TACKLE



ASK Me Annthung

Why do you play female football?

Female football shows how capable women can be and what they can accomplish, especially in a male dominated sport. The Stony Plain Bombers have given me a home, a family like no other. My football family are there to support me and push me to be a better player and an individual. They understand me and give me purpose. Football provides a healthy and safe environment for me to express myself.

What does playing in an all girls league mean to you?

Through football, I have become a stronger person both physically and emotionally. I feel that I have grown as a leader and am eager to share my knowledge of the sport. Since I started football, I have become more confident, not only on the field but in my personal life too.

What is one of your favorite memories with you and your teammates?

I had a goal to play on Team Alberta and that goal became a reality. Playing on Team Alberta provided me the opportunity to meet other female athletes that shared the same goals as me. Their strength and commitment of the game only made me love the sport more.

What would you say to a girl thinking about playing football for the first time?

The coaches that I have met along my football journey have empowered me to be my best and I wouldn't be where I am today without them. If you're hesitant about playing football, don't be. It will be a family that you will never forget.

