

**Carleton Place Girls Hockey Association (CPGHA)
Policy Amendment Summary**

Formation of Competitive Teams Policy	
Date Amended	Amendment Details
January 12, 2026	Amended as per CPGHA January 2026 board discussion

CPGHA Policy: Formation of Competitive Teams

Effective Date	This policy was last approved by the CPGHA executive on January 12, 2026 and takes effect on April 1, 2026.
Objective and Scope	<p>This policy establishes the criteria and process for the formation of competitive teams within the CPGHA.</p> <p>For the CPGHA high performance program, refer to the respective policies.</p>
General	<p>Teams will be formed with a minimum of 12 skaters and 1-2 goalies by the beginning of regular season play. Those from the CPGHA board participating in the tryout process (CPGHA Competitive Committee) can approve rostering up to 17 skaters per team.</p> <p>Players are expected to play within their age level unless otherwise approved by the CPGHA to play at a higher age level.</p>
Formation of Divisions	<p>Prior to the beginning of tryouts, the CPGHA will announce the proposed number and category of teams for each Tier, which will be determined based on considerations such as sufficient ice, interest and talent among its players.</p> <p>During the tryout process and prior to the beginning of the season, the CPGHA Competitive Committee may decide to add, remove or re-categorize teams when it is deemed in the best interests of the players and the association.</p>
Competitive Tryout Process	<p>Players will be selected for competitive teams through a competitive tryout process.</p> <p>Prior to the beginning of tryouts, the CPGHA will provide members with information on how the tryout process will be conducted.</p> <p>The selection of players for teams shall be monitored by a representative from the CPGHA, as designated by the CPGHA Board.</p> <p>Independent evaluators will also be used during the tryout process. In instances where the coach and independent evaluator do not agree on a player selection, the final decision will rest with the CPGHA Competitive Committee. Final team rosters are approved by the CPGHA Competitive Committee.</p> <p>In situations where a parent head coach has been selected for a competitive team, the CPGHA Competitive Committee will have made an</p>

	assessment in advance that the head coach’s daughter would be appropriately placed on that level of team.
Communications During the Tryout Process	<p>The CPGHA endeavours to structure the competitive tryout process so that it minimizes the pressure and stress on its players and families. Prior to the beginning of tryouts, the Competitive Program Committee will provide information to players and families on:</p> <ul style="list-style-type: none"> • How and when player releases will be communicated. • The process that released players and their families can follow to receive feedback on the player’s tryout evaluation. • Conduct and discretion expected of players and families during the tryout process intended to minimize the negative impact on players, coaches and staff. <p>In accordance with the CPGHA Code of Conduct, players, families, coaches and staff are expected to communicate with each other in a respectful manner. Incivility, bullying or harassment will not be tolerated.</p>
Tryout Fee	All players attending competitive tryouts will pay a fee, as determined each season by the CPGHA Board.
Tryout Registration Process	To be eligible to attend tryouts, players must register online in advance for tryouts and pay the tryout fee.
Import Players	<p>Refer to the CPGHA Import Policy.</p> <p>Notwithstanding the Import Policy, the CPGHA is not obligated to accept registration of imports.</p>
Appeal Mechanism	If any disagreement arises between coaches, parents or players regarding this policy, the CPGHA Competitive Committee has final authority.
Declining a Position Following a Tryout	A player who has been offered a spot on a CPGHA competitive team and subsequently decides not to play on that team may not be eligible to play on the lower level CPGHA team for that season. The requirements of the Import Policy will also apply, if applicable.
Injury or Illness in Tryouts	<p>If a player is unable to, because of illness or injury, participate in tryouts according to the published schedule, or if they incur an injury or illness during the tryout period and are not able to complete the tryouts:</p> <ul style="list-style-type: none"> • In all cases, a medical certificate must be provided to the CPGHA Competitive Committee as evidence that a player cannot participate in team tryouts. In addition, the nature of the injury and the expected return date of the player are also required. Upon returning from injury, each player must provide a medical certificate stating that the player has been cleared to return to play. • To determine the subsequent tryout status of the returning player, the CPGHA Competitive Committee will consult with a variety of sources to obtain sufficient information about the

	<p>player so that a reasoned decision can be made that considers both what is best for the player as well as the affected team or teams. The sources will include, but not be limited to, the current coach, previous coach, lower level coach, and any other appropriate source deemed relevant by the CPGHA Competitive Committee.</p>
Exceptions to Policy	<p>Exceptions to this policy can be made at the discretion of the CPGHA executive.</p>
Policy Inquiries	<p>Inquiries on this policy can be submitted to the CPGHA Executive via cpghasecretary@cpgha.ca.</p>