

FEMALE TACKLE FOOTBALL



ANGELINA
Herron

Ask Me
Anything

What does playing in an all girls league mean to you?

Being on an all girls team is more than just football. As the season progresses we grow together as a family, each and every one of us gets to help one another through our strengths and challenges. Since joining football I can truthfully say that I have found my happiness it's different from playing on a guys team, getting to be around girls who feel passionate about the same sport as you is incredible.

How did you get involved with football?

I got involved with football on a random Wednesday evening while playing badminton with my mom. I was looking a lot at the field next to us which was bring a friend to practice, and one of the coaches noticed me looking. He walked up to me and introduced himself as Coach Bucky, one of our beloved coaches who is no longer with us. He told me that he would like me on his team and that I would be a perfect fit for this team. I was very scared but also so happy. I spoke to my mother about it and decided this was the right thing for me to do. Playing girls football soon lent me to playing high school football where I became a stronger and more confident player. I wouldn't ask for anything different. Football is now a huge part of my life and it created a stronger version of me.

What is one of your favorite memories with you and your teammates?

Playing on a team leads to having lots of fantastic memories but my overall favourite memory was the energy within the locker room before a game. It didn't matter if it was an away game or a home game we still always managed to have a blast. A specific time was our championship game. The whole aura within the room was amazing. The feelings of excitement mixed with nerves made it such an incredible experience. It's tradition to always play music, eat licorice, and dance before games to let all our nerves out, and allow us to show our funny side to one another.

What would you say to a girl thinking about playing football for the first time?

First thing, don't let anyone tell you that football is "just for boys" girls deserve to play football just as much as guys do. I strongly encourage anyone thinking about joining football to just try it. It personally changed my life for the better and I couldn't be more happy being on a girls football team.

