

# CDMFA NEWSLETTER

Capital District Minor Football Association, President's Update June/July 2024



## CDMFA Spring Flag Wrap-Up Festival June 8, 2024

It was the biggest CDMFA Flag season to date. With over 80 games played every Saturday, it has been busy and fun for all our flag fanatics. Congratulations to all our athletes and coaches on a fantastic season!

Stay tuned for more flag football opportunities coming in the next few weeks!

### Fall Registration / Wait Lists

The 2024 Fall Season may be one of CDMFA's biggest years yet. Some of our clubs are already reporting full rosters for some age divisions. Some clubs are looking at closing registration early as they may be running out of equipment.

- If you are a returning player and haven't already completed your registration, contact your club as soon as possible to ensure you will still have a spot for this fall season.
- If you are on a waiting list at a particular club and are looking for other options, please contact us at [cdmfcommunications@gmail.com](mailto:cdmfcommunications@gmail.com)



### Express Your Passion .... Join a Committee!

Our greatest strengths are within our own community. As we are on the verge of one of the biggest seasons for CDMFA football, we are calling on all the talents and resources of our members to make this a great season of fun and football for everyone.

Every club should be represented on each committee; tackle, flag, girls, communications, and dispute management. Did you know we also have a Special Events Team and an Evac/Emergency Team?

Contact us and find out how you can be a special part of our 2024 Season! [cdmfcommunications@gmail.com](mailto:cdmfcommunications@gmail.com)



### Upcoming Events

Event details are subject to change. Please check the CDMFA website for up-to-date information.



**\*\* Any member in good standing can attend a general/committee meeting or volunteer.**

- Jun 7-9: U16 Team Alberta
- Jun 8: CDMFA Spring Flag Finals
- Jun 8: EE Home Opener, Feature Club: Beaumont Bears
- Jun 8: U16 Girls Provincials 1pm
- Jun 8: U19 Girls Provincials 3:30pm
- Jun 14-16: U17 Team Alberta
- Jun 14-17: U18 Team Alberta
- Jun 14-15: Flag-A-thon for Stollery
- Jun 14: EE vs MTL: Feature Club: SCMFA Wolverines
- Jun 20: CDMFA Board Meeting
- Jun 20-30: World Jr Championship in Edmonton
- Jun 21-23: U18 Girls Team Alberta
- Jun 23: Leduc Tiering Jamboree
- Jun 30:** Fall Club Declaration Date
- Jul 3-13: Football Canada Cup
- Jul 14: EE vs OTT
- Jul 17-26: U18 Girls Nationals
- Aug 11: CDMFA Coaches Clinic
- Aug 24-25: U13 & U16 Tiering Jamboree
- Sept 2: U8 & U11 Tiering Jamboree
- Oct 5: EE Salute to Minor Football



## CDMFA Spring Tackle Programming

The CDMFA member clubs and teams nominated and voted on outstanding achievements for spring tackle programming both on and off the field. We would like to congratulate all the nominees and award winners for their efforts, for making us proud, and for their commitment to #footballforlife.

### U19 12-Side Tackle

#### 2024 Final Standings:

1. Edmonton Seahawks
2. Battle River Shock
3. Lloydminster Red Dogs
4. St. Albert Storm

#### 2024 Awards

##### MVP Nominees

- #33 Jack Orich - Battle River Shock
- #11 Nick Hill - Lloydminster Red Dogs
- **#80 Zayden Ward - NEMFA Seahawks - winner**
- #33 Kaleb Hunting - SAMFA Storm

##### Offensive Player of the Year Nominees

- #24 Cayden Cormier - Battle River Shock
- #5 Ben Wirachowsky - Lloydminster Red Dogs
- **#3 Zachary Wetsch - NEMFA Seahawks - winner**
- #25 Josh Wolfson-Rogers - SAMFA Storm

##### Defensive Player of the Year Nominees

- #3 Brian Robinson - Battle River Shock
- #23 Isaac Jurke - Lloydminster Red Dogs
- #44 Michael Thomas (LB) - NEMFA Seahawks
- **#8 Jack Demeter - SAMFA Storm - winner**

##### Special Teams Player of the Year Nominees

- #81 Habtamu Thain Liptak - Battle River Shock
- **#3 Matthew Falscheer - Lloydminster Red Dogs - winner**
- #99 Sairus Riley-Wilson - NEMFA Seahawks
- #1 Steele Doronski - SAMFA Storm

##### Lineman of the Year Nominees

- **#66 Noah Loveless - Battle River Shock - winner**
- #66 Jake Wicker - Lloydminster Red Dogs
- #62 Ashton Ramsbottom - NEMFA Seahawks
- #64 James Carr - SAMFA Storm

##### Rookie of the Year Nominees

- **#81 Habtamu Thain Liptak - Battle River Shock - winner**
- #51 Nolan Nicholl - Lloydminster Red Dogs
- #23 Paul Richard - NEMFA Seahawks
- #61 Maguire Woods - SAMFA Storm

##### Coach of the Year Nominees

- Adam Kuntz - Battle River Shock
- Kevin Pilkey - Lloydminster Red Dogs
- **Nick Schmidt - NEMFA Seahawks - winner**
- Zach Wilkie - SAMFA Storm





### U19 Female 6-side Tackle

#### 2024 Final Standings

1. West Edmonton Raiders
2. SAMFA Valkyrie
3. Fort McKay Northern Spirit
4. Stony Plain Bombers
5. Wetaskiwin Warriors

#### MVP Nominees

- #7 Norah Horsley - Fort McKay Northern Spirits
- **#6 Emily Krause - LB/RB - SAMFA Valkyrie - winner**
- #14 Claire Kirkman - Stony Plain Bombers
- #10 Bianka Suzuki - West Edmonton Raiders
- #7 Charlie Ware - Wetaskiwin Warriors

#### Offensive Player of the Year Nominees

- **#15 Sienna Deschambeault - Fort McKay Northern Spirits - winner**
- #47 Maya Pickering - QB - SAMFA Valkyrie
- #82 Jorja Fearnely - Stony Plain Bombers
- #8 Lacey Muth - West Edmonton Raiders
- #63 Libby Ware - Wetaskiwin Warriors

#### Defensive Player of the Year Nominees

- #27 Shakiya Kadachuk - Fort McKay Northern Spirits
- #17 Angelina Herron - DL - SAMFA Valkyrie
- #44 Madison Harrison - Stony Plain Bombers
- **#44 Haylee Ketchum - West Edmonton Raiders - winner**
- #72 Brooke O'conner - Wetaskiwin Warriors

#### Coach of the Year Nominees

- Dylan Fougere - Fort McKay Northern Spirits
- **Geoff Richer - SAMFA Valkyrie - winner**
- Nathan Bartley - Stony Plain Bombers
- Rob Friskie - West Edmonton Raiders



### U16 Female 6-Side Tackle

#### 2024 Final Standings

1. SAMFA Valkyrie
2. Wetaskiwin Warriors
3. Leduc Cats

#### MVP Nominees

- **Kinley Wood - #30 Leduc Cats - winner**
- Ellie Pickering - #88 SAMFA Valkyrie
- Kayla Jaffery - #13 Wetaskiwin Warriors

#### Offensive Player of the Year Nominees

- Delaney Socha - #85 Leduc Cats
- Porscha Tomlinson - #5 SAMFA Valkyrie
- **Grace Ness - #10 Wetaskiwin Warriors - winner**

#### Defensive Player of the Year Nominees

- Addison Griffiths - #2 Leduc Cats
- Addison Montgomery - #14 SAMFA Valkyrie
- **Lillian Harrison - #27 Wetaskiwin Warriors - winner**

#### Coach of the Year Nominees

- Eric Weremey - Leduc Cats
- Geoff Richer - SAMFA Valkyrie
- **Ed MgDougall - Wetaskiwin Warriors - winner**

## GOOD LUCK!

**To all the players, coaches, and fans who will be travelling to the first ever Female Alberta Provincial Championships!**

June 8, 2024

Setters Place, Red Deer @ Great Chief Park

U16: Central AB Fire vs SAMFA Valkyries 1:00pm

U19: Foothills Eagles vs West Edmonton Raiders 3:30pm



## Game Day Protocol

We are all here for Fun, Family & Football, which means there is no room for inappropriate behaviour or negative/hurtful comments and taunts that make our time here unpleasant.

All players, coaches, and parents have signed and committed to the CDMFA Code of Conduct and are subject to the Bylaws and Policies of not only their own club, but the CDMFA too.


There is a Game Day Protocol that all clubs and team managers are familiar with and will be implementing at all CDMFA games and events. Violations of the Code of Conduct by anyone on site, may result in removal from the game and possible suspension from CDMFA programs and events. These policies are in place for the physical and mental health of everyone and will be strictly enforced. There will be **zero tolerance for abuse or harassment** of anyone.

If you have questions, or need help finding information, please feel free to contact the applicable member of your CDMFA Executive, or the President directly through the contact portal on the website: [cdmfa.ca](http://cdmfa.ca)

As a Coach, you are expected to be completing the [Post-Game Coaches' Feedback Form](#). The information on this document helps us to identify areas where additional training and communication is needed for game time efficiency.

If you have a COMPLAINT, you must complete the CDMFA Formal Complaint Form. Once received, the document will be reviewed and actioned by the appropriate personnel. Complaints received via emails, text messages, etc. will only be regarded as a "heads up" informational piece and not reviewed or actioned by the Executive or Disciplinary Committee. Please refer to the CDMFA Disciplinary Process for complete instructions.

[Code of Conduct](#)  
[Behaviour & Misconduct Policy](#)

 **EFOA** *Ask a Ref ... We are more than happy to answer your question.* Email: [askaref@efoa.ca](mailto:askaref@efoa.ca)

**Question:** I have a question about snaps from the line of scrimmage. Does the quarterback have to be directly behind the center. Or can the quarterback be offset and the ball snapped at a 45 degree to the line of scrimmage.

**Answer:** The centre must put the ball into play by "snapping" it between his legs in one continuous motion in the direction from toe to heel. Where the ball actually ends up is up to the centre, it can go straight back or to the left or right, it all depends on the skill of the centre. For all trick plays I encourage you to check with the Officials at the field, explain the play fully to them and they can give you a ruling, before you try it in a game. Hope this helps, The Ref

## Air Quality / Weather Cancellation Policies

Please be assured that the CDMFA does have cancellation policies in place specific to weather conditions and air quality. CDMFA staff will assess the situation on a game-by-game, field-by-field basis and send notices to coaches (and post on social media) as soon as possible. In some cases, decisions about games will be determined at kick-off, or even during a game, depending on changing weather conditions.

CDMFA follows the standards set by Alberta Health Services and will cancel games when the AQHI is 7 or higher. To help determine the conditions specific to the field for the game in question, CDMFA has handheld Air Quality Monitors and will take measurements to make decisions on cancelling games. The resources used by CDMFA are the [Alberta Gov't Air Quality Site](#) and the Temtop M2200 handheld Air Quality Monitor. The EFOA uses the same Alberta Gov't site and Purple Air as resources for their part in determining whether or not games will proceed.

CDMFA makes the decision on cancelling games or CDMFA events. Clubs/coaches are responsible for making the determination about cancelling practices. Ultimately, parents will make the decision for their child/family based on the individual's health history or concerns.

Updated information will be posted to the CDMFA website in the coming weeks.

# FLAG-A-THON 24 HR. CHARITY FOOTBALL GAME

WHEN: JUNE 14-15, 2024

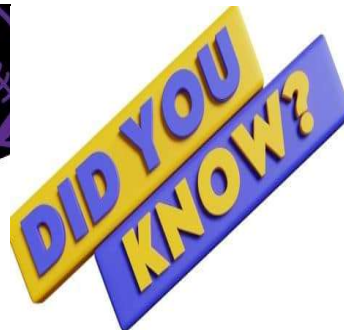
TIME: 5:00PM-5:00PM

WHERE: TAURUS FIELD



Min. 5 people/team,  
max. 10 people/team

Visit our website to register: [www.fortsaskfootball.com](http://www.fortsaskfootball.com)  
Every team is ENCOURAGED to raise \$100  
click the 24 Hr Flag-A-Thon link at the top of the page



Register Now  
with this QR code



The CDMFA Association that raises the MOST money for the Stollery Children's Foundation will get a piece of equipment from the CDMFA!

Your Association  
Could Win This!



SO FAR...WE HAVE 2 ASSOCIATIONS REGISTERED, WILL YOURS BE NEXT?



## EDMONTON ELKS

&

## CDMFA Member

### Access & Features



CDMFA members have unique and exclusive opportunities to participate in EE games, game day activities, ticket & merchandise discounts, and special appearances with EE players and staff at CDMFA events.

*Find out what special plans are in place and how you can be a part of the EE 75<sup>th</sup> Anniversary year!*

June 8, Home Opener: CDMFA Feature Club  
Beaumont Bears

October 5, Hollywood Night:  
Salute to Minor Football, All Clubs



## WORLD U20 EDMONTON, CANADA 2024 CHAMPIONSHIPS TACKLE FOOTBALL!



### The U20 International Championships in Edmonton June 20-30

Come cheer on Team Canada as they defend their Championship Title against the teams of Austria, Brazil, Japan, Panama, Australia, and USA.

Bring your team, your friends, your family to see the exciting games and participate in the off-field festivities too. ... and visit the CDMFA Activity in the Fan Experience Zone.

Tickets available at: [World Jr Football Championships](http://WorldJrFootballChampionships.com)

CDMFA families will also be part of the 50-50 Campaign and get to see the games for free. For more info, email us at [cdmfacomunications@gmail.com](mailto:cdmfacomunications@gmail.com)



[www.cdmfa.ca](http://www.cdmfa.ca)

[@capitaldistrictminorfootball](https://twitter.com/capitaldistrictminorfootball)

# Fun, Family & Football!