

## **Next up:**

#### Friday October 21st

6:30pm Carleton Place Rink 1 **Gameday** vs. Kemptville 2 \*arrive at 5:30pm

#### Saturday October 22<sup>nd</sup>

11:30am North Grenville Municipal Centre Rink 1 **Gameday** vs. Kemptville 1 \*arrive at 10:30am

#### **Monday October 24th**

5:00pm Almonte **Practice** 

#### October 28th to 30th

Halloween Havoc Tournament Guaranteed **3 games** in Coburg



### CYCLONES FACE ADVERSITY EARLY

The Carleton Place Cyclones U13 House team had hoped to kick-off their season with a couple of wins this past weekend, but unfortunately, they ended up with the big sting of defeat. As the old saying goes, "everyone has a plan until you're punched in the face" and the Cyclones were stunned with two back-to-back losses. Not only did they lose both games, but they weren't able to get the puck in the net. In Saturday's post-game media scrum, Coach Ryan asked "Is it time to panic? Is it time to throw in the towel? Should we hope for a "planet destroying" meteor to hit Earth and end our suffering? No…I don't think we are there yet." So, what happened?

The Cyclones started the weekend at home as they faced off against the Kemptville Storm 1 on Saturday afternoon. The Storm came out flying. Their players were big and fast, leaving the Cyclones overwhelmed throughout the game. "That was a good team", Coach Ryan said following the game. "They were better prepared for the game than we were. We have a young team and we're still learning how we need to compete in the U13 league. I promise, we will be better next time we play them. We have good players on our team too, we just aren't playing a full "team game" yet. Once everyone buys in to what we want to do, we will be a more competitive team." In an emotional dressing room, winger Keira Guthrie summed it up best saying "I don't want to feel like that again." The Storm outshot the Cyclones 27-6, with a final score of 7-0.

The silver lining on Saturday was that the team would have another chance to right the ship the following day in their first away game of the season against the Stittsville Rockets. With the taste of defeat still fresh in their mouths, the girls came out stronger against the Rockets in the afternoon game at the sold-out Cardelrec Recreation Complex. They were more offensive, outshooting the home team, but the bounces just didn't go their way. The Rockets, however, were able to find the back of the net 3 times. With a few players short of a full roster, the Cyclones had to put players in new positions. Avery Simpson, who usually plays defence, centered a line with fellow veterans Chloe Kennedy and Keira Guthrie. The line did generate some offence and apparently scored twice but the refs did not see the puck in the net. (*True story!*)



2022-2023 U13 House



## FUNDRAISING UPDATE

#### **Bottle Drive:**

This was an incredibly successful fundraiser!! we were able to bring in \$1,177.30! Thank you to everyone who collected and donated!!

#### FlipGive:

We are well on our way to reaching our goal of \$1,000. Since our last update we raised \$56 bringing our current total to **\$214.00**. As the holidays sneak up on us, keep FlipGive in mind for any online shopping. Great work everyone!

# Connelly & Koshy Professional Corp. and Olmsted Pumpkins:

Thanks to Brad Colbourne and Fred Olmsted for arranging for team sponsorships with a combined total of \$750!

#### **Future Events (dates TBD):**

Player Buttons Euchre Tournament Trivia Night Pub Night In the dressing room after the game, Coach Ryan - ever the optimist - said, "Bad things can happen in a game. Sometimes the difference between winning and losing is how you deal with adversity. You can dwell on those bad things, or you can move on and try and create something positive." Coach added, "I was proud of Olivia Martel today. A puck deflected off her stick and into our net. She was very upset about it, but she put the incident behind her and kept pushing, and that's what earned her the "Hardest Working Player" award. We can look at these two games this weekend the same way. We didn't win. We can feel bad for ourselves, or we can look forward to our next practice, fix some things, and be ready to go for our next game."

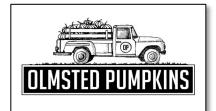
They say failure is the best teacher. Avery Simpson echoed this sentiment by stating "we didn't lose, we learned". A motivated team showed up for practice on Monday. The girls were focused and worked hard. Will this be the "TSN turning point" for the team? The Cyclones have a few days off before they have another double header this coming weekend. They will host Kemptville Storm 2 on Friday night in Carleton Place, and then have a chance at redemption as they head to Kemptville to face off again against Storm 1.

#### The Cyclones Get Ready to Announce Their Leadership Group

Prior to the game on Friday, October 21st, the Cyclones will receive their jerseys with their names emblazoned on the back. However, a few players will also have an important letter stitched on the front of their jersey, over their hearts. The Cyclones are set to announce the team's Captains before they face-off against the Kemptville Storm 2.

#### What makes a good captain?

- They always put the team first.
- They lead by example.
- They inspire those around them.
- They have a positive relationship with Coaches and Teammates.
- They embody the core values of their team.
- They work hard and persevere.
- They step up when the team needs them.







**Proud Sponsor of the Carleton Place Girls Hockey Association**