

2024-2026 Modified Indoor Soccer Rules

7v7 & 9v9

7v7 & 9v9 Indoor Soccer (Boardless) follows the FIFA/IFAB Laws of the game, with the following modifications:

Providing the principles of the rules are followed, the rules may be modified locally in the following aspects:

- Size of the field of play (to accommodate available space)
- Number of players (to accommodate age and field size)
- Substitutions – relating to numbers allowed
- Duration of the periods of play – relating to facility booking periods

Law 1 – The Field of Play

- The field dimensions are determined by the facility used and marked accordingly, using all markings required by the IFAB Laws of the Game.

Law 3 – The Players

- A match is played by two teams, with the maximum number determined locally by age and field size. 7v7, 8v8 and 9v9 - are all permissible depending on circumstance. 8v8 must use 9v9 rules and regulations.
- The minimum number to start or continue a match will be at the competition's discretion.

Law 5 – The Referee

- For 7v7 the match will be officiated by a referee and two assistant referees, or a single referee (district choice)
- For 9v9 the match will be officiated by a referee and two assistant referees (as per the 11v11 game format)
- For U17 and U19 games taking place on a 1/3 field size, a referee and two assistant referees must be used.

Law 7 – The Duration of the match

- The match consists of two equal halves, the length to be determined locally by field booking times.
- There is no allowance for time lost.

Law 9 – The Ball In and Out of Play

- Normal ball in and out of play principles apply from the Laws of the Game, relating to boundary lines or when the game is stopped by the referee.
- The ball is also out of play when it touches the ceiling or building structure overhanging the field of play.
- The restart will be a throw-in to the opponents of the player who last touched the ball, at the touchline closest to where the ball touched the ceiling.

Law 11 – Offside

- For 7v7 the offside rule will not be used.
- For 9v9 the offside rule will be used. Offside will be active from the halfway line.

Law 12 – Fouls and Misconduct

- If a player is sent off, their team is reduced in numbers on the field, and the player takes no further part in the match.
Competition rules will determine whether spitting on the field is a Caution or a Send Off offence.

Law 13 – Free Kicks

- Until the ball is in play, all opponents must remain at least 5 yards from the ball for 7v7 games format and 8 yards from the ball for 9v9 games format, unless they are on their own goal line between the goal posts.