

CALL REGULATIONS – 2026

Updated November 18 2025

REGULATION 1 – REGISTRATION

1.01 Except as hereinafter provided, no player shall be registered as a member of, or compete for, a team in any CALL match who has not been a bona fide resident of that Club's Boundary as established by the CALL since April 1st in the playing season.

1.02 If club boundaries of CALL are required, they will be attached in Appendix B.

1.02.1 If a player's primary residence lies within one (1) kilometre of a boundary line or within a designated border town, please refer to the Boundary Border Town Player Policy (Appendix E) for eligibility and registration options.

1.02.2 – Grandfathered Player Eligibility

Players who were previously registered and in good standing with a Member Club prior to a boundary change shall be permitted to continue registering with their previous club, provided they have maintained continuous registration with that club each playing season since the boundary change.

For full definitions, eligibility details, and procedures, refer to the Grandfathered Player Eligibility Policy (Appendix D).

1.03 If a player wishes to play on a team outside of their boundary, they must first fill out the player release form as per Appendix "F." The release request must come to the CALL board. The CALL board's decision will be final and binding, pursuant to Regulation 13.

1.04 The form of release shall be as per Appendix "F" and unless specifically stated otherwise, will be effective for one season only.

1.05 If a player changes boundary to another boundary, no release from the player's former member in the boundary they formerly resided in is necessary. The player shall, unless released, play for a team in the boundary in which they reside pursuant to Regulations 1.01 and 1.02.

1.06 Eligible transfers will only be approved by CALL if the original registration was received by the home club by March 1. Exceptions may apply.

1.07 For second (2nd) year U17 players coming from other leagues, check the appropriate LC and RMLL regulations.

REGULATION 2 – DUES

2.01 The Annual dues for club membership in the CALL shall be determined by the Board prior to the Annual Meeting. The dues so determined shall be subject to ratification by a vote of the Members at the Annual Meeting and, upon such ratification, shall become the Annual Membership dues until the following Annual Meeting.

- a) Membership fees shall be based on per player within a Member club.
- b) Club Membership dues will be charged at a rate of \$20.00 per U7 and U9 player and \$40.00 per U11,U13,U15,U17 and U19 player within said membership. To be reviewed annually.
- c) All Annual Membership Dues as determined by the Board shall be due and payable 30 days from the registration closing date, as per ALA Regulation 4.
- d) A Member shall not be in good standing unless it has paid the Annual Membership Dues as determined by Regulation 2.01.
- e) Life Members shall not be required to pay Annual Membership Dues.
- f) To maintain good standing, all members shall provide a copy of their Annual General Meeting minutes, executive lists, and Annual Financial Statements, and Proof of Filing with Alberta Societies to the CALL office by January 15th of the following playing year.

REGULATION 3 – TAMPERING

3.01 No player or potential player shall be contacted by anyone connected to a Member of a Boundary outside the Boundary in which the player or potential player resides, about playing for a team in another Boundary, without first receiving written permission from the President of the Member in the Boundary in which the player or potential player resides.

REGULATION 4 – PLAYOFF REGULATION

4.01 The CALL reserves the right to place teams in whatever classification and series it may deem is in the best interest of the CALL.

REGULATION 5 – RULES OF PLAY

5.01 Rules of play shall be those of the ALA Lacrosse Rules for the current season, with the exception of the CALL Regulations and/or Rules as adopted by the Association.

5.02 When there is a 10-goal difference at the halfway point of the game, the coach of the trailing team has the option to request the teams swap players or goalies. The game will be awarded to the team with the lead, and the score at that time will be recorded on the game sheet. Penalties will still be recorded, and players are subject to the rules and any suspensions that may occur during the remainder of the game.

5.03 CALL League games will end in a tie.

5.04 There is no drop clock in CALL League play.

5.05 Game Length



Central Alberta Lacrosse League

Time Clock Rules

(There is no Drop Clock within CALL)

Division	Allotted	Warm Up	Period 1	Period 2	Period 3	Per. Break	Clock Rules
U7	1 hour	5 min	15 min	15 min	15 min	3 mins	Run Time
U9	1 hour	5 min	15 min	15 min	15 min	3 mins	Run Time
U11	1 hour	5 min	15 min	15 min	15 min	3 mins	Run Time
U13	1 hour	5 min	15 min	15 min	15 min	3 mins	Run Time
U15	1 1/2 hour	5 min	20 min	20 min	20 min	5 mins	Stop Time *
U17	1 1/2 hour	5 min	20 min	20 min	20 min	5 mins	Stop Time *
*In U15 and U17 only the 3rd period will be played stop time.							
Clock will only stop for goals, penalties, and time-outs, except for the 6 goal differential rule. (Clock will restart when game comes within 4 goals) * Fall back rule applies in U7 and U9							
**** Music played during games must be radio appropriate and volume low (referee discretion)							

5.06 In U9, U11 and U13 each game or period will be played as run-time. Run time is defined as straight play except for time outs or goalie water breaks

5.07 In U15 and U17 only the 3rd period will be played at stop-time. Stop-time is defined as the clock only stopping for goals, penalties, or time outs except for the 6 goal differential as per 5.08

5.08 In U15 and U17 lacrosse if a goal differential of six (6) or more goals is present in the third period of the game, at the next whistle to start play, the clock will run at straight time. If the goal differential is brought within four (4) goals, the clock shall return to stop time.

REGULATION 6 - TOURNAMENTS

6.01 No player or team registered within CALL shall compete in any tournament in Alberta unless that tournament has been sanctioned by the ALA.

6.02 Teams in CALL may not participate in more than two tournaments during the CALL regular season, between the first scheduled game and the final playoff game. Blackout dates do not apply.

6.03 Any member club planning to host a tournament shall get approval from CALL, ALA, and the Alberta Lacrosse Referee Association. CALL will work with the ALA and all clubs in advance of the season to ensure that tournaments are properly coordinated to avoid duplication of age groups and to ensure adequate numbers of referees.

REGULATION 7 - COMPETITION

7.01 The CALL may conduct competitions in Lacrosse in the following age divisions or categories:

a) **U19** - Open to players under 19 years of age and a minimum of 17 years of age on December 31 in the year in which they wish to compete.

b) **U17** - Open to players under 17 years of age and a minimum of 15 years of age on December 31 in the year in which they wish to compete.

c) **U15** - Open to players under 15 years of age and a minimum of 13 years of age on December 31 in the year in which they wish to compete.

d) **U13** - Open to players under 13 years of age and a minimum of 11 years of age on December 31 in the year in which they wish to compete.

e) **U11** - Open to players under 11 years of age and a minimum of 9 years of age on December 31 in the year in which they wish to compete.

f) **U9** - Open to players under 9 years of age and a minimum of 6 years of age on December 31 in the year in which they wish to compete. Play shall concentrate on the development of players'

skills and sportsmanship.

g) **U7** - Open to players under 6 years of age on December 31 in the year in which they wish to compete. Play shall be non-competitive.

h) **Recreational Lacrosse** - Open to all ages of players for recreational lacrosse as per ALA 5.03.5.

7.02 Any exception to this regulation must be submitted for approval to the CALL Board at the annual numbers meeting or a minimum of three (3) weeks prior to the season start date of the current year. Exceptions must comply with ALA and LC regulations.

REGULATION 8 - MEMBER RESPONSIBILITY: PLAYER ELIGIBILITY VIOLATIONS

8.01 Members shall ensure that their players are eligible to play for their team in accordance with CALL, ALA, and LC Bylaws, Regulations, and Rules.

8.02 An ineligible player includes the following:

- a) A player improperly registered within the CALL, ALA, and LC Bylaws, Rules, and Regulations.
- b) A suspended player or team personnel.
- c) A player improperly released in accordance with the CALL, ALA, and LC Bylaws and Regulations.

8.03 If anyone participates in a game or if their name appears on the game sheet while ineligible, the persons responsible will be subject to immediate discipline, and the team shall forfeit any points earned from any games played using an ineligible person.

8.04 In any disciplinary proceeding arising out of a violation of this regulation, where it is established that the person or member who or which is the subject matter of the discipline proceedings should have known of the ineligibility of the player, and if in defense of the disciplinary action, it is submitted that the ineligibility was not known, the burden of proving the lack of knowledge is on the party who is the subject of the disciplinary proceeding.

8.05 CALL Suspension Guidelines in addition to ALA and LC guidelines: **a) Fighting**

- i. First fight of the season - Player is subject to ALA and LC suspension guidelines.
- ii. Second fight of the season - Player is subject to ALA and LC suspension guidelines plus one (1) extra game suspension.
- iii. Third fight of the season - Player is subject to ALA and LC suspension guidelines plus suspension until both the player and coach appear before the League Discipline

Committee.

b) Coach Game Misconduct

- i. First offense of the season - Suspension as per ALA and LC suspension guidelines.
- ii. Second offense of the season - Suspended indefinitely. Must appear before the League Discipline Committee.

8.06 Current suspensions will be compiled by the CALL Discipline Chair and published on the CALL website in a timely manner.

8.07 The CALL Discipline Chair is responsible for contacting the coach or manager of any team affected by a disciplinary issue made by the committee. If the coach or manager cannot be contacted, the Discipline Chair must contact the president of the affected club. It is then the club's responsibility to inform the team.

8.08 An appeal fee of \$200.00 will be applied to each individual appeal issue.

8.09 ALA members participating in non-ALA sanctioned events are not covered by ALA insurance.

8.10 A coach, team official, or spectator who has received a suspension from the CALL for any reason shall not be permitted in the facility where their team is playing one (1) hour prior, one (1) hour after, and for the duration of the game. If the suspended individual is in attendance, the game points may be awarded to the non-offending team.

REGULATION 9 - BOX LACROSSE PARITY

9.01 In Box Lacrosse, where a Member Club has more than one (1) team in a Division, that club shall take reasonable steps to ensure that the teams are composed so that there is reasonable parity between the said teams. If this Regulation is breached by any Member, then the CALL shall direct that Member to take such steps as are deemed necessary to achieve reasonable parity.

9.02 Any complaints about parity shall be directed to the President of CALL, who shall form an ad-hoc committee to deal with the issue of parity with no member sitting on the ad-hoc committee belonging to the club involved. This Committee shall, after considering submissions from the complainant and the Member, make a ruling and, in the event that the ruling is that Regulation 9.01 has been breached, direct the Member as necessary.

The decision of the Committee is final and binding upon the Members, Lacrosse Teams, and Players, and there is no appeal therefrom.

REGULATION 10 - CALL CHAMPIONSHIPS AND PLAYOFFS

10.01 Team standings for playoffs will be decided on the basis of point total. In cases where two (2) or more teams are tied in points, the tie will be broken as follows and in the order indicated:

a) The team's record against each other.

b) Goal Average Formula: $GF/(GF+GA) = \text{Goal Average}$. The team with the best percentage (e.g., .467 is considered better than .463) will be considered the team with the higher standing.

c) Goals For minus Goals Against for a plus-minus rating. The team with the higher plus minus rating is considered the team with the higher standing.

d) Goals For.

e) Goals Against.

f) Least Penalized.

g) If teams remain tied, the CALL Executive will resolve the final positions.

10.02 At the conclusion of regular season play, there shall be a Championship Tournament in the U11, U13, U15, and U17 Divisions. The team which wins the CALL Championship Tournament shall be awarded the respective Division Championship Trophy.

10.03 There shall be no championship in the U7 and U9 Divisions, but there may be a fun-day wind-up to follow the regular season. The format will be determined by the CALL Executive Committee.

10.04 The winner of the U13, U15, and U17 Championship Tournament will attend the ALA Provincial Tournament in July.

REGULATION 11 - OVERAGE AND UNDERAGE PLAYERS

11.01 As per ALA Regulation 5.07, overage and underage players may be approved when the necessity arises to allow a member to form a team in a division above or below the player's appropriate age division. When possible, only first-year players will be considered to play down, and second-year players will be considered to play up.

REGULATION 12 - PLAYING IN A HIGHER DIVISION – AFFILIATION

12.01 Players may play a maximum of six (6) games per season in a higher division (which

includes regular season play and CALL Championship Tournaments, but not exhibition games) to be reviewed annually. However, a player may play an unlimited number of games in a higher division once their team in their own division has concluded its regular season and CALL Championship Tournament. The CALL Executive Committee may make exceptions to this rule provided there is compliance with ALA rules and that those players register with a team in their age division.

12.02 Teams may affiliate to a maximum of 18 players and 2 goalies. Any affiliate goaltenders must be dressed as goaltenders. Teams may carry a maximum of 2 goalies. All affiliates must be drawn from the same club and in a lower division. U9 teams are permitted to affiliate first-year U9 players.

12.03 Club teams without a division below may affiliate from another team in their Local Governing Body. Players may not be affiliated if a conflict with their normal team exists. All players' first obligation is to their regular club team. Teams may affiliate from a lower division in another club within CALL, with executive approval prior to each game.

12.04 At no time will an A-tiered player be allowed to affiliate to a B or open team within CALL. This includes league play, exhibitions, or playoffs.

12.05 Girls residing in CALL but playing in the B Division Girls league (within another LGB) may be affiliated to the same level parity box team in CALL.

12.06 For U7 and U9, any coach may request the opposing team to share players in the interest of fair play.

12.07 All affiliations must be requested via email from the requesting team's head coach to the affiliate team's head coach. Should the affiliate's head coach approve the affiliation, they will then reach out to the parents of the said affiliate. It is the responsibility of the affiliate's head coach to track the number of affiliations and send each request to their club's designated board member.

REGULATION 13 - RELEASE POLICY

13.01 Applying for a Release in B Division

- a) The player must first be registered with their home club.
- b) Releases are valid for the current season only. Each release will expire at the conclusion of the season, and previously granted releases will no longer be valid.
- c) Release forms must be filed with the CALL no later than **March 1st** of the current season for all releases.
- d) Release forms will be reviewed by the CALL Board, which has final approval of all releases.
- e) The CALL Board of Directors reserves the right to reject or approve releases with or without

cause and proceed in a manner deemed to be in the best interest of the CALL at the league numbers meeting.

13.02 Applying for a Release in A Division

- a) Any U13, U15, or U17-aged player requesting a release to play in the CDLA (specific to A teams) must complete the **CDLA Player Release Form** and file it with the CALL. b) Upon CALL Executive approval, the CDLA release form will be signed and forwarded to all interested parties.
- c) All release requests specific to the A Division must be filed with the CALL by **January 15th** of the current season.
- d) Releases are granted on a case-by-case basis and are valid for the current season only. e) Any players granted release to try out for an A team but do not make the said team must return to their home club.

REGULATION 14 - REGISTRATION DEADLINES

14.01

- a) No player, coach, or trainer is to be on the bench until registered accordingly in the RAMP registration system.
- b) Deadline for player, coach, and staff registrations is **May 15**.
- c) Deadline for team registrations is **March 25th by 11:59 pm** for U9-U17 teams and **April 4th at noon** for U7 teams. This deadline is to be reviewed annually.
- d) A team cannot register more than twenty (20) players (18 players and 2 goalies) without approval from CALL and the ALA.
- e) A team cannot register fewer than twelve (12) players (excluding U7) without approval from CALL and the ALA.
- f) All U9, U11, and U13 teams within CALL are encouraged to split into two teams when they surpass 24 registrations in that division, subject to CALL Executive approval.
- g) No over- or under-sized rosters will be approved until all inter-club transfers have been considered by the CALL Executive.

REGULATION 15 - TRAVEL

15.01 Teams traveling outside of the ALA boundaries must complete the necessary Travel Permit as per the Alberta Lacrosse Association.

REGULATION 16 - CALL SAFETY AND EQUIPMENT SAFETY POLICY

16.01 The fundamental concepts of the safety policy are to establish a standard of care intended to reduce the risk of injury from contact inherent in and incidental to the sport and to identify the responsibilities of the various participants.

16.02 GENERAL

Player safety and the use of proper equipment is the responsibility of multiple parties, including:

a) Players and parents of minor players (17 years of age and under as of January 1 of the current year) are responsible for providing and maintaining proper equipment. **b)** Coaches, trainers, and team personnel are responsible for inspecting players' equipment and preventing the use of improper equipment.

c) Game officials are responsible for enforcing the rules of the game.

d) All players are required to wear protective equipment as described and/or limited in the rules of play approved by the ALA and LC.

e) In Box Lacrosse, the use and/or prohibition on the use of protective equipment shall be as published by the ALA and LC in the Rules of Box Lacrosse.

f) Equipment shall be manufactured by a professional manufacturer and shall not be altered in any way that decreases protection to the player, increases the risk of injury to an opponent, or voids the manufacturer's warranty.

g) Any equipment that violates this policy and/or the rules of play will be removed from the game, and where required, appropriate penalties will be given.

h) Where equipment dangerous to an opponent has been used, the game officials shall report the occurrence, via the standard incident report, to the appropriate governing body.

16.03 EQUIPMENT

As per ALA Regulation 14.03, for up-to-date regulations regarding required and recommended equipment, refer to the **LC Operations Manual**.

REGULATION 17 - COACHING CERTIFICATION REQUIREMENTS

As per ALA Regulation 13:

17.01 All teams shall comply with LC Minimum Standards for coaches. To be eligible to coach, all coaches must meet the requirements of the ALA Minimum Standards as applicable to each discipline of lacrosse.

17.02 In all games (including regular league, playoffs, exhibition, tournaments), teams are required to have all bench personnel who are on the bench meet the LC Minimum Standards. In practices, teams are required to have at least one of the supervising coaches trained as per LC Minimum Standards.

17.03 In all games for Provincials, Alberta Summer Games, and games sanctioned on travel permits, teams are required to have all bench personnel who are on the bench meet the LC Minimum Standards.

17.04 Bench personnel are determined as per the ALA Registration system for each team. Only coaches with appropriate training and certified trainers are allowed on the bench.

17.05 All female-only teams must have one registered female coach as per the ALA Registration system.

17.06 All coaches must be 16 years of age in the year they wish to attend a coaching clinic and coach an ALA-sanctioned team.

17.07 Challenges at the Community Development level are not permitted. **17.08**

LC Minimum Standards will be verified by the CALL Office upon request.

17.09 Coaches not meeting the Minimum LC Standard will be suspended.

REGULATION 18 - REPLAYING OF GAMES

18.01 The CALL Executive Committee has the jurisdiction to direct that a game that has been played or partially played be replayed either in whole or in part.

- A member seeking such a direction from the Committee may submit an application to the Committee.
- Only a member can make such an application. For greater certainty, an individual or team cannot make such an application.
- Applications may only be made regarding CALL League games.

The application form must include:

- The specific game number, date, location, teams involved, and the reason for the request to replay the game.

The application must be accompanied by a **\$200.00 certified cheque** made payable to the CALL, and both must be delivered to the CALL President or CALL Executive Director. The \$200.00 fee is refundable in the event of a successful appeal.

18.02 The only grounds upon which a game may be directed to be replayed in whole or in part are as follows:

a) Where there has been a **gross and flagrant violation** of the Rules of Play by the on floor or off-floor officials.

b) Where there has been a **deliberate violation** of the Rules of Play by the on-floor or off-floor officials.

18.03 For greater certainty, mere errors in judgment, interpretations, or missed calls by officials, which are not gross or flagrant, are not grounds to grant the application.

Regulation 18 shall not contradict any rule of the ALA or LC that requires, in certain circumstances, games to be replayed in whole or in part.

REGULATION 19 - LEAGUE GAME RESCHEDULING PROCESS

19.01 After the league schedule is established, teams will have until **April 29th at 11:59 pm** of each year (to be reviewed annually) to make any changes to scheduled games.

- All game changes must be submitted to the League Scheduler at least **72 hours prior to the game**.

19.02 After the deadline for game changes has passed, the only reasons a game will be changed are:

- a) Severe weather conditions.
- b) No referees present at the arena.
- c) Arena facility problems.
- d) A death on the team.

19.03 Other game change requests after the deadline will result in the following fines:

- **\$250.00 Fine** – to be paid to CALL for a rescheduled game, OR
- **\$250.00 Fine** – to be paid to CALL for a defaulted game.
- **Cost of floor time and referee fees** – to be paid to the home team Association.

19.04 If fines are not paid within one week of the request:

- The team will be suspended from further play.
 - Games will be forfeited.
 - Subsequent floor time and referee costs will be paid for all games lost. •
- The Association will be put on notice.

19.05 If fines remain unpaid, the ALA will be notified that the Association is not in good standing with CALL, and teams from that Association will not be allowed to participate in sanctioned tournaments or Provincials.

REGULATION 20 - GAME REPORTS

20.01 For Game Results (U7-U19), immediately following a game, the Home Team must scan the score sheet entirely (including referee names and game number) and email it to **admin@centralalbertalacrosse.com** and **discipline@centralalbertalacrosse.com**.

20.02 All league games must be entered and verified on the CALL website within **24 hours** of the game ending, as per reporting procedures found on **centralalbertalacrosse.com**.

20.03 All Home Teams must submit score sheets as stated in **20.01 and 20.02**, and report all game stats for league games in the format outlined on the CALL website within **24 hours** of the game completion, or face fines.

20.04 All Visiting Teams must verify score sheets as outlined on the CALL website within **48 hours** of the game completion, or face fines.

20.05 Game sheets missing any required information as per the reporting procedures outlined on the CALL website may be subject to a fine.

20.06 For U7 games, the **CALL game sheet (Appendix G)** will be used.

20.07 Game Sheet Distribution:

- The white copy remains with the Home Team (to be collected by each club's representative).
- The yellow copy is given to the Winning Team.
- The pink copy is given to the Losing Team.
- Abbreviations for all penalties are listed on the reverse side of each sheet.

20.08 All teams are required to send a copy of the game sheet from any exhibition, tournament, or provincial game—whether they are the home or away team—to admin@centralalbertalacrosse.com and discipline@centralalbertalacrosse.com.

REGULATION 21 – TIME BOX ACCESS AND MINOR OFFICIALS AGE REQUIREMENT

21.01 Time Box and Minor Officials Definition

Minor Officials include but are not limited to: Timekeeper, Shot Clock Operator, Official Scorer, and Penalty Box Attendants, as outlined in the CALL Minor Officials Guide.

21.02 Age Requirement

To ensure the safety and impartiality of all game officials, no individual under the age of 18 shall serve in any minor official capacity or be present in the time box during game play, unless:

- They are an officially registered Minor Official (e.g., through ALRA, LGB, or CALL) and are participating as part of an approved training program, AND
- They are directly supervised by an adult (18 years of age or older) Minor Official or League-appointed supervisor.

21.03 Responsibility of the Home Club

It is the responsibility of the Home Club to ensure all individuals working in the time box comply with this Regulation. Home Clubs must ensure that minor officials meet the age requirement prior to each game.

21.04 Enforcement

Referees may request the removal of any person in the time box who does not comply with this Regulation. Non-compliance may be subject to fines or disciplinary action as determined by the CALL Executive.

21.05 Exceptions

Any exceptions to this Regulation must be requested in writing to the CALL Executive Director at least 48 hours prior to the scheduled game and will be reviewed on a case-by-case basis.

REGULATION 22 - REFUND POLICY

22.01 The process of determining groups, teams, and registration numbers requires significant volunteer effort and operating costs. In the event that withdrawal from a program is necessary, the following course of actions will apply:

a) All Cases: A \$50 non-refundable administration fee will be assessed on all registrations, regardless of cancellation date.

b) After groupings/teams have been determined: A 50% fee refund will be issued, less the \$50 administration fee.

c) If a season/camp is canceled due to unforeseen circumstances or circumstances beyond the control of the Central Alberta Lacrosse League, the Executive will review the budget and issue refunds according to expenses already incurred. A full report will be made available to all members.

22.02 In cases where an injury prevents a player from continuing to participate in the program, a **medical certificate** will be required before the CALL Executive can consider any associated

refund.

22.03 After teams or camp groups have been declared, a lack of interest or a change of sport will not be considered grounds for a refund.

REGULATION 23 – TRY-IT EVENTS AND SCHOOL VISITS

23.01 Purpose

Central Alberta Lacrosse League (CALL) encourages its Member Clubs to promote the sport of lacrosse through Try-It Events and School Visits in their communities. This regulation clarifies financial responsibility for associated expenses when CALL Volunteers attend such events.

23.02 Club Responsibility

When a Try-It Event or School Visit is held:

- by a Member Club, or
- within the boundary of a Member Club, or
- hosted or coordinated by CALL within a Member Club's boundary area,

The Member Club that encompasses the event location (school or facility) will be responsible for reimbursing CALL for any expenses incurred by CALL Volunteers attending on behalf of CALL.

23.03 Eligible Expenses

Expenses eligible for reimbursement include, but are not limited to:

- Mileage — in accordance with the current CRA or CALL-approved mileage rate
- Meal per diem — lunch and/or dinner where applicable (as per CALL per diem guidelines)
- Other pre-approved costs directly related to attendance at the event (supplies, parking, etc.)

23.04 Billing and Payment

CALL will provide the Member Club with an invoice for eligible expenses following the event. Payment is due within 30 days of receipt of the invoice.

23.05 Volunteer Approval

CALL Volunteers attending such events must be pre-approved by the CALL Executive or its designate. Any expenses not pre-approved will not be billed.

23.06 Clarity of Application

This regulation applies whether the event was requested by the Club, the school, or organized centrally by CALL. It applies regardless of whether the Club itself directly manages the event or whether CALL coordinates it centrally.

REGULATION 24 - VIOLATIONS OF BYLAWS, RULES, AND REGULATIONS

24.01 VIOLATION AND DISCIPLINE

24.01.1 Any Member, Lacrosse Team, Player, Coach, Manager, Trainer, or Official that violates or breaches a Bylaw, Rule, and/or Regulation is subject to discipline as outlined herein.

24.02 CODE OF CONDUCT

All Members, Players, Coaches, Managers, Trainers, Officials, and Members of Members shall:

- a)** Attempt at all times to work toward the goals and objectives of the CALL and the game of Lacrosse, and towards the betterment of its members.
- b)** Strive to heighten the image and dignity of the CALL and the sport of Lacrosse as a whole, and refrain from behavior which may discredit or embarrass the CALL or the game.
- c)** Always be courteous and objective in dealings with other members.
- d)** Except when made through proper channels, refrain from unfavorable criticism of other members or representatives of the CALL.
- e)** Strive to achieve excellence in the sport while supporting the concepts of Fair Play and a drug-free sport.
- f)** Show respect for the cultural, social, and political values of all participants in the sport.
- g)** As a guest in a foreign country, other province, or association, abide by the laws of the host and adhere to any social customs concerning conduct.

24.03 NATURAL JUSTICE

The rules of natural justice apply to the CALL Discipline and Appeal

process. **24.04 SUSPENSIONS**

CALL shall establish suspension guidelines accompanying infractions committed during a lacrosse game. There is no appeal from automatic suspensions as defined in ALA Regulation 21.

24.05 JURISDICTION OF DISCIPLINE/APPEALS COMMITTEE

Discipline or appeal matters may come within the jurisdiction of the Discipline/Appeals Committee through:

- a)** Receipt of a complaint.
- b)** Referral by the President or Vice President of an alleged violation.
- c)** Game infractions subject to automatic referral to the committee.

- d)** Appeals from the decision of the President pursuant to Bylaw 7.03(e) or
(f). e) As defined in ALA Regulation 21.

24.06 HEARING PROCESS

a) Upon receiving notice or information as per 22.07, the Chair of the Discipline/Appeals Committee shall appoint a hearing committee and set a date, time, and place for the meeting within **7 days** of the appointment.

b) If the Chair is unable to act, their appointee shall act as Chair.

c) The Chair will advise the procedure to be followed at the hearing. It is at the discretion of the Committee to allow witnesses or evidence at the hearing.

d) All interested parties will receive reasonable notice and are entitled to attend at their own expense.

24.07 APPEAL FROM DECISION OF MEMBER

If a Lacrosse Team, Player, Coach, Manager, Trainer, or Official is dissatisfied with a decision made by a Member, they may appeal to the Discipline/Appeals Committee if: **a)** The decision relates to Bylaws, Policies, Rules, and Regulations.

b) All appeal avenues provided by the Member have been exhausted.

24.08 APPEAL TO BOARD

An appeal may be made to the Board regarding any part of a decision made by the Discipline/Appeals Committee pursuant to Regulation 22.

24.09 APPEAL PROCESS

a) Appeals must be initiated by a written **Notice of Appeal** filed within **7 days** of the decision being appealed.

b) The Notice must include:

- Statement of the decision being appealed, including a copy of the decision if available.
- Grounds for appeal and supporting evidence.

24.10 APPEAL FEES

Appellants must pay a **\$200.00 fee** with the filing of the Notice of Appeal. The fee is refundable upon a successful appeal.

24.11 APPEALS TO BOARD PROCEDURE

Appeals to the Board follow the same procedures as Appeals to the Discipline/Appeals Committee, with necessary adjustments.

REGULATION 25 - FINES

25.01 Any Club that does not send representation to CALL meetings may be fined **\$250 per meeting**. This does not include the CALL Executive.

25.02 Any **HOME team** that does not report their game score, penalties, and submit their game sheet in the desired manner for the current season within **24 hours** of the game time may be fined **\$50 per game sheet**.

25.03 Any **VISITING team** that does not verify their game score and penalties in the desired manner for the current season within **48 hours** of the game time may be fined **\$50 per game sheet**.

25.04 Any **HOME team** that submits a game sheet missing required information as per CALL game reporting procedures may be fined **\$50 per game sheet**.

APPENDIX CONTENT

“A” CALL CLUB BOUNDARIES

“B” VOTING STRUCTURE

“C” PERDIEM AND EXPENSES GUIDELINES

“D” GRANDFATHERED PLAYER ELIGIBILITY

“E” BORDER TOWN PLAYER POLICY

“F” RELEASE FORM

“G” U7 GAMESHEET

APPENDIX A – CALL Boundaries [LINK TO INTERACTIVE MAP](#)

required. **APPENDIX B – VOTING STRUCTURE**

Voting Structure Board of Directors (1 Vote Each)

Past President
VP of Administration
VP of Finance
Discipline

Residents of Members (1 Vote Each)
Red Deer
Olds
Chargers
Lacoka
Innisfail
Blackfalds
Stettler
Sylvan Lake
Hanna

APPENDIX C — Per Diem and Expenses Guidelines

Purpose

To ensure consistent, fair, and transparent reimbursement for volunteers, officials, and CALL representatives attending sanctioned meetings, events, tournaments, or promotional activities on behalf of the League.

1. Mileage

Mileage will be reimbursed at the **Canada Revenue Agency (CRA)** rate in effect at the time of travel and reviewed annually.

Mileage claims apply only for travel **outside** the volunteer's home municipality. When multiple passengers are travelling together, only the **driver** may claim mileage reimbursement.

2. Per Diem Rates

Daily allowances for meals are provided when performing approved CALL duties. Receipts are **not required** for standard per diem claims; however, the travel dates, purpose, and event attended must be clearly stated on the expense claim form.

Meal reimbursements are as follows:

- Breakfast – \$15.00, when travel begins before 7:30 a.m.
- Lunch – \$20.00, when travel occurs between 11:00 a.m. and 2:00 p.m.

- Dinner – \$30.00, when travel concludes after 6:30 p.m.

The **maximum daily per diem allowance** is \$65.00.

When meals are provided by the host (such as at a meeting, conference, or tournament), a per diem for that meal will not be paid.

Alcohol purchases are **not reimbursable** under any circumstances.

3. Accommodation

Accommodation will be reimbursed at the actual cost of a standard room for pre-approved overnight stays directly related to sanctioned events.

CALL will reimburse the lesser of the single-occupancy hotel rate or a shared-accommodation rate arranged through the event host.

All accommodation claims must be supported by **itemized receipts**.

Private lodging, such as staying with friends or family, does not qualify for reimbursement.

4. Other Allowable Expenses

Reimbursable expenses may include parking, tolls, and other reasonable costs directly related to attendance at sanctioned events.

All such expenses must be **pre-approved** by the CALL Executive.

Supplies, promotional items, or other materials purchased on behalf of CALL must also be approved in advance.

All allowable expenses must be supported by receipts.

5. Submission and Payment

Expense claims must be submitted within 30 days of the event using the official **CALL Expense Claim Form**.

Reimbursements will be processed within 30 days of approval by the CALL Executive or Finance Director.

Claims submitted more than 60 days after the event may be denied unless special authorization has been obtained in advance.

6. Review and Updates

The per diem rates and reimbursement procedures will be reviewed annually by the CALL Executive to ensure alignment with CRA standards and ALA best practices.

Any revisions or updates to these guidelines must be approved by the **CALL Board of Directors** prior to implementation.

APPENDIX D — Grandfathered Player Eligibility Policy

Definition

A Grandfathered Player is a player who was previously registered with a Member Club and continues to reside within an area that, due to boundary realignment, now falls under a different club boundary as defined and approved by CALL.

Eligibility

Players who were registered and in good standing with a Member Club prior to a boundary change shall be permitted to continue registering with their previous club, provided they have maintained continuous registration with that club each playing season since the change.

This provision does **not** apply to players who have requested or been granted a release to play with a club outside their original boundary.

Loss of Grandfathered Status

A player will lose grandfathered eligibility if:

- a) They register with another club following the boundary change; or
- b) They fail to register for two (2) consecutive seasons with their previous club without a valid exemption approved by the CALL Executive.

New Players and Siblings

- a) New players who have never been registered within CALL shall register based on the current approved boundary map.
- b) Members of the same household as a grandfathered player may be granted grandfathered status upon request, subject to CALL Executive approval.

Record of Grandfathered Players

Each Member Club must maintain and annually provide to CALL a list of grandfathered players, verified by the League Registrar before the start of each playing season.

Appeal Process

Any disputes related to grandfathered eligibility shall be submitted in writing to the CALL Executive for review. The Executive's decision shall be final and binding, pursuant to Regulation 13.

APPENDIX E — Boundary Border Town Player Policy

Purpose

To provide equitable registration options for players and families residing in communities located near the borders of two or more approved CALL club boundaries.

Definition

A Boundary Border Town Player is defined as a player whose primary residence lies within a set distance — one (1) kilometre (or as otherwise determined and approved by the CALL Board) — from the recognized border between two CALL Member Club boundaries.

Eligibility and Registration Options

Players residing within the approved Boundary Border Zone may choose which Member Club they register with, provided that:

- a) Their residence falls within the designated distance range as confirmed by the CALL Boundary Map; and
- b) They are otherwise eligible under CALL, ALA, and Lacrosse Canada regulations.

Establishment of Home Club

Once a player has registered with a club under this policy, that club shall be considered the player's **Home Club** for the remainder of their minor lacrosse career within CALL.

The player will not be required to re-declare or re-select their affiliation in subsequent seasons.

Verification and Documentation

- a) Players may be required to provide proof of residence (e.g., utility bill, driver's license, or equivalent) upon initial registration.
- b) Clubs shall maintain a record of players registered under this policy and provide an updated list annually to the CALL Executive Director.
- c) The CALL Board reserves the right to review or adjust the Boundary Border Zone distance as required, based on population growth, municipal expansion, or boundary realignments.

Review and Adjustment

This policy shall be reviewed annually, or as part of any future boundary review, to ensure fairness, competitive balance, and consistent application across all Member Clubs.

APPENDIX “F” CALL RELEASE FORM



CALL Regulation 12 Release Form

Date	
Player Name	
Home Club(Current Club)	
Players who are granted a release by the Central Alberta Lacrosse League (CALL) will be assigned to an association as determined by the CALL Board of Directors (BOD). The placement decision will be made based on factors such as team needs, competitive balance, and availability at the requested level of play.	

Player and Parent Agreement: I have read CALL Regulation 12 and I **understand the following**:

- If the player's home association offers the desired level, they may not be transferred.
- Participating in another club without an approved release could lead to a referral to the CALL Discipline Committee, which may impose penalties such as suspension.
- Releases are valid for one season and must be renewed annually.
- Final-year U17 players should confirm how this release may impact their junior player rights by consulting the **RMLL** (Rocky Mountain Lacrosse League).

Players Signature:

Parents (Guardians):

Releasing Club President:

Send completed form to your association president and to centralalbertalacrosse@gmail.com

Review Process

- **Timeline:**
 - Release requests must be filed by March 1
 - Releases are reviewed at the CALL board meeting in March
 - Notification of the decision will be communicated by the community member Lacrosse Association president within 7 days of the meeting.

CRITERIA WHICH MAY BE CONSIDERED FOR GRANTING PLAYER MOVEMENT

1. Community ties (minimum of 4 consecutive seasons with community member Lacrosse Association)*
2. Sibling plays for or is released to preferred community member Lacrosse Association
3. Excess/shortage of players (particularly goaltenders)
4. Movement by Special Exception (consideration of Extenuating Circumstances as detailed on your application)**

*Circumstances that **WILL NOT** be considered under Criteria include disputes with the association, coach, player, parent, etc.*

CALL Office Use Only

Signatures required if Release is granted

Receiving Club President:

CALL President:

Send completed form to your association president and to centralalbertalacrosse@gmail.com

[illegible]