



Central Alberta Lacrosse League 2024 Time Clock Rules (There is no Drop Clock within CALL)

Division	Allotted Game Time	Warm Up	Period 1	Period 2	Period 3	Period Break	Clock Rules
U7	1 hour	5 mins	12 mins	12 mins	12 mins	3 mins	Run Time
U9	1 hour	5 mins	12 mins	12 mins	12 mins	3 mins	Run Time
U11	1 hour	5 mins	12 mins	12 mins	12 mins	3 mins	Stop Time*
U13	1 1/4 hour	10 mins	15 mins	15 mins	15 mins	5 mins	Stop Time*
U15	1 1/2 hour	10 mins	15 mins	15 mins	15 mins	5 mins	Stop Time*
U17	1 3/4 hour	10 mins	20 mins	20 mins	20 mins	5 mins	Stop Time*

***The Clock will only stop for goals, penalties and time-outs, except for the 6 goal differential rule (which reverts to run time).**

(Stop Time will resume when the game returns to within 4 goals.)

***Fall Back Rule applies in U7 and U9.**

****Music played during games must be radio appropriate and volume low (referee discretion).**