



Central Alberta Lacrosse League

Time Clock Rules

(There is no Drop Clock within CALL)

| Division | Allotted | Warm Up | Period 1 | Period 2 | Period 3 | Per. Break | Clock Rules |
|------------|------------|---------|----------|----------|----------|------------|-------------|
| | | | | | | | |
| U7 | 1 hour | 5 min | 15 min | 15 min | 15 min | 3 mins | Run Time |
| U9 | 1 hour | 5 min | 15 min | 15 min | 15 min | 3 mins | Run Time |
| U11 | 1 hour | 5 min | 15 min | 15 min | 15 min | 3 mins | Run Time |
| U13 | 1 1/4 hour | 10 min | 15 min | 15 min | 20 min | 3 mins | Stop Time * |
| U15 | 1 1/2 hour | 10 min | 20 min | 20 min | 20 min | 5 mins | Stop Time * |
| U17 | 1 3/4 hour | 10 min | 20 min | 20 min | 20 min | 5 mins | Stop Time * |

***Clock will only stop for goals, penalties, and time-outs, except for the 6 goal differential rule.**

(Clock will restart when game comes within 4 goals)

**** Fall back rule applies in U7 and U9**

***** Music played during games must be radio appropriate and volume low (referee discretion)**