



COCHRANE  
LIONS

# **Cochrane Lions Minor Football Association Annual General Meeting**

**June 30, 2020 – 19:00**  
**Zoom Video Call**





- Call to Order
- Introductions
- Society Mission
- Football Program Review and Coach Update
- Program Development
- Finance Report & Auditor's Report
- Adjournment of Formal Business Meeting
- 2020 Football Program Update
  - Teams
  - Schedules
  - Fees
  - Football Alberta Stage 2 Re-Opening Guidelines
  - Football Alberta Safety Guidelines



### **Current Board Officers:**

- Commissioner – Dean Lang
- President – Paul McLean
- Vice President – Paul Vaillancourt
- Secretary – Seth Henderson
- Treasurer – Randy Shiman





**Cochrane Lions Minor Football Association is a Not-For-Profit Society.**

**The objectives of the Society are:**

**To provide an organization to coordinate and operate football programs for youth aged 7 to 15 and to provide teams to play in the Calgary Atom Football Association, in the Calgary Pee Wee Football Association and in the Calgary Bantam Football Association.**

**The Society's Mandate is to ensure the long-term stability, viability and success of the football programs and orderly succession of Coaches, Members, Officers and Directors for the football programs.**



## Program Summary

The Cochrane Lions Football program is a development program focused on:

- **Safety**
- **Fun**
- **Fairness**
- **Football, athletic, emotional and mental skill development**
- **Teamwork**

Our focus is to teach basic football skills:

- **Rules of the game**
- **Safety- How to play full contact football safely**
- **Balance, Speed, Agility, Strength, Endurance, Footwork, Form**
- **Blocking**
- **Tackling**
- **Offensive Skills- Running with the ball, Catching, Passing**
- **Defensive Skills- Read and React, Blitz, Stunts, Sacks, Pass Coverage**



## **2019 Program Review**

**Atom – Head Coach Tyler Zunti**

**One of the most competitive programs in the Calgary Atom Association**

**Pee-Wee – Head Coach Scott Mamchur**

**Competitive program and Division 3 Champions**

**Bantam – Head Coach Paul Vaillancourt**

**Competitive program and Division 1 playoff participation**



## Program Development

- **Coach Committee:** To help select, train and support our coaches and managers and inform our parents.
  - **Parents and Players Corner**
    - **Parent and Players Code of Conduct**
  - **Coaches Corner**
    - **Coaches Code of Conduct**
  
- **Fundraising Committee**
  
- **Enhanced Communication**
  - **Twitter and Facebook**
  - **Website Enhancement**



# Finance Report 2020



Atom		PeeWee		Bantam		Association Totals
Net Income	16665.77	Net Income	20324.60	Net Income	21427.50	58417.88
*Total Expenses	11193.19	Total Expenses	20445.97	Total Expenses	20995.47	52634.63
Balance	5472.57	Balance	-121.36	Balance	432.03	5783.24

Surplus earmarked for restricted reserve (to be used at the discretion of the Board for turf maintenance, capital improvements and football operations financial support).

## Auditor's Report

The financial statements of the society have been reviewed by auditors.

Adjournment of Formal Section of the AGM

- Motion to adjourn

Members General Discussion



## **2020 Football Program**

**Atom (ages 8-10, not turning 11 by December 31)**

**Note that there are no tryouts at the Atom level (ie. no cuts).**

**In the event that there are too many players, priority for the team will be based on date of registration.**

**Pee Wee (ages 10-12, not turning 13 by December 31)**

**There are tryouts for the 40 player squad. The team plays in the Calgary Pee wee Football association.**

**Bantam (ages 13-15, not entering grade 10 during season or turning 16 by December 31)**

**There are tryouts for the 40 player squad. The team plays in the Calgary Bantam Football association.**



## **2020 Season**

- **Atom – Head Coach Shane Keyser**
- **Pee-Wee – Head Coach Tyler Zunti**
- **Bantam –Head Coach Jason Kupery**

**The Lions Coach Committee has screened and selected these coaches and have submitted them for approval to their respective associations.**



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## Online Registration Is Now Open

[www.cochranefootball.com](http://www.cochranefootball.com)

- **Spring Camp to be held June 12-14, 2020 (cancelled)**
- **Football Alberta Re-Opening Announced on June 12, 2020**
- **Season Start**

Peewees and Bantams August 5th

Atoms August 18th

- **Practice and Game Schedule (Turf and Bow Valley HS Field)**

**Atom:** Tuesday, Thursday from 6:30 - 8:15 pm

Play Sunday

**Peewee:** Tuesday, Wednesday, Thursday from 6:30 - 8:15 pm

Play Saturday

**Bantam:** Monday, Wednesday, Thursday from 6:30 - 8:15 pm

Play Saturday



➤ **Regular Fees Cochrane Lions Minor Football Association**

- **Atom: \$325**
- **Peewee: \$ 425**
- **Bantam: \$525**

**Revised Fees**

- **Atom: \$200 (1<sup>st</sup> installment)**
- **Peewee: \$ 200 (1<sup>st</sup> installment)**
- **Bantam: \$200 (1<sup>st</sup> installment)**

- **Fees to be finalized at a later date based on the season type and Football Alberta stage reopening. Refunds will be processed for those that paid in full.**



**ALBERTA RE-OPENING STAGE 2 (as of June 18, 2020):**

During Stage 2, teams may register and commence regular activities with the following restrictions:

- They must have no more than 50 people involved in team activities. This group of people will be known as the “team/cohort” and include all possible members of the team such as players, coaches, trainers, equipment managers, general managers, etc. Larger organizations that may have registration numbers and coaching/support staff exceeding 50 people must divide into two (or more) groups during this stage.
- No competitions or other interactions with other teams/cohorts will be permitted during this Stage. Only training camps, skill development and system implementations within the team/cohort will be permitted at Stage 2. Competitions will be allowed but only within the team/cohort (see the Stay and Play guidelines below).
- No member of your team/cohort may be a part of any other sport cohort during this stage. This includes summer sports camps who do not adhere to the 6’ Social Distancing Rules. Should teams/cohorts wish to have their players involved in such camps, they will have to wait until the conclusion of those camps/cohorts plus 14 days.
- If an individual wishes to change cohorts, they should not participate in a new sports or recreation cohort activity for 14 days
- Players can choose to participate in a Skill Development Camp that is not cohorting and following the 6’ social distancing rule.
- Teams/cohorts wishing to compete at this Stage may enter into “Stay and Play” measures that will allow competition, but only within the teams themselves.
- Tackle teams may issue equipment to the players in this Stage.

## **June 18th - Update from Alberta Government Return to Play Team**

- Latest guidance from AHS state “If an individual wishes to change cohorts, they should not participate in a new sports or recreation cohort activity for **14 days** (this is the incubation period of the virus).” For example: *If a player is playing soccer/rugby/baseball or another sport until August 1<sup>st</sup>, he/she should not play football until August 15<sup>th</sup>. The player does not need to quarantine or self-isolate at home, they should just not join another cohort team for 14 days.*

- Individuals may participate in other sports or skill development camps (even with shared equipment) **OUTSIDE** of their team cohort, **IF maintaining physical distancing of 2 metres at all times.** This includes throwing footballs and sharing other equipment. There is an expectation that shared equipment **would be disinfected often, especially between user groups to mitigate possible virus transmission.** For example: *A Bantam Football player who is cohorting with his local team in July & August IS able to attend a Skill Development Camp specifically designed for Quarterbacks and Receivers including throwing a football to each other **IF the camp maintains physical distancing of 2 metres at all times.***

## **June 15th - Clarifications to the Football Re-Opening Guidelines**

- Coach Maximum: The statement on Page 6 referring to 5 Coaches per team is in reference to an option of creating multiple 6-A-Side teams within one 50 person co-hort. If you choose another way of doing things you can have as many Coaches and Support Staff you want within your 50 person cohort.
- Gloves: The initial Return to Play Guidelines (Page 5) included a recommendation that all personnel wear football gloves. In discussion with doctors from Alberta Health Services it has been determined that gloves are no better or worse than exposed hands. Both gloves or hands would need to be cleaned with hand sanitizer post practice as the virus can exist on either and gloves provide not additional level of protection in that area. Therefore, Football Alberta will leave the recommendation for gloves in the document but it is not mandatory for participation. All support staff such as athletic therapists or trainers should still wear latex gloves and PPE's when dealing with participants.



## GENERAL SAFETY GUIDELINES

- Regardless of when your team/cohort begins activity, the RESPONSIBLE PERSON must ensure:
- Because this activity will happen indoors, equipment handouts for Stage 2 will be scheduled by appointment to make sure the numbers are kept as low as possible (under 15 people Physically Distanced together at any given time). All personnel handing out equipment will be wearing PPE's as well as gloves and wipe down the space used to equip at the end of each session. Proper Physical Distancing of 2M, will be practiced as much as possible.
- Post practice all communal equipment (i.e. blocking dummies, footballs, pylons) will be wiped down with a disinfectant.
- All coaches will attempt as much as possible to keep Physically Distant (2M) from the participants and fellow adults during any team/cohort gathering. Team huddles and group gatherings will be as limited as possible and spread 2M apart when possible.
- Any time the team/cohort is using the sideline for a gathering place, all participants will maintain 2M distancing unless player safety or well-being requires otherwise (i.e. a trainer assessing an injured player).
- As a rule, all adult personnel on the sidelines that will possibly have close contact with the athletes (i.e. athletic therapists, equipment manager) will wear PPE's.



- No off-field team/cohort gatherings will be permitted. Any “film work” or strategy sessions will be done on-line.
- Carpooling to practices/team events will be discouraged but family cohorts will be on their own to monitor their behavior in this circumstance.
- Spectators (excluding parents and guardians where necessary for player support) will be kept out of participant spaces (e.g., fields of play, sidelines). **No spectators/parents will be allowed at practice unless the facility can allow for proper Physical Distancing in seating or areas away from the field of play or sidelines.** The maximum number of spectators is determined by how many people the space can hold while keeping two meters of distance between attendees from different households/cohort families, up to a maximum of 100 persons. Unless from the same household, spectators should maintain a minimum two-meter distance from one another at all times, whether the activity is indoor or outdoor. It is strongly recommended that all spectators wear masks. Cheering and yelling is strongly discouraged at this time as it presents a high risk of spreading droplets and no gathering of spectators will be allowed at practice sessions. Spectators at any permitted competitions will be regulated by the Stay and Play guidelines.



- There will be no team water stations or shared water bottles. Players will be 100% responsible for their hydration needs and must mark their own water bottles clearly and ensure it goes to and from the on- field session with them.
- All players/coaches/staff/officials should wear gloves and wipe them off with hand sanitizer prior to and at the conclusion of each practice or game session. They should also actively try to not touch their face at any time during the on-field sessions.
- Locker room gatherings will be disallowed as well as all players and staff will come dressed for play to the game or practice site. Any halftime meetings in competitions will have to be done on the sidelines.



- To protect vulnerable populations such as people with compromised immune systems, underlying health problems or seniors; team/cohorts may consider some type of virtual method of engagement to discourage them from attending to watch their child. This may include FaceTime or Zoom type broadcast monitored by the Responsible Person. (Note: this does not mean parents can enter the field of play to broadcast – everything must be done from off-field and with proper Physical Distancing.)
- Participants will be encouraged to wipe down and disinfect their equipment after each session – particularly the helmet. Washing of the jersey and pants should be done at least once a week if not after every session.
- **Anyone found on any team/cohort to have a positive test for COVID – 19 and have been exposed to the remainder of the participants in that club will cause the club to immediately be shut down and everyone who could have potentially been exposed required to arrange for a test.** Only those who receive a negative result will be allowed to return and there will be no club activity until over 10 players per “team” are deemed to have tested negative.



- Q & A Session
- Thank you for your support