

Dartmouth Bandits AGM

Sunday, December 15th, 2024

Lawrence Taylor

Female Development Director

Re: Report for 2024 Season

I am very pleased to have had the opportunity to assist with and run the pre-season *Try Lacrosse* sessions held on March 7th, 14th, 21st, and 28th alongside Gord and the Bandits' executive team. The sessions I led focused on increasing female participation and were well attended. The involvement of Junior players assisting with drills was invaluable due to the high number of participants.

For the regular season, our goal was twofold:

1. To equip minor female players with the skills and knowledge to compete at the highest level, enabling them to progress to Provincial or Junior programs.
2. To provide coaches with resources to improve their practice sessions and gameplay strategies.

To support coaches, I developed a Word document containing YouTube links with practice tips, as well as a PDF outlining basic skills and expectations that coaches can address with their players.

Pre-season practices at Shearwater on April 27th and 28th were an excellent opportunity to evaluate the skill levels of female players and assist coaches in their drills. Looking ahead to the 2025 season, I'd like to propose again implementing a *Skills and Knowledge Program* where female players earn a helmet sticker upon completing a "test." These tests would assess the essential skills and knowledge players should have at their current stage of development.

Thank you for the opportunity to support and grow the female program within the Dartmouth Bandits organization.