



## **Dressing Room Protocol**

The purpose of this policy is to provide clear guidelines while still maintaining a degree of leniency for team officials to provide players with a safe and inclusive environment. As our players mature in age, it becomes necessary for team staff to adhere to a dressing room policy to ensure the privacy of all players. The Head Coach of every team is responsible for enforcement of this policy and must ensure this protocol is understood by every team member. Any deviation from this protocol should be reported to the CPGHA Director of Risk Management.

1. There must always be at least 2 females in the dressing room.
2. The OSHA recommends and the CPGHA requires that there be a female in the dressing room at all times. An adult female Dressing Room Monitor must be appointed for Midget level and below and must always be accompanied by another adult female until such time as the Team Staff are permitted in the dressing room. An adult is considered 18 years of age and older. The person would preferably be a female trainer and/or an assistant coach. 'Respect in Sport' (formerly **Speak Out!**) is required for the female Dressing Room Monitor. The Dressing Room Monitor shall advise the Coach when the players are dressed and the Coaching Staff may enter the dressing room.
3. For FUNdamentals and Novice, any parent or guardian is permitted in the dressing room until 10 minutes prior to the scheduled ice time or when the coaches advise it is time to leave.
4. For Atom and older age groups, no male is permitted in the dressing room except as permitted under E below.
5. Only Team Staff are permitted in the dressing room 10 minutes prior to every ice time to brief the players on expectations for the ice time. In addition, only team staff are permitted in the dressing room 5 minutes after each ice time for a debrief. Parents and other non-team staff are not permitted in the room during this time unless authorized by the Head Coach. Per B above, there must be an adult female present during this time.
6. All players should be in the dressing room at least 30 minutes prior to the ice time or as specified by the Head Coach.
7. Players should be dressed 10 minutes prior to the ice time to allow male coaching staff time for pre-ice instructions.
8. Players should not remove any equipment other than gloves, helmet and neck guards until the coaches have had an opportunity for a 5 minute post ice time debrief.
9. Players who arrive late (during pre-ice discussion) will be required to wait until the coaching staff has finished their pre-ice discussion is complete before getting dressed.
10. If a male parent or guardian is required to make adjustments to players' equipment the player should leave the dressing room and have the adjustments made prior to 10 minutes before each ice session. This requirement may be waived for FUNdamentals and Novice.
11. No locked doors except when the teams are on the ice.



12. No pictures may be taken in the dressing room. Any device capable of taking a picture (camera, video recorder, cell phone, ipad etc...) must be stored in a manner that makes taking a picture impossible. When in doubt do not bring it in or turn it off.

Should unforeseen circumstances arise that require an alternate solution, it is the responsibility of the Head Coach to actively manage the risk and ensure the safety of individual players when they are in the dressing room.

Thank you-

CPGHA Executive