstoke. In addition to the increase in kayakers we also saw huge growth in the amount of spectators who came out to watch and join in the weekend's events!

PADDLING POOL SESSIONS

This year was our first crack at offering the community the opportunity to paddle in a warm controlled environment. The participation was overwhelming and we have already committed to running them again this coming winter.



RIDGE CANOE & KAYAK CLUB

PARTICIPATION

We had some great results in our sprint canoe/kayak program this year from a local to international level. We participated in the July Canada Day regatta in Regina for the first time in many years. We had six athletes attend Nationals; Cassidy MacPherson, Sam Rosenthal, Stephen Wang, Alex Dmitriev, Darren Granale and Brian Malfesi. Brian won gold in the Senior Men's K-1 1000m and also represented Canada at the Pan American Games. Cassidy medalled with a bronze in the U16 Women's K-1 1000m.

We ran an out of town Spring Training Camp in March in Florida. Our camp in 2017 demonstrated its merit, however due to costs and logistics we are running our camp at Whonnock Lake in 2019

PERFORMANCE

Our school and group programs are running extremely well and had a very successful year. We had school and group bookings on almost every day possible and had over 1000 paddlers go through the program. We already have many schools booked

again for this year.

Summer programs were well run this year by Keiffer, Tessa and Sydney. Our summer camps were well attended and we had great weather during the spring and summer, which helped our rec paddlers have a positive experience.

Dragon Boat attendance this year saw no improvement over last year and we are still struggling to fill the boat during practices. It remains an area of opportunity for us.

We put in some extra effort this year into improving our safety culture. We appointed a Safety Officer and updated and improved our safety plans and procedures.

It is our goal that our athletes at all levels are successful in achieving their goals; that participation in sport encourages team work and gives each athlete life long skills so that they are successful in whatever they choose to do.

PARTNERSHIPS

2018 was our third full year under the Lease agreement between RCKC and the City of Maple Ridge where we pay a monthly rent for our facility. RCKC is part of multiple planned Parks and Rec. improvements in Maple Ridge. One of the proposals involves a new dock, boat house and renovation of the clubhouse at Whonnock Lake. Plans for start of the project are now some time in 2019, but may, as often happens, be delayed further in the future. The 2020 BC Summer Games will be using Whonnock Lake as one of its venues. One of our members, Richard Rosenthal, has graciously donated the funds for a new race course that we will be installing in 2019!

SUSTAINABILITY

In 2018, we changed our coaching position from one head coach with assistants, to two co-coaches in an effort to control labour costs and to provide improved program coverage. It appears to have been successful as we are able to go ahead and purchase two new club boats in 2019, the first boats we will have purchased in many years.

For fundraising we held a Pub Night this year which proved successful, we also sold Krispy Kremes and Rotary Duck tickets. We established a Grant Committee in 2017 that seeks out and applies for grants for which we qualify. We received a grant from MEC (Mountain Equipment Co-op) and were able to purchase all new lifejackets this year!

RCKC was diligent about running enough programming to ensure that revenues and increasing membership could support the continued employment of high performance coaches that provide a high level of competitive training. RCKC Directors must continue to increase fundraising, apply for appropriate grants, sustain and grow our programs, keep growth in membership a priority and rely on sensible business practices for long term sustainability of our club.



SQUAMISH PADDLING CLUB

2018 SEASON WRAP UP

- The boat house on the Mamquam Blind Channel is fully operation:
 - Planting party to plant along the fence was probably our best attended volunteer event of 2018 - Apr 28, 2018 – Thanks to all
 - Solar system with lighting in containers in breezeway and containers to allow extended paddling and better visibility in the facilities
 - Kayaks, SUPs, OC1 storage is almost to capacity
 - Exterior fenced compound now has an external storage cabinet built by Squamish Men's Shed – structure installed, finishing touches and additional rain barrels to be added in 2019
 - Safety gear for participants in club programming is in place (PFDs etc)
 - Monthly inspections completed using Facility Inspection form
 - Minor graffiti and no vandalism to date
 - Works to do, install address signage for building, looking into external lighting, install racks for club boats
- Hosted 6 NCCP workshops from the Competition introduction theory stream in February for 11 participants in total (7 attended all 6 modules, other 4 between 1 and 2 courses).
- Hosted District of Squamish Kids SUP program with 6 school age children participating
- Borrowed paddles and surfskis to run our first kids Kayak camp on 4 surfskis – 8 participants.
- Awarded a grant by the Whistler Blackcomb Foundation which went towards buying an OC4 which has arrived – will be one of the components of our 2019 kids camps
- Awarded a grant by Canadian Outrigger Racing Association

to purchase PFDs and paddles for kids outrigger paddling in the OC4.

- Canadian Downwind Championships (OCs 1 & 2, SUPs) were again a success – 129 participants representing 11 countries – funds received - scheduled again for this year July 10 – goal to have 170 participants – 113 registered so far – ahead of 2018 pace – request for volunteers
- Paddling pool sessions were done in the fall and will start again this spring – Saturday nights good attendance – it is paying for itself
- Given the poor attendance at 2018 Social paddles included a fitness paddles, full moon paddle, weaner roast the exec decided to focus future volunteer effort on kids programming to better grow the sport in Squamish and better align to the club's constitution.
- A six person Outrigger Canoe (OC6) was rented from the Pemberton Canoe association to gauge the interest in Outrigger paddling - hence purchased a four person
- Plastic Oceans – fund raiser and environmental awareness – put on by Squamish Terminals – funds raised for Watershed Society, Ocean One Tours, Auxiliary Coast Guard and Squamish Paddling Club – Jan 19, 2017 World Premiere – full house at the Eagle Eye Theatre with a 5-person panel including the Mayor – funds will be used for environmental initiatives
- Paddling Expo with Deep Cove Outdoor Sports. Valhalla Pure, Escape Route – May 26, 2018
- Reel Film Festival sponsored by Valhalla Pure – fund raiser – well attended – May 10, 2018
- Squamish Paddling Club Website upgraded performing well
- Facebook page up and running
- Sea to Sky Marine Trail is becoming popular destination in Howe Sound
- Monthly meetings held by Club Executive
- AGM meeting was well attended
- Financial report is sound

UPCOMING FOR 2019

- Pool sessions 2019 – 8:00 PM to 9:20 PM
- Paddling Expo May 2019
- Reel Paddling Film Festival – date TBD
- July 10, 2018 Canadian Downwind Championships
- Assist with 'Divers for Cleaner Lakes & Oceans' ?



THOMPSON RIVERS INTERIOR PADDLING SOCIETY

2018 ANNUAL REPORT

- T.R.I.P.S. is located in Kamloops, B.C. at Pioneer Park on the South Shore
- Club's mandate and mission or to develop the sport of marathon racing in all its forms in canoe, kayak, surfski and standup to name a few. Club also is heavily involved in recreational, non race activities in the Thompson watershed area mainly.
- Current executive members include Darryl Spencer (chair), Christopher Nicolson (Sec.), Blaine Holden (Treas), Scott Decker (Safety), Director at Large: Shirley Sanderson (Marketing)
- The start of 2018 commenced with planning the season with several media articles/sessions in outlet including, CFJC midday tv, CBC local radio, Kamloops This Week paper and Echo
- A learn to paddle five week session was partnered with City Recreational and Culture
- Three Pool Sessions in Feb/March and five consecutive Tues in April/May.
- Thursday paddlers were fitness/marathon oriented as well as weekend paddles in Marathon and Rec.
- Several small half day excursions took place.
- Local marathon paddlers attended Prince George, Enderby/ Kamloops, Bellingham Ski to Sea events
- TRIPS attended the BCRCA Conference in Hope with Marathon Canoes
- A Thompson River TRIP took place in late August with the Victoria Club in Voyageur and tandems
- The numbers in the club were 32 and an additional 14 were associated by way of their CKBC. Marathon Individual Membership on Padtrac
- The regular adult fees were \$75 a year with discounts for

senior, junior and other paddle club

MEMBERSHIP

- T.R.I.P.S. also hosted a one day marathon clinic in early May
- Several upgrades were done to a voyageur canoe with costs around \$700 and free labour.
- TRIPS is also focused on the owning of several watercraft and will continue to fundraise for
- Langley voyageur, and solo and tandem citizen type racing models.
- Paddling season is usually from mid March to mid November
- The age range is from youth to seniors up in their 70s.
- T.R.I.P.S. or Kamloops Canoe & Kayak Club members have been involved hosting marathon races 1983.



TWO RIVERS CANOE CLUB

The Two Rivers Canoe Club (TRCC) is a locally organized volunteer marathon canoe club here in Prince George, BC. Our mission is to promote the sport of marathon paddling in our community and in the North. Through on and off-water instruction we hope to teach the technique of the marathon stroke and effective propulsion of a canoe in still and moving water. As well, learning how to read the currents in rivers is essential. Underpinning all instruction is the teaching the essentials of water safety which is reiterated often. Communication within the TRCC is via emails and our (TRCC) Facebook page. In 2018 the TRCC was made up of 23 members, 7 female and 16 male. We are working on recruiting new members in our community.

The TRCC organizes weekly club paddles at Cottonwood Park here in town. These have traditionally been Tuesday evenings at Cottonwood Park. This year we are trialling a Wednesday club paddle to allow some club members to Road ride with the local cycling club. New members were encouraged to join. The growth of marathon paddling in our community has remained stable because of a few members but the sport of marathon paddling is not growing quickly. The sport gains exposure and

curiosity from people in our community when we have our weekly paddles or hold a competition on the local rivers.

Our club dues have remained stable at \$50 per member, \$25 for students. We recognize that \$30 goes to CKBC. We have remained financially stable but have not grown. We have not engaged in any fundraising for the Club per se. We fundraise for the our annual race the Northern Hardware Prince George Canoe Race which is now in its fifth year.

The Northern Hardware PG Canoe Race (NHPGCR) attracts about 100 paddlers/competitors. The Race incorporates two Classes. The Alexander Mackenzie Class is a 67.5km down river Race for experienced paddlers in tandem canoes. The Simon Fraser Class allows competitive and recreational paddlers to cover 25 km along the beautiful the Nechako River. Paddlers range for 14-75 in age and typically 30% are female paddlers.

We have had paddlers from Quebec, Ontario, Saskatchewan, Alberta, BC and Washington State. The Organizing Committee has collaborated with the PG Search & Rescue (PG SAR) and PG Jet Boat Society who as a team provide exceptional on water safety during the course of the Race which is especially important through the rapids sections of the course. The NHPGCR has attracted amazing community support and participation. Local businesses sponsor prizes that place it with the top marathon races in North America. Local business also sponsor the post Race barbecue which allows paddlers, volunteers and spectators to mingle in Lheidli T'enneh Memorial Park overlooking the Fraser River. We are in the process of organizing the 2019 Northern Hardware PG Canoe Race.

Long range plans are to fundraise for club equipment (canoes, paddles and life jackets) and a permanent boat house along the Nechako River.



VICTORIA YOUTH PADDLING SOCIETY

Victoria Youth Paddling Club Society is proud to say that we have completed our docks and storage facilities. This two year project was a huge financial undertaking and would not have been possible without the generous volunteer direction and labour of Rick Linden. We now put our efforts on rebuilding our programs

OUR TEAM

BOARD OF DIRECTORS

AS OF MARCH 31, 2018

Rob Fletcher
President / Flag Officer

Rhys del Valle
Past President / Flag Officer

Vacant
Finance Director

Sara Hopkins
Facilities & Water Access Director

Steve Juranovics
Participation Director

Francis Vaillancourt
Development Director

Scott Decker
Marathon Chair

Darcy Wilkins
Whitewater Chair

Darren Koehler
Sprint Chair

Matthew Koehler
Athlete Representative

To be elected in 2019
Member at Large





Canoe Kayak BC
Fortius Athlete Development Centre
Sydney Landing Suite 2003B
3713 Kensington Avenue
Burnaby, BC V5B 0A7