

CARLETON PLACE CYCLONES
Return to
HOCKEY
INFORMATION GUIDE

Welcome to the CPGHA 2020-2021 Season!

We are all excited to be back on the ice, but we can't lose sight of what's needed to keep everyone safe so that we can stay on the ice. While Covid may not be widespread in our area right now, it's not gone. With the return to school and hockey, if we're not all very careful, we could easily find ourselves sidelined again like we were in March.

We, the Executive, have not taken the responsibility to meet the guidelines, protocols, and requirements set out by the OWHA and other authorities lightly; and our expectation is that you will not either. In short, we require your cooperation to make this return to hockey a successful one, as well as a sustained one.

The following pages outline the responsibilities of all parties involved - players, parents, bench staff, and managers, as well as additional info. We hope that you find the information we have compiled to be helpful.

Together, we can make this a season to remember - and not just because it's #TheOneWithThePandemic.

CARLETON PLACE CYCLONES

Return to

HOCKEY

PARENTS & PLAYERS

Screening & Arrival

- SELF-SCREEN BEFORE ARRIVAL
- ONLY ONE PARENT PER PLAYER
- ARRIVE NO EARLIER THAN 20 MINUTES BEFORE ICE-TIME
- CHECK-IN WITH MANAGER BEFORE ENTERING FACILITY
- WEAR MASKS AT ALL TIMES - EXCEPT WHEN ON THE ICE
- MUST FOLLOW FACILITY INSTRUCTIONS

While on the Ice

- NO RE-ENTRY - NO LOBBY - NO CANTEEN
- MUST MAINTAIN 2M DISTANCE AT ALL TIMES - INCLUDING ON THE ICE
- PLAYERS CANNOT LEAVE DRESSING ROOM WHILE OTHER COHORTS ARE COMING OFF/GOING ON THE ICE
- SPECTATORS MUST REMAIN IN STANDS - NO STANDING ALONG BOARDS
- EVERYONE MUST LEAVE FACILITY WITHIN 15 MINUTES OF GETTING OFF THE ICE
- IF SYMPTOMS DEVELOP, NOTIFY MANAGER AND LEAVE IMMEDIATELY

CARLETON PLACE CYCLONES
Return to
HOCKEY
MANAGERS

Screening & Monitoring

- **CONFIRM SELF-SCREENING BEFORE MEMBERS ENTER FACILITY**
- **KEEP ATTENDANCE RECORD OF EVERYONE ENTERING FACILITY**
- **PROVIDE FACILITY WITH A COPY OF ATTENDANCE RECORD**
- **ENSURE EACH PLAYER IS ACCOMPANIED BY ONLY ONE ADULT**
- **MONITOR DRESSING ROOM AND ENSURE PLAYERS ARE:**
 - **WEARING MASKS**
 - **AVOIDING CONTACT**
 - **FOLLOWING PROPER HAND HYGIENE PROTOCOLS**
 - **REMAINING IN THE ROOM UNTIL IT'S TIME TO GO ON THE ICE**
 - **NOT LEAVING THE ROOM WHILE OTHER COHORTS ARE GOING ON/COMING OFF THE ICE**
 - **OUT OF THE FACILITY WITHIN 15 MINUTES OF COMING OFF THE ICE**
- **INFORM PLAYERS/PARENTS WHO SHOW SYMPTOMS THAT THEY MUST LEAVE THE FACILITY, AND REPORT TO THE DIRECTOR OF RISK & DISCIPLINE**
- **WEAR A MASK AT ALL TIMES**

CARLETON PLACE CYCLONES
Return to
HOCKEY
BENCH STAFF

Coaches

- SELF-SCREEN BEFORE ARRIVAL
- MAINTAIN 2M DISTANCE AT ALL TIMES ON THE ICE
- ENSURE PLAYERS ARE MAINTAINING A 2M DISTANCE WHILE ON THE ICE
- REMOVE A PLAYER WHO SHOWS SYMPTOMS FROM THE ICE
- WEAR A MASK AT ALL TIMES - EXCEPT WHEN ON THE ICE

Trainers

- SELF-SCREEN BEFORE ARRIVAL
- WEAR A MASK AT ALL TIMES
- MANAGE PROVIDED SUPPLY OF PPE
- WEAR FACE SHIELD AND GLOVES WHEN TREATING A PLAYER
- MONITOR DRESSING ROOM AND ENSURE PLAYERS ARE:
 - WEARING MASKS
 - AVOIDING CONTACT
 - FOLLOWING PROPER HAND HYGIENE PROTOCOLS
 - REMAINING IN THE ROOM UNTIL IT'S TIME TO GO ON THE ICE
 - NOT LEAVING THE ROOM WHILE OTHER COHORTS ARE GOING ON/COMING OFF THE ICE
 - OUT OF THE FACILITY WITHIN 15 MINUTES OF COMING OFF THE ICE

CARLETON PLACE CYCLONES
Return to
HOCKEY
ADDITIONAL INFO

- **EACH COHORT HAS A COACH & IS LIMITED TO ONE ASSISTANT**
- **EACH PAIR OF COHORTS HAS AT LEAST ONE MANAGER AND TRAINER, IDEALLY TWO OF EACH TO SHARE COVERAGE**
- **FOCUS IS ON INDIVIDUAL DEVELOPMENT - COHORTS ARE NOT TEAMS**
- **IF TRADITIONAL HOCKEY RESUMES, WE WILL FORM TEAMS**
- **NO PLAYER PICK-UPS/AFFILIATES - PLAYERS CANNOT PARTICIPATE IN HOCKEY OUTSIDE OF THEIR COHORT**
- **SCRIMMAGING IS NOT YET PERMITTED**
- **NO JERSEYS WILL BE PROVIDED UNTIL SCRIMMAGING IS ALLOWED**
- **FUNDIES WILL START IN OCTOBER**
- **SCHEDULES WILL BE FAIRLY CONSISTENT EACH WEEK**
- **COVID CASE HANDLING, ISOLATION REQUIREMENTS, AND RETURN TO PLAY TIMELINES WILL BE GUIDED BY OUR HEALTH UNIT**
- **GUIDELINES FOR EACH FACILITY WILL BE POSTED ON OUR WEBSITE**
- **SOME COHORTS STILL HAVE ROOM FOR REGISTRATIONS**
- **PAYMENTS CAN BE MADE VIA E-TRANSFER (CREDIT CARD PAYMENTS COMING SOON) - PAYMENT IN FULL IS DUE BY OCT 1ST**
- **A SECOND REGISTRATION WILL TAKE PLACE FOR PHASE 2 (JAN-MAR)**
- **WE WILL COMMUNICATE ANY CHANGES TO YOU**
- **QUESTIONS/CONCERNS SHOULD GO TO YOUR COACH FIRST, THEN TO YOUR PROGRAM DIRECTOR**