

## CMHA Safety Plan

The following protocols will be in place for as long as may be needed (subject to change with updates from Interior Health and/or BC Hockey) for the 2020 hockey season.

1. Prior to the season, we will be outlining expectations to all members with respect to procedures to be followed when at the arena, most of which are set out below but subject to change as the pandemic situation evolves.
2. **Screening of players will be done via TeamSnap prior to each ice time. It will be mandatory for this health check to be complete a minimum of 90 minutes before the ice time.** Screening will also take place when players arrive at the arena. A “safety person” will be appointed for each team/tryout so that players and any adult accompanying them (**maximum of one adult per child – no siblings**) can be asked health questions prior to entry into the arena. We intend to have a temperature gun at all three arenas for use in the screening process as well. If anyone has any symptoms (fever, cough, runny nose, etc.), they will not be allowed entry, and will be asked to consult with their health care practitioner and advise us of the outcomes prior to returning to the rink. Coaches and/or team staff will require a player or adult that is showing any symptoms to leave the arena.
3. We will be reminding players & adults to sanitize their hands frequently. Sanitizer will be available upon entry into the arena and at other locations deemed appropriate within the arena, likely including the exit area. Also, everyone is to take the proper measures to social distance and to not engage in any actions detrimental to the health of other players/adults in the arena.
4. We will be asking players to come to the **facility fully dressed** and arrive no more than 15 minutes prior to their ice-time. Bathrooms will be accessible, though to a maximum of 2 people at a time. **Dressing rooms, water fountains, vending machines, etc. are all off limits.**
5. Players will follow facility guidelines as to where they can tie skates, etc. and then will get directly onto the ice. Markings for water bottles will be placed on the boards in front of the benches, with benches being off limits.
6. **Parents/adults will have to sit in the designated area if staying for the ice session. Only one adult per child (no additional parent or siblings) Parents must remain available and close to the rink in the event of an emergency and must not be late returning to the rink at the end of the ice time.**
7. As per arena protocols, the players will not be allowed to spit while on the ice or in the facility.
8. Coaches will be directed to create practice plans for on ice sessions as follows:
  - a. No scrimmages, contact or drills that require players to be close to each other.
  - b. All drills will consist of individual type drills.
9. Upon completion of the ice time, players will be required to leave the arena within 15 minutes (or less), while continuing to follow social distancing measures. Again, no use of dressing rooms will be allowed – players will leave fully dressed, as they arrived.
10. The appointed safety person for each team/tryout will help with the sanitation of the rink by wiping down the lobby area, the benches, the handles to getting on the rink, to the door handles going into and out of the rink.

CMHA is committed to providing a safe environment for our coaches, players, adults and arena staff.

CMHA Executive