

CDMFA Atom Rules 2019

Rules:

- 1) The HOME team will provide the small cones (15)
- 2) The HOME team will provide the yard marker (Bean Bag or Pylon)
- 3) The HOME team will provide the ball
- 4) The HOME team will provide a volunteer to hold the yard marker
- 5) The Team on defence is responsible to have a coach acting as a Referee.
- 6) Teams are responsible for their own trainers but as always are encouraged to work together.
- 7) Teams should set up between the fields (between the hashes) and leave the outside of the field for the cameras and the yard markers.
- 8) Teams can have one person with a camera on the outside of the field or between the 45 yard lines.
- 9) Fans are not come on the field.
- 10) Teams are very welcome to play extra downs if they can do so in their time slot.
- 11) Teams can warm up on the field for 20 minutes prior to their start time

Change Notes:

- Teams will now run 4 sets of six plays on offense and defense: total will be 48 plays.
- Two (2) pass plays per set will still be required.
- Teams are encouraged to move huddles along faster and any time left before the hour is up can be used to add additional plays for each team.
- The center sneak is no longer allowed. An "end around/guard take" is allowed.
- When the ball is inside the 5 yard line, linebackers can line up on the goal line.
- Anytime the quarter back is sacked or has a fumble on the exchange from center, that play is considered a pass play.
- When the QB hands off to a RB who is tackled for a loss that is a running play.
- No motion allowed for the RB.

- With regards to penalties all coaches are asked to talk to the player guilty of the infraction:
- Facemasks, Unnecessary Roughness, Blocking from Behind, Head or Horse collar tackles holding where it directly affects the play will results in :
- Loss of down for offense
- 5 yd penalty (or half the distance to the goal line) for defense.
- For offside and procedure we will blow down immediately and replay the down
- For holding that doesn't affect the play, referees should inform the player and the coach.

Mini Games (Huskies Division)

- Three teams play three 25 minute halves, so 3 mini games (Warm-up limited to 10 minutes)
- Teams will now run 2 sets of 5 plays on offense and defense: total will be 20 plays.
- Two (2) pass plays per set will still be required.

1st Half - Team A vs Team B
2nd Half - Team C vs Team A
3rd Half - Team B vs Team C