



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



Baseball BC Return to Play Guidelines Coquitlam Little League

The purpose of this document is to outline the approved Return to Play Guidelines for the sport of baseball in the City of Coquitlam by Coquitlam Little League (CLL).

This document is to act as a supplement to the Baseball BC Return to Play Guideline and Little League International published "Season Resumption Guide" for all Little Leagues around the world. Baseball BC has developed a return to play protocol which has been issued to all Baseball BC member organizations. The original draft was prepared through a collaboration of community volunteers and staff and further reviewed and ratified by the Baseball BC Board of Directors and its member organizations.

Coquitlam Little League is a Baseball BC member. To create our Return to Play proposal, CLL have used a portion of the Baseball BC Return to Play Guidelines and expanded to suit our CLL board, our members and our partners with the City of Coquitlam to be in compliance with the British Columbia Public Health Officer, BCPRA and ViaSport requirements.

CLL supports the following assumptions from the Baseball BC Guidelines:

- municipalities and local parks and recreation departments will have had to re-open their facilities to the general public and association permit holders.
- the relevant health authorities will take the lead on any future confirmed or presumptive cases of COVID 19 and no additional work would be needed by the local association.
- that compliance policing will be performed by local and provincial health authorities, along with voluntary support and cooperation from community members, athletes, and parents.
- that Insurance providers have approved the return to play guidelines so that insurance coverage will be in force and effective, and that liability exposure is not a concern for anyone involved. By point of reminder, no insurance coverage is provided for any claim related to COVID 19 at present as suggested by Baseball BC Insurer SBC Insurance and their underwriter, Markel Canada.
- The Provincial Government of British Columbia has created a ministerial order that protects amateur sport organizations, their employees and volunteers from liability provided that each organization is complying with public health orders and provincial sport guidelines.
- From British Columbia Government website: "The ministerial order protects amateur sport organizations and their representatives from damages resulting, directly or indirectly, from COVID-19 for amateur sports. For example, a sports organization or its representatives will not be liable for a participant in their sports program being exposed to COVID-19 as a result of participation. That liability protection would be in place as long as they follow applicable guidance, such as viaSport's Return to Sport protocols and public-health guidance on how to prevent the spread of the virus. This guidance includes encouraging proper handwashing, regular disinfecting, limiting shared equipment, physical distancing measures and the use of wellness questionnaires and health self-assessment tools."



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



The purpose of this document is to focus on the Safety Plan for Resumption of Baseball for review by the City of Coquitlam. CLL has decided to focus on a two-phase plan for two separate age groups:

- CLL Stage 2 Phase 1: Return to Practice
 - Start Date: April 1, 2021
 - End Date: August 30, 2021
- CLL Stage 2 Phase 2: Return to Game Play within CLL Division
 - Start Date: **TBD depending on Provincial Health Office, ViaSport and Baseball BC**

Any advance to CLL Stage 2 Phase 2 Return to Game Play will be dependent on the success of Stage 2 Phase 1 and subject to review by CLL Board and the City of Coquitlam on adherence to PHO guidelines as outlined in the BC Restart Plan. CLL are also prepared to accept that while Stage 2 Phase 1 may be successful, we may elect not to progress to CLL Stage 2 Phase 2 game play as a result of the PHO, Government of BC, ViaSport and Baseball BC plan for return to game play.

General Requirements

- Attendance must be taken by the coach(es) at every event for all players in attendance. Per PHO, ViaSport and Baseball BC return to play guidelines, attendance record must be kept for 30 days before being destroyed.
- All discussion or coaching through any means to include reminders to players regarding social distancing, no spitting, no face touching, no contact between the athletes.
- Phase 2 Stage 1 Practice Only, all on field adult volunteers (coaches, parents, safety personnel) are required to wear masks anytime that they will be within 3m of players.
- During Phase 2 Stage 2 Games (Internal) or Phase 3 Games vs Other Organizations, all Adult personnel on the field are required to wear masks at all times.
- Masks are considered optional for players on the field but CLL encourages that players wear masks.
- All players, coaches and volunteers are required to sanitize their hands on arrival.

Personal Hygiene and Supplies

CLL to provide at each field for Coaches and Players:

- Hand Sanitizer
- Spray Sanitizer with Paper Towel / Rags to clean bats, balls and equipment after use
- Disposable Gloves and Masks available for Coaches
- Basic medical kit including ice packs and bandages



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



Foundational Requirements

- Anyone displaying **ANY** illness symptoms **WILL NOT** be allowed to participate.
- Anyone who has been in contact with anyone who is sick or not feeling well should also consider not participating.
- Anyone directed by Fraser Health to get a COVID-19 test are not to be at the field while awaiting results of the test and are to remain isolated as per the Health Authority requirements.
- 3m Social Distancing between players, coaches to be maintained.
- Maximum of one (1) parent per player at the diamond.
- Per Baseball BC, spectators are not permitted to remain at the field. Parents are required to fulfill a volunteer position and be actively involved if remaining at the field.
- Disinfectant wipe down of all surfaces to which athletes can be exposed during a game or practice performed before and after every event by coaches.
- No spitting.
- No sharing of water bottles.
- No sharing of food of any kind.
- No chewing gum.
- No sunflower seeds.
- Ride Sharing to be discouraged whenever possible.
- All First Aid policies require reviewing and safeguards put in place for any required treatment including provision of PPE, social distancing and personal safety for responders.
- All participants to disinfect their equipment after each event.
- All uniforms or clothing to be washed after each event.
- All participants to shower at first opportunity after each event.



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



Facility Adaptations

- No indoor events (practice, cage, meeting, other) permitted during Season.
 - Both batting cages (Mackin and Blue Mountain) to remain closed with the exception of entrance by coaches to collect and store field equipment after use.
 - Blue Mountain Batting Cage to open on approval from City of Coquitlam contingent on CLL Safety Plan for use and adherence by members. See Appendix 1.
 - Both concessions at Mackin and Blue Mountain will remain closed.
- All field prep equipment to be disinfected and cleaned before and after every use
- No dugout use.
 - Athletes must set up outside of the dugout and adhere to all social distancing requirements.
- Per City of Coquitlam and Baseball BC, all bleacher seating is CLOSED.
 - Any seating to be configured in accordance with social distancing requirements.
- For CLL Stage 2 Phase 1; Practices only,
 - Team Allotment times will be limited to 90-120 minutes maximum with a minimum 15 minute interval in between to allow for cleaning and exit of area by players and families.
- For CLL Stage 2 Phase 2 (Date TBA); Games,
 - Allotment times will be limited to 150 minutes maximum with a minimum 15 minute interval in between to allow for cleaning and exit of area by players and families.
 - No gathering around the park until your scheduled start time (please wait in your car).
 - Athletes must leave the park immediately after the practice or game.



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



Screening Questions

- Coaches are required to ask each participating player, umpire, and other coaches that arrive at the field of play the following prior to starting practice and if the answer is yes to any of the questions, the player is not permitted to participate in the event:
 1. Are you experiencing any of the following:
 - Fever or chills
 - Cough or worsening of chronic cough
 - Loss of sense of smell or taste
 - Difficulty breathing
 - Sore throat
 - Loss of appetite
 - Extreme fatigue or tiredness
 - Headache
 - Body aches
 - Nausea and vomiting
 - Diarrhea
 2. Have you had close contact* with a confirmed or probable case of COVID-19 in the last 14 days?

**Close contact is defined as: household member, intimate partner, or caregiver or face-to-face conversation for 15+ minutes*
 3. Have you travelled internationally in the last 14 days?
 4. Have you or someone in your household been tested for Covid-19 in the last 14 days and are still waiting for the results?
 5. Do you have a fever? **38C/104F**



COQUITLAM LITTLE LEAGUE
Serving Coquitlam since 1955

P.O. Box 47541, Coquitlam, B.C. V3K 6T3
www.coquitlamlittleleague.ca

Let's Play Ball – CLL Return to Play



PRACTICE Requirements

- Only 1 team to practice at a time. No joint practices.
- No sharing of personal helmets.
- No sharing of catcher's masks.
- No sharing of catcher's gloves.
 - CLL to provide each team with two (2) Catchers Masks and two (2) Catchers Gloves.
 - Catchers are to be dedicated players if using CLL provided equipment and only players with their own personal equipment may be candidates to catch.
- No sharing of any other personal equipment.
- No team huddles before, during or after the practice for coaching or teaching purposes
- All drills to be created and implemented ensuring social distancing requirements are met.
- No dugout use permitted.

GAME Requirements

- Game requirements to include all Practice requirements plus the following:
 - No plate meetings pre-game for lineup exchanges.
 - No mound visits by catcher or coach
 - No postgame handshakes.
 - A new or disinfected baseball for every ball put in play.
 - All players to sanitize their hands when returning to the dugout from the field, after each at bat and as required.
 - All scorekeeping and pitch counting to be performed outside and not in buildings or booths with social distancing requirements in mind.
 - Attendance must be taken and kept at every event for all people in attendance including parents (drivers). These records must be kept for 30 days before being destroyed.

Rules Adaptations for Practice and Game Play:

- All levels:
 - Umpires to work from behind the mound at an appropriate distance from others.
 - Umpires working from behind the mound are required to wear masks at all times.
 - No rundowns.