



Newsletter

September 2025 EDITION

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CDMFA PRESIDENT'S MESSAGE - Tracy Kociuba

It is incredible to think we are almost half-way through our fall season already. It has been a whirl-wind of activity and fun. A note of thanks to our Game Day Hosts and the various committees at the Hubs and event hosting sites for ensuring everyone is having a great experience. We also want to thank our coaches who ensure our players are

developing technically while learning how to be resilient and demonstrate good sportsmanship. And while it seems unfathomable, the club presidents and board members are simultaneously implementing the fall programs while beginning work on off-season opportunities and programs for spring of 2026!

We are looking forward to a fun and rewarding second half of our season. Train hard and prepare for whatever may come your way, be it tough competition, poor air quality, or old-man winter visiting our fields. Whether you are a player, a parent, or a volunteer, take the time to enjoy these moments, the memories, the milestones, the friendships, and remember them always.

AIR QUALITY CANCELLATIONS

Our U9 & U11 Kickoff Festival was cancelled on September 1, 2025 due to Air Quality issues. The last thing we want to do is cancel games, however the

health and safety of our athletes is our main priority!! We look forward to hosting the Year End Festival on October 26 for our U9 & U11's.

Any U13 & U16 games that were cancelled due to Air Quality will be rescheduled on the Thanksgiving weekend as noted during the registration process. Check the schedules on our website for dates & times.



FOOTBALL FOR LIFE SCHOLARSHIP



CAPITAL DISTRICT MINOR FOOTBALL ASSOCIATION

FOOTBALL FOR LIFE SCHOLARSHIP

Applications will be accepted starting October 1, 2025 for the CDMFA Football for Life Scholarship! This award is for graduating U16 players who are continuing their football career in high school. For eligibility, details or to apply, visit our website!

<https://www.cdmfa.ca/content/cdmfa-fall-awards>



SAVE THE DATE CALENDAR UPCOMING EVENTS*

*subject to change/always refer to the website for the most current information for an event.

Click on the calendar icon to see the full calendar.

- October 11-13, 2025** – Thanksgiving Weekend (make up date for cancelled games)
- October 16, 2025** – CDMFA Board Meeting
- October 26, 2025** – U9 & U11 Year End Festival



Click on the links for our website and socials!!



FOOTBALL ALBERTA ANNUAL AWARDS



Each year Football Alberta honors coaches, officials, media and significant volunteers with the Football Alberta awards. For award details, click on the Football Alberta logo!

Please take the time to nominate a CDMFA coach, volunteer or someone you feel deserves special recognition.

Complete a [nomination form](#) and email your nomination to admin@footballalberta.ab.ca prior to noon on Monday January 6, 2025. Award winners will be chosen at Football Alberta's AGM in January.

September 30th, 2025

National Day
for Truth and
Reconciliation



On September 30th, we recognize Truth and Reconciliation Day in Canada. This important day invites us to reflect on the lasting impacts of residential schools.

Let's take this opportunity to listen, learn, and commit to meaningful action towards healing and understanding.

[#ntrd](#) [#everychildmatters](#)

OFFICIALS CORNER



Rule 7, Section 4: Objectionable Conduct Penalties



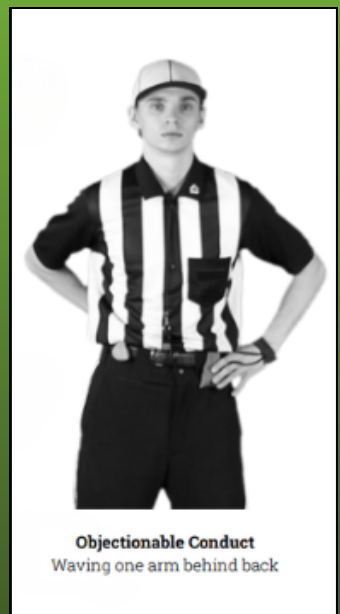
- a) The use of profane, obscene, insulting language or gestures to an opponent, official, or spectator by any player, or occupant of the team bench is prohibited.
- b) Unsportsmanlike conduct, such as throwing the ball at an opponent, an official, or occupant of the team bench is prohibited.
- c) Tactics by players which delay or hinder the smooth operation of the game shall be penalized under this section. These tactics include spiking the ball, and/or deliberately throwing or kicking the ball away after it has been declared dead on a play.
- d) Running into, or contacting an official is to be avoided.

Penalties: 1) L10 from point where the ball would have been put into play if no other foul occurred, or added to the penalty for any other foul.

- 2) If an objectionable conduct penalty is called after the Referee has whistled time in for any down, the penalty will be L10 PLS DR, and the distance chains will not be moved (unless a first down is gained from a penalty against Team B).

If the foul is of a serious nature, the player or occupant of the bench may be disqualified with no distance penalty. A disqualified player or occupant of the bench may be banished from the game site at any time at the discretion of the Referee.

- e) If a player throws a punch at an opponent, without contact, it is considered Objectionable Conduct.
- f) A coach who is playing with the team shall be considered as a player when on the field. A coach who is operating as a trainer shall be restricted to trainer's duties while attending an injured player on the field, and refrain from performing coaching duties at that time.
- g) If a player, coach, or any member of a team is assessed a second Objectionable Conduct penalty during a game the offending individual shall be removed from play.



HEALTH & SAFETY

CONCUSSION AWARENESS WEEK SEPTEMBER 21 -27, 2025

During September, we recognized "Concussion Awareness Week". This initiative promotes the continued education in prevention, detection and management of concussions in Canadian sport.

As the research that informs concussions policies, protocols and best practices is changing quickly, continued learning is required for all sport participants.

At CDMFA, we have up-to-date concussion policies and protocols to ensure all of our athlete's safety.

For more information, visit our website at www.cdmfa.ca.

To register for the free e-Learning course, "Making Head Way", head to the locker on www.coach.ca.



DID YOU KNOW?

The CDMFA requires all coaches be NCCP Certified for their applicable positions and age divisions for football within the Community Sport Stream.

All member associations must ensure that their coaching staff for each team meets Football Canada, Football Alberta and CDMFA certification requirements.

Requirements:

- "Making Headway" Module
- NCCP Safe Sport Module
- Safe Contact - in class course
- "Community Coach Trained" online and in class courses
- Police Information Check
- Vulnerable Sector Check

NATIONAL COACHES WEEK

SEPTEMBER 15 - 21, 2025

Thank you to all those who nominated a Coach to be recognized during National Coaches Week. Check out our Social Media posts on Facebook and Instagram!!

It was an honor to highlight the selfless commitment of our CDMFA coaches. We praise your passion, dedication, and the positive impact you have on players' lives by fostering skill, character, and a love for the game.

These coaches sacrifice their time to serve as positive role models and mentors, focusing on encouragement and building relationships rather than solely on wins and losses. #ThanksCoach



ARE YOU PASSIONATE ABOUT FEMALE FOOTBALL?

We are looking for committee members who are passionate about helping to develop our female programs, on and off the field!

These athletes are challenging stereotypes and highlighting their skill and passion for playing the game. Let's help showcase their hard work!

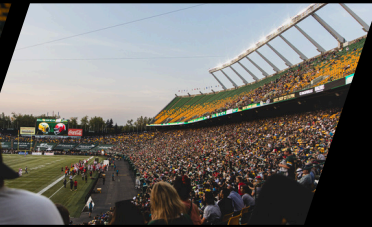
As a committee member, you will assist with recruiting efforts and promotions, as well as help plan and implement flag & tackle programs for females in the capital region.

If you are interested, email: info@cdmfa.ca



CDMFA SALUTE TO MINOR FOOTBALL

Thank you to all those who helped make our "Salute to Minor Football" another successful event for 2025! We had over 1300 CDMFA members that attended this game, and over 400 bodies who participated in on field activities! To view photos from the event, see our photo gallery on our website at <https://www.cdmfa.ca/album/2351>



CDMFA EXECUTIVE - MEET THE TEAM

Executive Director
Ryan Schulha



President
President Elect
VP Operations
VP Finance
VP Tacklet
VP Safe Sport
VP Comms & Mktg
Secretary

Tracy Kociuba
Lawrence McMath
Ali Arafat
Nick Schmidt
Bernie Fedyniak
Colin Roggeveen
Tatum Wood
Jenn Wolfe

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