

## **Up Next:**

## Friday January 27<sup>th</sup> 5:30pm CP1

Practice

#### Saturday January 28th

11:30am North Grenville Arena
Away Game vs. Kemptville 1
\*Arrive at 10:30am

#### Monday January 30<sup>th</sup>

5:00pm Almonte
Practice

### Tuesday January 31st

6:00pm Smiths Falls Arena **Away Game vs. Smiths Falls**\*Arrive at 5:00pm

# DIFD TOURNAMENT Friday February 3<sup>rd</sup>

11:00am Bell Centennial Arena
vs. Kemptville Storm
\*Arrive at 10:00am

## Friday February 3<sup>rd</sup>

4:15pm Nepean Sportsplex 2

vs. Nepean Nordquist

\*Arrive at 3:15pm

#### Saturday February 4th

5:15pm Minto Recreation Complex Barrhaven South vs. Kingston Wolves \*Arrive at 4:15pm

### **CYCLONES LOOK TO INTENSIFY**

There's a saying that "nobody remembers how you won or lost; only whether you won or lost". That may be true. For the Cyclones, when they look at the standings after their last 2 games, there will be 2 more games in the loss column. A loss is a loss, there is no changing that. However, the Cyclones can take solace in knowing that although both games were 1-0 losses, the similarities ended there.

On Saturday, January 21st, the U13 Cyclones faced off against the Ottawa Valley Thunder. Having not won a game all season, the Thunder were determined. "Sometimes, a hockey game will come down to who wants it more, and that was the case today", coach Ryan told his squad. The Thunder were winning races to the puck and getting plenty of scoring opportunities. If it wasn't for the Cyclones' goaltending tandem of Layla Sample and Nella Walker, this game could've been over early. Instead, in the final 2 minutes of the game, the Ottawa Valley Thunder banked one into the net to take a 1-0 lead. As the final buzzer rang, the dejected Cyclones looked down the ice as the jubilant Thunder celebrated their first win of the season. A hard lesson.

One fan described it as a "terrible game". Another described it as "rock bottom". One thing was for certain, something needed to change.

This past Monday, the girls arrived in Stittsville to face-off against the Rockets. It didn't take long for them to realize it wouldn't be business as usual. The line-up card was completely different. Long-time line-mates had been split up. There was a U11 player here. The music playlist was different...and wait a second, is that Olivia Freeman?!

On the way to his pre-game chat, Coach Ryan said "We needed to shake things up because the status quo wasn't working. I'm not sure if this is a wake-up call, but we needed to get the player's attention."

Although they were playing with different line-mates, the coach's expectations were the same, as was the messaging. "If you want to win, you need to be engaged in the play. We had too many "spectators" last game. If



**2022-2023 U13 House**