

The current Communicable Disease Plan can be found on the DCMHA website and forms part of the DCMHA Policy:

If you have any questions at any ice time, please speak to the Safety Person (HCSP) in attendance at the DCMHA event you are attending or contact the DCMHA Risk Manager by emailing: riskmanager@dcmha.ca

DCMHA ice times/events must follow all governing body guidelines. Links are enclosed for your reference. If there is a conflict between any guidelines, the stricter of the two are to be followed.

For the winter of 2021, DCMHA is using ice at the Memorial or Kin Arena and therefore, the summaries below reflect the restrictions and guidelines for those.

Restrictions in Place

- In each arena we will have no more than 50 Spectators. This does not include the coaches, players, or volunteers. For any games, each team will be allowed 25 spectators each.
- The current ice user is responsible for ensuring capacity limits are not surpassed. Therefore, if the users for an ice time following a DCMHA ice time enter the facility and cause the 50-person capacity to be exceeded, then the DCMHA HCSP must ask the following ice users to exit until the 50-person capacity will no longer be exceeded.

Easing of Restrictions

- Arenas are now fully open to the public and therefore arrival time is eliminated. It is recommended to attend no more than 30 minutes prior to your ice session.
- Entrance and exit are back to normal. There is no need to use the specific doors at each arena. We do ask teams to be out of the arena within 30 minutes of their ice time ending.
- Dressing rooms are again available with no capacity limits. Dressing room assignments will be on the whiteboards out front

Physical distancing is no longer required.

- Masks are required for all those 12 years old and older entering the arena
- Masks are not required on the ice. When your helmet goes on the mask comes off
- Spectators are permitted again to 50 person capacity in either arena, not including those on the field of play.
- Youth Sports have exemption from Vaccination Card Checks. People that enter the arena for a youth sporting event will not have to show vaccination status. That includes spectators to a youth sporting event

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- Self-assessment screening is no longer required
- DCMHA is no longer required to obtain the names and contact details for all parties attending events.
- Travel for sport is now permitted across Canada, but we will be cognizant of travel restrictions between provinces or territories.
- International travel must still follow federal restrictions and guidance.

DCMHA Communicable Disease Protocols General

- ● DCMHA will have one Hockey Canada Safety People per team and a minimum of one at each ice time to ensure all protocols are being adhered to.
 - ● Participants are required to follow proper hand hygiene protocols prior to and during activity. .
 - ● Participants will not spit on ice or benches.
 - ● DCMHA membership and their guests, are not permitted to attend a DCMHA session if they are sick or exhibiting any signs of illness such as a fever, congestion, coughing, sneezing, etc.... DO NOT SHOW UP SICK. This includes referees and outside instructors attending DCMHA events.
 - ● The Hockey Canada Safety Person (HCSP) will remove from the ice and/or facility anyone in attendance at a DCMHA event that is exhibiting any signs of illness.
 - ● DCMHA will provide a copy of the DCMHA Communicable Disease Plan to its membership.
 - ● The DCMHA Referee in Chief will be required to ensure all referees have been provided a copy of the DCMHA Communicable Disease Plan.
- **A player or any team staff that has been had any symptoms of illness whether mild or severe, can return to the team and ice sessions once they have provided a doctor's note, a negative covid test clearing them to return and/or are 100% symptom free.**

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Equipment

- ● No sharing of water bottles.
- ● Water bottles are to be cleaned after each use.
- ● It is recommended to not share gear (both training and player gear) unless it has been thoroughly cleaned and/or 24 to 48 hours has passed since it was last used.
- ● DCMHA will provide the HCSP disposable masks, hand sanitizer, and disinfectant spray with all assigned team first aid kits and in storage lockers.

- ● Goalies are permitted to share gear only under specific circumstances: the goalie gear is sprayed with the gear cleaner provided by DCMHA, set out to dry, and 24 to 48 hours has passed before the gear is given to and used by the next goalie.

Important Links

Via Sport Return to Sport Restart:

https://www.viasport.ca/sites/default/files/Return_to_Sport_Restart_2.0_07-01.pdf