

CRANBROOK MINOR HOCKEY PRACTICE CONTACT TRACING



Each Cranbrook Minor Hockey team is responsible to fill and file this document before each ice time for all players, team staff and volunteers for both home and visiting teams. Masks are mandatory except for players arriving at or on the field of play.

KEY SYMPTOMS OF ILLNESS: Are you experiencing any of the following symptoms: Fever, chills, cough or worsening of chronic cough, shortness of breath, loss of sense of smell or taste, diarrhea, nausea and vomiting?

2. Have you returned from travel outside Canada in the last 14 days?

3. Have you been diagnosed with Covid 19 or been in close contact with a person confirmed to have Covid-19?

If answering "yes" to any of the above questions please see procedures below.

	Full Name	Team Official Role	Phone	Date
01		Player		
02		Player		
03		Player		
04		Player		
05		Player		
06		Player		
07		Player		
08		Player		
09		Player		
10		Player		
11		Player		
12		Player		
13		Player		
14		Player		
15		Player		
16				
17				
18				
19		Coach		
20		Assistant Coach		
21		Assistant Coach		
22		Assistant Coach		
23		Assistant Coach		
24		HCSP		

25		Manager		
26		Covid Ambassador		
27		Covid Screener		
28		Covid Screener		
29		Certified Volunteer		
30		Certified Volunteer		
31		Certified Volunteer		
32		Certified Volunteer		
33		Covid Screener (if applicable)		

1. If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), the player should stay home for 24 hours from when the symptoms started. If the symptoms improve, the player may return to hockey when feeling well enough. If the symptoms persist or worsens, seek a health assessment.

2. If you answered "YES" to two or more of the questions included under 'Key Symptoms of Illness' or the player has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the player should not return to hockey until COVID-19 has been excluded and symptoms have improved.

3. When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is positive, the player should stay home until told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public Health will contact everyone with a positive test.

- If the COVID-19 test is negative, the player can return to hockey once symptoms have improved and feels well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless the player develops a new illness.

- If a COVID-19 test is recommended but not completed because you choose not to have the player tested, or do not seek a health assessment when recommended, and the symptoms are not related to a previously diagnosed health condition, the player should stay home from hockey until 10 days after the onset of symptoms, and return when feeling well enough.

4. If a COVID-19 test is not recommended by the health assessment, the player can return to hockey when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).