

Central Alberta Lacrosse League Penalty Option Chart 2018

Rule#	Rule	Minor	Major	10 min.	Game Misc.	Match	Pen. Shot	A. Goal
6	The Lacrosse Stick	yes						
11	Headwear	yes			yes			
12	Goalkeepers equipment	yes			yes			
13	Player's Equipment	yes		yes	yes			
14	The Teams	yes						
15	Captain of the Team			yes				
17	Non-Playing Personnel	yes						
28	Abuse of Officials	yes		yes	yes	yes		
30	Reckless and Endangering Play-Rules 33,				**yes	yes		
33	Boarding		yes		**yes	yes		
34	Broken Stick/without a stick	yes		yes				
35	Butt-Ending		yes		*yes	yes		
36	Change of Players/Too Many Players	yes					yes	
37	Charging	yes	yes		**yes	yes		
38	Checking from Behind***	yesx2	yes&game		**yes	yes		
39	Crease Play	yes	yes					
40	Cross-Checking	yes	yes		**yes			
41	Delaying the Game	yes		yes			yes	
42	Elbowing		yes		**yes			
44	Falling on the Ball	yes					yes	
45	Fighting		yes		*yes/**yes			
46	Free Hand	yes						
49	Handling the Ball with Hands	yes					yes	yes
50	High Sticking	yes	yes		**yes	yes		
51	Holding	yes			**yes			
52	Hooking	yes	yes		**yes			
55	Interference	yes			**yes			yes
57	Kicking		yes		*yes/**yes	yes		
59	Kneeing	yes	yes		**yes			
60	Leaving the Players/Penalty Bench	yes			yes/**yes		yes	yes
62	Physical Abuse of Officials					yes		
63	Refusing to Start Play	yes						
64	Slashing	yes	yes		**yes	yes		
65	Spearing		yes		*yes/**yes	yes		
67	Third Person in Altercation				yes/**yes			
69	Throwing the Stick ****	yes	yes	yes	**yes		yes	yes
71	Tripping	yes			**yes		yes	yes
72	Unnecessary Roughness	yes	yes		**yes			
73	Wrap Around	yes			**yes			

** In the exchange area, any penalty under this rule shall also be assessed a game misconduct penalty.

*Special situations. In minor Lacrosse only

***CFB receives double minor, major plus game, or match. Can also receive double minor and game if in exchange area.

****Review all situations as a player cannot receive a minor

Review: Checking and interference outside the 24' dotted line. Review Cross-Checking in Rule Book

Stick measurements:40"-46" for the length. Pee Wee and lower 34"-46" 4 1/2"-8" inside head measurement

Review: Checking into the boards or goal net

Review: Restarting of play after penalties have been assessed. *No gain in territory advantage.*

Rule 39: Crease Play restarts in the crease, player may cut through the crease to catch player outside 24' line

Referees are in full control of all off floor Officials (including score sheets) and extends into the stands.

Overtime: CALL league games end in ties. Playoff and Tournament rules will apply.