March 24-26, 2023 Edge Arena



RINGETTE

LEAGUE

Hosted By





WECLOME

Players, Coaches and Families,

The Northwest Ringette Association and the Cochrane Ringette Association, would like to welcome you to the U12C 2023 Regionals!

We are thrilled to host 10 teams from Southern AB and over 100 athletes along with coaches, managers, and families. A huge thank-you to all the team staff, referees, fans and volunteers for their dedication to our amazing sport and helping to ensure our girls have the best regionals possible!

About our location: The school will be on during the day Friday, please plan accordingly for parking and be mindful of the extra kids on site. The onsite concession will be open at the arena all weekend. We will also have room in the schools cafereria located upstairs after 2:00pm on Friday and all day Saturday/Sunday, where your teams can relax between games. Alternatively, you can find restaurants in NW Calgary just along the Hwy 1 or Cochrane is a short 10 minute drive down Hwy 22, where you will find all amenities you may need.

We look forward to some great competition, team bonding, and more fun than you can handle!

A BIG "THANK YOU" TO ALL OUR REFEREES!

TOURNAMENT RULES

- All teams and fans will show good sportsmanship.
- Abuse directed at an official is unacceptable in any situation.
- The Official Rules of Ringette Alberta and Ringette Canada will apply, except as modified to suit the 2023 U12C Regionals Tournament. See Coaches & Managers package for full list of rules.
- Teams will all play four preliminary games to determine seeding. Teams finishing 1st or 2nd in their pools will advance to the Semi Final games. Medals will be awarded for gold, silver and bronze.
- The HOME team must provide a trained shot clock operator, timekeeper, and penalty box worker. The AWAY team must provide a scorekeeper and penalty box worker.
- Home team will wear dark and away team will be white. In case of conflict in uniform color the AWAY team will change.
- Teams must be ready ten (10) minutes before game time.

• Game Point Structure:

Win : 20 points Tie: 10 points Forfeit: 0 points Loss by one (1) goal: 6 points Loss by two (2) goals: 5 points Loss by three (3) goals: 4 points Loss by four (4) goals: 3 points Loss by five (5) or more goals: 2 points

- At the completion of the preliminary games, teams will be ranked according to the total points in all preliminary games.
- A maximum seven-goal differential will be applied when posting game scores.
- The referee must notify the team coaches if an unruly fan must be removed from the stands. The play will NOT continue until the fan is removed. If the fan refuses to leave, the coach from the team involved will be advised that they are to forfeit the game.

DID YOU KNOW...

Ringette is a Canadian Invention.

Like maple syrup and poutine, ringette is unmistakably Canadian. Invented by Sam Jacks in 1963, Ringette is now played in all 10 provinces and the Northwest Territories.

The ringette stick ends are tapered with a plastic tip designed with different grooves that help in increasing the lift and velocity for any wrist shot.

The National Ringette League (NRL) is the top level league for our sport.

There are on average of over 31,000 registered players every year.

Since 1990 a world ringette championship has been held every year Canada and Finland hold the record number of championships. A ring weighs .35 lbs

Ringette is played world-wide in countries including Canada, Finland, Sweden, the United States, Japan, Australia, Germany, New Zealand, France, Slovakia, and the Czech Republic – and the sport continues to grow.

The Canada Winter Games have hosted a ringette tournament since 1991 Since 1971 a Canadian Ringette Championship has taken place across the country.

There are over 1,500 ringette officials registered in Canada

Over 8,000 men and women coach ringette across Canada Although Ringette is predominantly playednby females, over 700 males also participate across the country.



Charlotte Vanderstraeten Ally South Amelia Courtman Elsie Chaplin Pyper Emo Samantha Gemmell **Braylee Mitton** Clara Roblin Alexis Moore **Chelsey Osborne** Malia Parfitt **Brinley Phillips** Dyllon Neill Katie Freckleton Madison Brodie Fallon Perverseff

H. Coach: Candace Brodie A. Coach: Mitch Moore A. Coach: Kori Neill A. Coach: Brent Emo A. Coach: Ken South M: Lindsay Freckleton



- 2 Pippa Feuchuk
- 3 Lexie Ross
- 4 Greer Johnson
- 5 Audrey Fairgrieve-Park
- 6 Victoria Siemens
- 7 Kate Fichtner
- 8 Delilah Joly
- 9 Ava Seinen
- 10 Kinsley Ernst
- 11 Olivia Spaw
- 12 Isla McKnight
- 13 Libby Slemp
- 14 Georgie Smith
- 15 Ellia McPhee
- 16 Sarah Nadeau
- 17 Alexis Robertson
- 18 Jillian Danis
- H. Coach: Curtis Joly
- A. Coach: Amanda Moroz
- A. Coach: Jill McKnight
- A. Coach: Graham McPhee
- A. Coach: Ernst Tara
- M: Sebastien Nadeau

COCHRANE

- 6 Lily Duchscher
- 8 William Colameco
- 9 Kenzie Matthies
- 10 Kattelon Richard
- 11 Lexi Gray
- 12 Zoey Berjian
- 13 Addison Dunsmore
- 14 Tayah King
- 15 Sofia DelCorno
- 16 Eden Hogan
- 19 Abigail Heden
- 20 Monika Buckingham
- 22 Sarah Mulcahy

H. Coach: Jill Ogilvie A. Coach: Brian King A. Coach: Brent Buckingham



- 2 Scarlett Hayden
- 3 Emersyn Perrault
- 8 Victoria Pinto
- 10 Ellie Aasen
- 13 Calista Rees
- 15 Edyn Jones
- 17 Cassidy Minue
- 20 Aleana Pedersen
- 26 Robbi Mundy
- 29 Hayley Fawcett
- 32 Jayden Nelson
- 45 Kaydence Thompson

H. Coach: Darcy Perrault A. Coach: Jaimie Nelson A. Coach: Kyle Jones A. Coach: Darian Campbell M: Sonja Perrault



- 5 Sara Kenny
- 6 Brynn Crilly
- 7 Lillian Tulk
- 8 Vivianna Cecchetto
- 9 Jairah Forrest
- 10 Brielle Simpson
- 14 Annalia Casaldarnos
- 15 Presley Risto
- 17 Brooke Megaffin
- 28 Tristyn Dreger
- 29 Jessica Dreger
- 32 Azrielle Lowe
- 34 Addison Arnold

H. Coach: Corinne Crilly A. Coach: Gerry Davidson A. Coach:Emily McComber A. Coach: Scott Megaffin M: Susan Pilling



- 2 Presley Wandler
- 5 Ruth Martinez
- 6 katelynn Tratch
- 7 Lanaya Bereza
- 8 Pepper Potts
- 10 Megan Ulrich
- 12 Claire Kasycz
- 13 Allie McMahon
- 14 Bella Legge
- 16 Mila Takasaki
- 17 Stella Marischuk
- 19 Kinley Wright
- 27 Skyler Hatt

H. Coach: David Legge A. Coach: Melissa Tratch A. Coach: Phil Marischuk Coach: Trevor Wandler M: Daelynn Takasaki



- 2 Maelle Benoit
- 3 Cali Gillespie
- 4 Eleanor Spicknell
- 5 Sydney Fowler
- 6 Nora Grice
- 7 Katherine Neufeld
- 8 Rinah Ho
- 9 Rowynn MacPhee
- 10 Kaitlyn McIntosh
- 11 Miranda McGinn
- 12 Kate Wheeler
- 13 Peri Henderson
- 14 Abby Hannin
- 17 Jura Wynn Piche
- 22 Olivia Oriold
- H. Coach: Melissa Pritchard
- A. Coach: Chad Hannin
- A. Coach: Carmen Benoit
- A. Coach: Andy Ho
- M: Ellen McIntosh



- 1 Kyla Laerz
- 2 Abby Wood-Fewer
- 3 Lea Janska
- 4 Kaitlyn Lamb
- 5 Eloise Driver
- 6 Veronica Novotny
- 7 Zoe Boitson
- 8 Allison Lariviere
- 9 Kara Babb
- 10 Ellie Calon
- 11 Paisley Angus
- 13 Nora Heck
- 14 Emily Saunders
- 16 Marylou Gallant
- H. Coach: Jenny Wood
- A. Coach: Brie Laerz
- A. Coach: Laun Saunders
- A. Coach: Bryon Calon
- M: Moe Saunders



BLACKOUT

Celeste Boles Sidney Carter Alamea Chan Annalie Despres Brielle Despres Suzanna Genge Estelle Ghazar Alyse Haggard Lyla Kearl Vivienne Kyle Skye Pezzente Sloane Ronald Madeliene Serrurier Lycy Watts

H. Coach: Laura Carter A. Coach: Carol Kearl A. Coach: Jena Heal M: Renee Landry



- 2 Madeleine Fredrickson
- 3 Isabella Anastasiadis
- 4 Brittany Banks
- 5 Jenna Banks
- 7 Blake Murray
- 8 Avni Grant
- 10 Millie Fraser
- 11 Chloe O'Brian
- 12 Naomi Jewett
- 13 Molly Cotter
- 15 Teagan Kennedy
- 16 Jayden Norris
- 17 Tara Eger
- 18 Mabel Jasper
- H. Coach: Stephanie Anastasiadis A. Coach: Meghan Jasper A. Coach: Kris Jewett A. Coach: Paul Norris M: Kim Cotter

GAME POINTS TRACKER

RED POOL	COC1 Devils	FRA Bullets	NW2 Cobras	NWI Venom	SC2 RingRobbers	TOTAL POINTS
COCI Devils						
FRAI Bullets						
NW2 Cobras						
NW1 Venom						
SC2 RingRobbers						

AIRI Avalanche AIRI Avalanche Image: Comparison of the comp	BLUE BLUE	AIRì Avalanche	BV2 The Bosses	IND1 Lightning	LTH1 Rattlers	SC1 Blackout	TOTAL POINTS
BV2 Bosses BV2 Bosses BV2 Bosses Image: Comparison of the com	AIR1 Avalanche						
INDI Lightning INDI Lightning LTHI Rattlers Interset SCI Blackout Interset	BV2 Bosses						
LTHI Rattlers SCI Blackout	IND1 Lightning						
SCI Blackout	LTHI Rattlers						
	SCI Blackout						

SCHEDULE

RED POOL				BLUE POOL	
COC1 De	evils FRA	J		AIR1 Avalanche	BV2 Bosses
NW2 Co	bras NW	1 Venom		IND1 Lightning	LTH1 Rattlers
SC2 Ring	Robbers			SC1 Blackout	
GAME	ARENA	TIME	н	OME	AWAY
FRIDAY,	MARCH 24				
C-1	Alumni	9:45am	N\	N2 Cobras	NW1 Venom
C-2	Memorial	10:45am	SC	1 Blackout	BV2 The Bosses
C-3	Alumni	11:00am	CC	DC1 Devils	SC2 RingRobbers
C-4	Memorial	12:00pm		R1 Avalanche	IND1 Lightning
C-5	Alumni	2:45pm	SC	2 RingRobbers	NW2 Cobras
C-6	Alumni	4:00pm	N\	N1 Venom	FRA1
C-7	Memorial	5:00pm		D1 Lightning	SC1 Blackout
C-8	Memorial	6:15pm		/2 The Bosses	LTH1 Rattlers
C-9	Memorial	7:30pm	N/	N1 Venom	COC1 Devils
C-10	Alumni	7:45pm	FF	RA1	NW2 Cobras
SATURDA	AY, MARCH 25				
C-11	Memorial	7:00am	LT	H1 Rattlers	IND1 Lightning
C-12	Alumni	7:15am	FF	RA1	SC2 RingRobbers
C-13	Memorial	8:15am	SC	1 Blackout	AIR1 Avalanche
C-14	Alumni	8:30am	N\	N2 Cobras	COC1 Devils
C-15	Alumni	12:15pm	CC	DC1 Devils	FRA1
C-16	Memorial	1:15pm	AI	R1 Avalanche	LTH1 Rattlers
C-17	Alumni	1:30pm	SC	2 RingRobbers	NW1 Venom
C-18	Memorial	2:30pm	IN	D1 Lightning	BV2 The Bosses
C-19	Memorial	6:15pm	LT	H1 Rattlers	SC1 Blackout
C-20	Alumni	6:30pm	B\	/2 The Bosses	AIR1 Avalanche
SUNDAY,	MARCH 26				
C-21	Memorial	8:15am		in BLUE	2nd in RED
C-22	Alumni	8:30am	2n	d in BLUE	1st in RED
C-23	Memorial	9:30am	10		9th
C-24	Alumni	11:15am	7t	h	8th
C-25	Alumni	12:30pm	5t	h	6th
	BRONZE FIN	A 1			
C-26	Alumni	4L 1:45pm		ser of Game C21	Loser of Game C22
C-20	Alumin	1.45pm	10		
	GOLD FINAL				
C-27	Memorial	2:30pm	W	inner of Game C21	Winner of Game C22