

| 30-Dec-24 | 31-Dec-24 | 01-Jan-25 | 02-Jan-25 | 03-Jan-25 | 04-Jan-25 | 05-Jan-25 |
|------------------------------|-----------|-----------|-----------------------------|-----------------------------|-------------------------------|----------------------------------|
| Fuller Lake Arena | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 8:00-9:00am | | | 7:30-8:50am A1 vs A 4 | 7:40-9:00am A3 vs A 4 | 7:30-8:50am A1 vs A 4 | 7:40-9:00am A3 vs A 4 |
| 9:05-10:05am | | | 9:05-10:25am B1 vs. B4 | 9:15-10:35am A 1vs A 2 | 9:05-10:25am B1 vs. B4 | 9:15-10:35am A 1vs A 2 |
| 10:20-11:20am | | | 10:40-12:00pm A2 vs A3 | 10:50-12:10pm B1 vs B 2 | 10:40-12:00pm A2 vs A3 | 10:50-12:10pm B1 vs B 2 |
| 11:25-12:25pm | U9 | | 12:15-1:35pm B2 vs. B3 | 12:25-1:45pm B3 vs B 4 | 12:15-1:35pm B2 vs. B3 | 12:25-1:45pm B3 vs B 4 |
| 12:40-1:40pm | | | 1:50-3:10pm A 4 vs. A 2 | 2:00-2:50 P/S | 1:50-3:10pm A 4 vs. A 2 | 2:00-2:50 P/S |
| 1:45-2:35pm | | | 3:35-4:55pm A 3 vs A 1 | 3:05-4:25pm | 3:35-4:55pm A 3 vs A 1 | 3:05-4:25pm |
| 3:00-4:00pm | | | 5:10-6:30pm B 3 vs B 1 | 4:40-6:00pm | 5:10-6:30pm B 3 vs B 1 | 4:40-6:00pm |
| 4:05-5:05pm | | | 6:45-8:05pm B4 vs B2 | 6:15-7:35pm | 6:45-8:05pm B4 vs B2 | 6:15-7:35pm |
| 5:20-6:20 | | | | 7:50-9:20pm | | 7:50-9:20pm |
| 6:25-7:25pm | | | U11 | | U 13 | |
| Duncan Arena | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | | | | | |
| | | | | | 8:30-9:50 am PA vs CD | 8:30-9:50 am RM vs OS |
| | | | | | 10:00-11:20 am VIC 3 vs RM | 10:00-11:20 am VIC 1 vs VIC 3 |
| | | | | | 11:30 - 12:50 pm PEN vs PA | 11:30 - 12:50 pm CD vs PEN |
| | | | | | 1:00 - 2:20 pm P/S | 1:00 - 2:20 pm P/S |
| 3:30-4:50pm U11 C2 PRAC | | | | | 2:30-3:50 pm OS vs VIC 3 | 2:30-3:50 pm Crossover |
| | | | | | 4:00-5:20 pm RM vs VIC 1 | 4:00-5:20 pm Crossover |
| 5:00-6:20pm U11 C3 parent | | | 5:30-6:50pm U13 C1 prac | 5:00-6:20 pm VIC 1 vs OS | 5:30 - 6:50 pm CD vs CV | 5:30 - 6:50 pm TBA |
| 6:30-7:50pm Goalie Dev | | | 7:00-8:05pm U15 T 3 prac | 6:30-7:50 pm CV vs PEN | | 7:00-8:20 pm TBA |
| | | | 8:15-9:35 pm PA vs CV | | | 8:30-9:50 pm TBA |
| | | | | U21 | U21 | |
| | | | | | | |
| Lake Cowichan Arena | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | | | | | |
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| 30-Dec-24 | 31-Dec-24 | 01-Jan-25 | 02-Jan-25 | 03-Jan-25 | 04-Jan-25 | 05-Jan-25 |