

# Central Alberta Lacrosse League

## Planning Meeting Agenda

**Date:** Sunday, October 26, 2025 – 12:30 p.m.

**Location:** Alberta Sports Hall of Fame

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1. Attendance (attached) and Welcome at 1:10pm
2. Approval of Agenda is motioned to approve by Greg, seconded by Nathan and carried.
3. Approval of Previous Minutes [September 9th Mtg Minutes](#) Stacy motions to approve, seconded by Greg and carried.
4. Reports
  - President – Kim- attached
  - Executive Director – Ang-
    - Proof of Filing (requested at ALA Planning Meeting) All clubs have them in but Hanna
    - The CALL camp for U9 has 30 players. The cost was \$100 which includes a pinnie and runs on Wednesdays from 6-7pm at the Collicut.
    - Female camp runs in January and February for U15 to U17
    - Every Monday in January is a free event for females to try, the first hour will be U13 and under and the second hour will be U15 and U17 (bring a friend)
    - January 3-4, 2026 is the 4 on 4 and has 8 teams in each division except for U17, but still looking for a team.
  - Vice President – Administration – Evelyn-nothing to report
  - Vice President – Finance - Blake
    - Review of 2025 Budget vs Actuals [BUDGET](#)
    - [Link to 2025 Profit and Loss](#)
    - [Link to 2025 Balance Sheet](#)
    - Stacy motions to accept the financials, seconded by Corinn and carried.
- OIC (Officials-in-Chief)
  - Reminder for clubs to encourage “Be Kind” messaging to coaches and parents regularly
  - Treats for officials always welcome
  - [Per diem Rate increase](#) - Discussion about what ALRA presented, and no one in favour
  - Looking at using MIC'd Up on the refs while on the floor. The price for up to 20mics is \$249 and for up to 40 mics is \$499, this is a monthly fee. There is a pilot package for 30 days to try it. AI will take the data and review it and send out a report. This would help with how the refs are being treated on the floor.
- Discipline -Travis - remind your clubs to have your club deal with all issues first before bringing it to CALL.
- Female Representative – there are 10 registrations for the camp. Hoping to recruit ringette players.

- Junior Representative - Zac - [REPORT](#).
  - It would be great to have a U19 division, splitting North or South or sticks in and choose. We hope to keep sticks in the players' hands. Discussion about how best to operate registrations. Thoughts are that it should be similar to RUCKUS and all U19 registrations should be run through the CALL registration page.

We will need a director to oversee the U19 program. **Travis motions for a U19 division for the 2026 season, seconded by Chris and carried.** This division will help with the growth for the RMLL.

**TASK** to get a director for the U19 division and a budget with a plan for playing games. **Action** Kim will reach out to Colin Lampard.

- Field Representative – Stacy- there are over 750 registered players over 5 clubs. 34 Co-ed teams and 115 females registered. January is the planning meeting and AFLA is looking for a president and a treasurer.

## 5. Club Reports

## 6. New Business

- Ruckus Program (2026) [REPORT](#)
  - Planning and bank account setup to get their own account and not within CALL's banking. A new rep for Ruckus is needed. Female Lacrosse will not be in the ALA 2026 provincials. They are looking at doing something else.
- Tiering/Parity
  - Team evals and parity CALL has recommendations as to how to split teams and is working on a team eval process.
  - 'A' programming update- there are not enough player numbers for each club to have 'A' and 'B' teams.
- Equipment
  - Request for funding for school program equipment in Sylvan Lake they got a grant for \$1000 and will send a request to the ALA for the remainder funds as there are schools in Sylvan that use the equipment.
- Timeline Review - Preliminary timeline was reviewed [TIMELINE](#)
  - Team numbers and projections March 20 team declarations, March 27 schedule to be done, April 10-12 season starts
  - Discussion on U7 and U9 Festivals - preliminary dates set and to be approved by schedulers
- Tournament Applications
  - Review and motion to approve
    - War on the Shore May 8 at 4pm -May 10th at 9pm U11-U13 8 Teams each division. May 15 is the Red Deer Tradition Lives. May 29 Spirit of the Sticks.
    - Updated ALA Tournament policy has been sent to ALL clubs hosting tournaments
    - There is a \$4500 fine if the schedule is not into the ALRA in time
- U7 & U9 Review

- U7: Participation at Eye Opener NO they will not
  - U7: Addition of second game on Festival Day **Action** Take back to your clubs for their input.
    - U9: Weekend dates, billing, festival dates – review expectations
    - (Dates may change) April 18-19 Red Deer, May 2-3 Blackfalds, May 9-10 Innisfail the TOTT, May 30-June 1 Sylvan, June 13-14 Stettler
- Playoffs
  - Dates, format, host duties
  - OIC role and responsibilities
  - Provincial-wide OT rules (as per ALA)
    - 2-minute break, 10-minute sudden death, Shootout: 1 for 1 until a goal is scored; all players on bench must take a turn before any player shoots twice. NEW we will be adding a 15-minute buffer between some of our games to stay on track.
    - U17 Lacoka
    - U15 Olds
    - U13 Sylvan Lake / Stettler
    - U11 Chargers

**Corinne motions to have the U11 and U15 playoffs on one weekend and the U13 and U17 playoffs the next weekend, seconded by Rob and carried.**
- ALA U13 Development Camp
  - Goalies & Coaches - Proposed date March 22-23 the floor is booked.
- Registrar Meeting - Motion to approve date and location **Action** date will be decided on at the November meeting. Must have 2 per club attend
- League-Wide Coach/Manager Meetings
  - 2026: Possible Presidents & Coaching Directors – be a ZOOM call and be recorded. Also having one North, South and central and they must have the binder in front of them.
  - Manager binder: changes or suggestions to update the clock personal to be 3 from home team and 2 for away team.
- Goalie Gear **Tabled and Action** to send any information each club has to Ang
  - Deposit required? Amount?
  - Borrowing policy – who is eligible?
- Gamesheet App vs. RAMP App
  - All game sheets will be online and on paper. WIFI is not required for the online game sheet. We do not know what app is being used yet. Ang and Kim presented to the board the overview of both options and consensus was that we would express we are in favour of RAMP.
- Safety and Fairness in Sport **Tabled**
  - [ALA Policy](#)
- Rules & Regulations Review
  - ALA regulation and policy changes

- Working regulations updates – **Action** regulation deadline and uploading a birth certificate.
  - Regulation 12 - [Affiliation](#)
  - Regulation 25 - [Try it Events and School Visits](#)
- Player release policy (instructions & enforcement) [Release Form 2026](#)
- Music played during games - [Music Complaint Received](#) Greg motions to remove music at games Stacy seconded it, vote was 4 for and 10 against.  
**Joe motions no music will be played after the first whistle (warm up) and the person playing the music must be in the timebox, seconded by Zac **Action** a policy will be made and brought to the next meeting for review. To include time music is played, volume**
- Minors in the timebox - [Policy](#)
- Updated Minor Official Guide
- Game Change form 2026 has been updated to include why the game is being changed.
- RAMP update - coaching credentials will be attached to coaches RAMP profile - coming soon
- Prairie Cup 2026 –
  - Red Deer put in to host and was granted Prairie Cup July 24-26th. Amy Cozens was originally the chair of the Prairie Cup committee and we are looking for volunteers for the rest of the committee and the weekend of. We have not yet received direction from the ALA on which age division will be participating.
- Alberta Summer Games 2026 July 16-19, 2025 **Tabled further discussion**
  - Zone 4 - U15 Co-ed and U15 Female [ASG Technical Package](#)
  - Certified Coaches needed
  - Try out and Practice schedule
  - Putting in 2 teams
- CALL Volunteer Award **Tabled**

## 7. Old Business

- Boundaries - [updated Boundary map](#) to be reviewed and motion by the committee to approve knowing that the 2 borders (farthest one North and South) may change, seconded by Chris and carried.
  - [Grandfathered player eligibility](#)
  - [Border Town release policy](#)

**Action** Game reporting instructions to be updated

## 8. Next Meeting TBD

## 9. Adjournment by Travis at 4:31pm

