



# Central Alberta Lacrosse League

## Time Clock Rules

(There is no Drop Clock within CALL)

Division	Allotted	Warm Up	Period 1	Period 2	Period 3	Per. Break	Clock Rules
U7	1 hour	5 min	12 min	12 min	12 min	2 mins	Run Time
U9	1 hour	5 min	12 min	12 min	12 min	2 mins	Run Time
U11	1 hour	5 min	15 min	15 min	15 min	2 mins	Run Time
U13	1 hour	5 min	15 min	15 min	15 min	2 mins	Run Time
U15	1 1/2 hour	5 min	20 min	20 min	20 min	2 mins	Stop Time *
U17	1 1/2 hour	5 min	20 min	20 min	20 min	2 mins	Stop Time *

\*In U9 last 5 min third period stop time \*In U11 and U13 last 2 min third period stop time

\*\*Clock will only stop for goals, penalties, and time-outs, except for the 6 goal differential rule.

(Clock will restart when game comes within 4 goals) \*\*\* Fall back rule applies in U7 and U9

During run time all penalties run at normal designated time (Minor 2 min, Major 5 min, Misconduct 10 min etc.