

Up Next:

Sunday December 4th

4:00pm Pakenham Arena **Practice**

*2 hours

Monday December 5th

5:00pm Almonte **Practice**

Friday December 9th

5:15pm Carleton Place Rink 1
Practice

Sunday December 11th

4:30pm Carleton Place Rink 2
Home Game vs. Stittsville
*Arrive at 3:30pm

Monday December 12th

5:00pm Almonte **Practice**

Friday December 16th

5:30pm Carleton Place Rink 1

Practice

Saturday December 17th

3:30pm Carleton Place Rink 2 Home Game vs. Smiths Falls *Arrive at 2:30pm

Team Holiday Party

Date and location TBD

CYCLONES TURN SEASON AROUND

Following a great team building experience in Cobourg, the U13 Cyclones returned home, ready to take on their regular season opponents. The Cyclones started the season going 0-4, but with some success at their first tournament of the year, the team was hoping to turn things around.

November 1st – Cyclones vs Smiths Falls Cubs

Hoping to get their first win in the regular season, the Cyclones were defeated 2-0 in a frustrating game against their perennial rivals, the Smiths Falls Cubs. "This one was very frustrating for the coaching staff. We took such big steps at the tournament and we had hoped it would carry into our next game", said Coach Ryan after the game. Rumours swirled that the players received a stern talking to in the dressing room following the game. "I wouldn't say that there was yelling and screaming, but the coaches made it clear they were disappointed with the gameplay tonight. We had good energy going into the game, but we still had players watching the play and not engaging in the action. We've been preaching a "team game" all season, and we did not see everyone rowing the boat tonight. We will not win many games if everyone is not contributing. We know we can do it - we've seen them do it, but we didn't see it tonight."

November 6 – Cyclones vs Ottawa Valley Thunder

Heading into their first away game up the Valley, the Cyclone's coaching staff were beginning to feel the heat. After suffering their 5th straight loss to start the regular season, chatter of firing the coaches was beginning around water coolers. "I've never concerned myself with wins and losses" Coach Ryan said before a practice last week. "Losing provides learning opportunities...but I admit, winning is definitely more fun. When you see the results, it's easier to trust the process. We want to make sure everyone is still paying attention. There's been a lot of good things being built here, and we don't want the players to get distracted by the losses. The coaches know it's a process, and we're getting there."

As the Cyclones arrived at the rink on Sunday, it was clear they were eager to pulloff a win against the Ottawa Valley Thunder. With 5 players missing from the lineup, the Cyclones knew they would have to elevate their game. Always ready to



2022-2023 U13 House



FUNDRAISING UPDATE

FlipGive

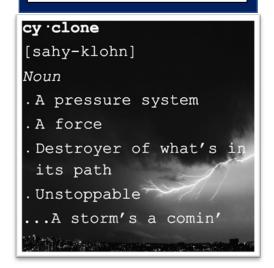
Collectively we are at \$396! However, it needs to be said that we wouldn't be this successful without Nora DesRochers and her team of shoppers. Together they have earned \$160!! Way to go Team Nora!

Future Fundraising Events*

Pub Night – Jan. 21st **Details to come* – *stay tuned!*

Suggestions for other fundraising activities:

Trivia Night
Family Movie Night
Euchre Tournament
Player Buttons



compete, Hailey Kovacs was again prepared to show why she is a leader on the team. After getting the puck into the opposing zone, Kovacs battled hard in the slot and was able to fire one behind the Thunder goalie.

Keyva Beeching played one of her best games of the season. She was buzzing all over the ice. "She is getting better and better. She has a lot of speed, and when she gets comfortable handling the puck and being strong on her stick, she is going to be dangerous both offensively and defensively." Coach Ryan boasted. Keyva's line-mate, Nora DesRochers, has also improved her game as she is moving her feet to be part of the play.



Kaysey Hack proudly displaying her "First Goal" puck and the Hardest Worker jacket!

Another player who has been constantly improving is Kaysey Hack. In her first year of minor hockey, she is gaining confidence with each game. She is more engaged in the play, resulting in more puck touches each game. Not willing to wait any longer to score her first goal, Hack found the puck in front of the net and fired it over the goalie's glove. The team erupted on the bench as they knew the significance of their teammate's achievement. "My dad is going to be mad he missed it!" Kaysey said, smiling on the bench. I'm sure Aaron Hack will be disappointed he missed it, but he will no doubt love to hear Kaysey describe it to him.

Keira Guthrie scored a sneaky one as she

wrapped the puck around the net and snuck one by the goalie's skate. If Keira keeps playing around the net, she will most definitely find more goals this season.

The team's defence put in their best game of the season. Veteran Avery Simpson played a consistent game and has added the ability to rush the puck up the ice. When Kaelyn Colbourne came to the bench after another solid shift, Coach Brian let her know she was playing great. "This is your best game of the season Kaelyn! You are playing awesome! Keep it up!"

Brooklyn Olmsted scored early in the third period with assists from Keira Guthrie and Hailey Kovacs, contributing to the 7-1 win. Coach Ryan summed up the game afterwards. "It wasn't a perfect game, but we did enough to win today. We are

getting better, but we need to find consistency. Everyone playing the right way, with everyone contributing. That's how we will win against the top teams."











November 9 – Cyclones vs Smiths Falls Cubs

Going up against Smiths Falls again, only a week after losing to them, would be a good test to see if the team was truly learning and improving. With the Cyclones missing 3 key offensive players, would they be able to compete enough to win?

In his pre-game speech, Coach Ryan said "When we are missing key players, we never want to use that as an excuse. We have a room full of capable players that can step up their game. We know if everyone works together and plays their role, we will be a tough team to beat."

When the game started, Assistant Captain, Hailey Kovacs, led the way and showed the team the type of effort that would be required. The team followed her lead. Kovacs played a perfect game of 2-way hockey. She drove the puck into the offensive zone and got back to disrupt many of the Cubs' chances. Leah Ashton and Brooklyn Olmsted provided some good chemistry with Hailey and helped her score 3 goals in the game. That was all the offence the team needed as goalie, Layla "Goose" Sample, was there to stop most of Smiths Falls' shots. The final score was 3-2 for the Cyclones.

November 23 – Cyclones vs Kemptville Storm 2

The Cyclones were now riding a wave of momentum as they headed South to face-off against one of the strong Kemptville teams. The last time these teams

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Captain Chloe Kennedy's energy was palpable as she led the team to a big win in Kemptville, earning herself the Hardest Worker jacket after the November 23rd game.



Keira Guthrie couldn't hide her happiness in being chosen as the Hardest Worker against Smiths Falls on Nov. 9

played, Kemptville won a close 2-1 game. The Storm were facing a much more confident Cyclone team this time around though. The Cyclones were also boosted by the return of team Captain, Chloe Kennedy, who was itching to get back to action following the recovery from a concussion. Hailey Kovacs opened the scoring late in the first period to give the Cyclones the lead. The Storm fired back in the second period scoring twice to take the lead. The Cyclones team didn't buckle though. They stayed focused and kept playing their game. Finally, Chloe Kennedy scored on the Storm goalie after some great work from Myah Roach and Hailey Kovacs. The goal seemed to give Kennedy a boost of energy as she went out on her next shift and scored again to give the Cyclones a 3-2 lead. The Cyclones shut down the Storm for the rest of the game and they headed home on 3-game winning streak.

November 26 – Cyclones vs Kemptville Storm 1

The Kemptville Storm 1 team has not lost a game all season, leading the league with 8 wins. The Cyclones had a tough task on their hands, but the team arrived ready at the Almonte Arena to try and slay the dragon. Although it was "Cyclones Day", it was the Storm that were celebrating when the final buzzer rang. With a final score of 6-0, you would think there would not be a lot of positives for the Cyclones. This was a strange game however, and you could not fault the Cyclones

HAPPY BIRTHDAY TO ALL OF OUR PLAYERS CELEBRATING IN DECEMBER!



team's effort. The Cyclones regularly outplayed the Storm in the game and kept the puck in the offensive zone for long periods of time, generating lots of chances. The final shot clock read 17-16 for the Cyclones. So, what happened? "We got beat by a really good player today. Number 17 is a special player for Kemptville, and we didn't have an answer for her today. We will have to figure out a way to stop her or slow her down. I think if we can neutralize her, we actually match up really well against that team." Coach Ryan told reporters following the game. "It's disappointing to lose and end our winning streak, but we'll try and start a new streak when we play again."

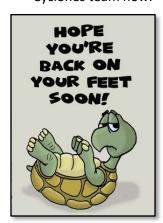
November 27 - Cyclones vs Ottawa Valley Thunder



Leah Ashton's future is bright! Having played a great game, she was awarded the Hardest Worker jacket after the Cyclone's 3-2 win over the Thunder on Nov. 26.

The Cyclones travelled to Cobden for the final time this season to face the Ottawa Valley Thunder. With a goal to keep moving up the standings, the Cyclones could not bear to lose this game. Led by the team's leadership group, the team took the play to the Thunder. Assistant Captain, Avery Simpson may have played one of her best games of hockey ever. With Ila Bissonnette as her defensive partner, the duo was impenetrable at the blue line. Both finishing the game with a plus-3 rating, their strong play kept the puck out of the Cyclones end and continued to generate offence from the back end. Avery Simpson was involved in everything this game and picked up 3 assists. Team Captain, Chloe Kennedy scored twice and added an assist, while Assistant Captain, Keira Guthrie scored the game winning goal with what might be the highlight of her career. Finding herself wide open in front of the net, she called for the puck from Avery Simpson at the point who promptly delivered it right on her tape. Keira put a clever move on the goalie and lifted the puck over her as she fell. With the large number of players on the roster and many players missing games this season, players have found themselves playing in different positions. Leah Ashton has been asked to play forward for many games this year and has found success in the unfamiliar position. Leah really likes to play defence and got the opportunity to play with Cassie Leonard on the point for this game. Not wanting to let the team down, Leah's work ethic was very apparent in this game. After the game, Coach Ryan said "You could see her skating as hard as she could, backchecking and breaking up chances for the other team. We really liked her game today" It was no surprise when she was awarded the coveted leather jacket for

Hardest Worker" in front of her teammates in the dressing room after the game. Fans of the team are clearly seeing a different Cyclones team now.



Brad Colbourne

The U13 Cyclones team wish a quick recovery to Kaelyn Colbourne's father, Brad. Colbourne had been in the hospital after suffering a stroke last week. We've been informed that "he's doing phenomenal" and is expected to make a full recovery



On Cyclones Day, our whole team played for Reesie. Our hearts are with Brooklyn, Lia, Fred, and their entire family.



Love 4 Reesie Foundation

Donate by etransfer to: love4reesie@outlook.com







