**2024-25 Carleton Place Cyclones U15B/C– Jamie McGarry**

Welcome to the 24/25 Carleton Place Cyclones U15 B/C Program. I am very excited to have been selected as Head Coach for the upcoming season and I am looking forward to getting started with this group of players.

I have been involved in minor hockey for most of my life as a player, parent, trainer, and coach. I have been lucky enough to watch and learn from many amazing coaches and bench staff over the years. I look forward to the opportunity to continue sharing and applying these lessons to our team as we strive towards our shared goals of teamwork, development, and of course fun. I strongly believe that with dedication to these principles, success on the ice will naturally follow.

My coaching philosophy centers around fostering a positive team environment where every player feels included and valued. Hard work, conditioning, and skill development will form the cornerstone of our program. The ability of a team to maintain a high level of play throughout all three periods of a game is not only crucial for team success but also for individual growth. While winning is a part of our competitive mindset, I equally prioritize the continual improvement and love for the game among our players.

As we finalize our team selection, we will carefully evaluate which level of competition will best serve the development of our players. Being a competitive program, expect up to 3-4 ice touches per week, which will include practices and games. There will be supplemental off-ice and specialty skill development when possible.

Recognizing the importance of balancing family, school, and hockey commitments, full participation in all team-related events will be encouraged as we strive for excellence together.

We will be planning to attend 5 tournaments (3 away and 2 local). We are hoping to register for the Etobicoke, Barrie and Belleville away tournaments with local tournaments TBD.

Please expect team fees to be somewhere in the range of $750.00 in addition to registration fees. We will explore sponsorship opportunities and minimal team fund raising events to support team activities and expenses.

I look forward to a strong turnout at tryouts, filled with players who are coachable, great teammates, enthusiastic and ready to put in the hard work required to earn a spot on our 2024/25 team.

See you at the rink!

Jamie