



## **ALCOHOL & DRUG POLICY**

### **1. MANDATE**

- a) Alcohol, performance-enhancing and/or narcotic drugs have no place in youth sports. Cochrane Minor Hockey Association (CMHA) is committed to providing all our players with an alcohol and drug-free environment. Our Alcohol and Illegal Drug Policy will be strictly enforced.

### **2. TERMS AND DEFINITIONS**

- a) Member: Player, team official (coaching staff/manager/trainer), on-ice official, off-ice official
- b) Team Activity: Game, practice, organized team event, etc.

### **3. ALCOHOL AND ILLEGAL DRUGS AND SUBSTANCES**

- a) If a player is caught using illegal drugs, alcohol, and controlled substances, including all tobacco products such as chewing tobacco, vaping products, marijuana, and non prescribed pharmaceuticals, during any Minor Hockey event, he/she will be suspended immediately.
- b) Any member caught during a CMHA team activity under the influence of alcohol, illegal drugs, other controlled substances, or, any player found to be in the possession of or attempting to distribute the above-mentioned items, will be immediately suspended until a hearing with the appropriate Director and a VP can be convened to determine the length of the suspension or expulsion.
- c) The suspended player will not be allowed to participate in any team activities until the suspension is dealt with.

### **4. CONTRAVENTION OF THIS POLICY**

- a) If a player contravenes this policy:
  - i. If the parents are at the event, the player will be turned over to their care.
  - ii. If the parents are not at the event, then the player will be sent home (under escort), and any additional expenses incurred will be the responsibility of the player and their family.
- b) If a coach or on-ice official contravenes this policy:

- i. they will be asked to IMMEDIATELY leave the arena.
- ii. They will be suspended and asked to appear before the appropriate Director and a VP to determine the length of suspension or expulsion.

5. **DISCIPLINE**

- a) Please refer to Appendix F in the Game and Conduct Policy.