

23-Oct-23	24-Oct-23	25-Oct-23	26-Oct-23	27-Oct-23	28-Oct-23	29-Oct-23
Fuller Lake Arena						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		6:00 - 7:20am U13 T3	6:30 - 7:20am U13 F			
						7:00-7:50am U9 skate skills
					8:00-9:10am U 6/7	8:05-9:25am U11C3 vs N1
					9:15-10:25am U9 X 2	9:40 - 12:10pm SEALS
	4:35 - 5:25pm U9 X2			Fitting for First Shift	10:50-12:00pm U8 x 2	12:25 - 1:45pm U 15 C 1 vs N 3
	5:40 - 6:40pm U11 A		5:30 - 6:20pm U11 C2		12:20-1:15pm P/S	12:20-1:15pm P/S
	6:55 - 7:55pm U13 T3	6:20 - 7:10pm U11 C1	6:35 - 7:25pm U13 C2	6:50 - 8:05pm P/S	1:30 - 3:30pm U 13 T 3 vs AV	4:40-6:40pm U 15 T 2 ex
	8:10 - 9:10pm U15 T2	7:25 - 8:15pm U11 A	7:40 - 9:00pm U13 T2	8:20-9:20pm teen skate	3:45 - 5:45pm U 15 T 2 vs Pen	
9:30-10:40 Regional	9:25 - 10:15pm U18 C4	8:30 - 9:20pm U18 C1			6:00 - 7:20pm U18 C 4 ex	
Duncan Arena						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00 - 7:20am U13 T2					
					7:30-8:20am U 11 skate skill	
					8:30-9:50am U11C 1 vs N2	
					10:00-11:20am U15C2 vs O1	
	4:30 - 5:20pm U8 X 2	4:30 - 5:20pm U 6 & 7		5:00 - 6:20pm U11 A	11:30-12:50pm U11 A vs VRC	11:30-12:50pm U13 C1 vs O1
		5:30 - 6:20pm U11 C3			1:00-2:20pm P/S	1:00-2:20pm P/S
	7:00 - 7:50pm U 13 C1	6:30 - 7:50pm P/S		6:30 - 7:50 P/S	2:30-4:50pm SEALS	2:30-4:20pm U13 T 3 vs Reign
	8:00 - 8:50pm U18 F		8:15 - 9:05pm U15 C1			4:30-5:50pm U18C2 vs A2
	9:00 - 9:50pm U 18 C3		9:15-10:20 U15 T 2		Caps GAME 6:00 PM	6:00-7:20pm GIN
		9:30-10:20pm U18 C2				
Lake Cowichan Arena						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4:30 - 5:30pm U15 C2		6:00 - 7:20pm U13 T3			
7:50-9:10pm U15 T2						
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