



Central Okanagan Youth Soccer Association

2025 COYSA CUP RULES – U14-16

Please note the trophy presented to the Gold Medal winners is to remain at the field.
Teams are welcome to take photos but it must be returned to the Field Marshal

U14 - 2 EQUAL HALVES OF 40 MINUTES EACH - SIZE 5 BALL

U16 - 2 EQUAL HALVES OF 40 MINUTES EACH - SIZE 5 BALL

Game sheets are to be fully completed prior to the start of all games and presented with the ID cards to the official 15 minutes before kick-off.

If ID cards are not present at kick-off, the team forfeits the game.

No ID card, no play. All players must be listed prior to entry on field.

IN THE EVENT OF A TIE after regulation time for non-medal games:

The game shall be decided by kicks from the penalty spot, as per FIFA guidelines.

IN THE EVENT OF A TIE after regulation time for all medal games:

There shall be a 5 minute break and EXTRA TIME shall be played as follows:

U14 DIVISION = **2 EQUAL HALVES** OF 10 MINUTES EACH with no break between halves.

U16 DIVISION = **2 EQUAL HALVES** OF 15 MINUTES EACH with no break between halves.

Extra time is NOT golden goal; both Extra Time halves must be played in full.

If teams are STILL TIED on goals after the extra time halves, the game shall be decided by kicks from the penalty spot, as per FIFA guidelines.

Any protest will be settled IMMEDIATELY following the game.

Please report protests to Field Marshal who will confer with the Referee.

ULTIMATELY, REFEREE DECISIONS ARE FINAL.

Officials will turn in game sheets to Field Marshal for posting of scores.

Medal presentations will immediately follow Bronze and Gold medal games.

All teams are to report to Field Marshal to participate in medal presentations.

There are medals for the top 3 finishers.

THESE ARE THE U14 and U16 CHAMPIONSHIPS: ALL PARTICIPANTS & SUPPORTERS ARE TO OBSERVE THE RULES OF FAIR PLAY & SPORTSMANSHIP.

Good Luck to all participants and Congratulations on a successful season!

