



Illness Policy

Note: In this policy, "Team member" includes an employee, volunteer, participant and/or parent/spectator.

*Symptoms of Covid-19 may include, but are not limited to, fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell and/or taste, headache, muscle aches, fatigue, and loss of appetite.

In order to strive to reduce transmission of Covid-19 and ensure the health of all members the following illness policy must be adhered to by all.

1. Symptoms

- a) Inform an individual in a position of authority (coach, team manager, program co-ordinator) immediately if you (a member) feel any symptoms.
- b) No member may participate in an activity if they are symptomatic.

2. Assessment

- a) Participants must review the self-assessment signage located throughout the facility before activity to attest that they are not feeling any of the COVID-19 symptoms.
- b) Managers/coaches will visually monitor participants to assess any early warning signs as to the status of their health and to touch base on how they are feeling regarding their person safety throughout the activity.
- c) If participants are unsure, please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.

3. If a participant is feeling sick with COVID-19 symptoms

- a) They should remain at home and contact Health Link BC at 8-1-1.
- b) If they feel sick and/or are showing symptoms while at the activity, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c) No participant may participate in an activity if they are symptomatic.

4. If a participant tests positive for COVID-19

- a) The participant will not be permitted to return until they are free of the COVID-19 virus.
- b) Any participants who have interacted closely with the infected participant will also be removed from the activity, for at least 14 days to ensure the infection does not spread further.
- c) Close off, clean and disinfect their facility area immediately and any surfaces that could have potentially been infected/touched.

5. If a participant has been tested and is awaiting the results of a COVID-19 test

- a) As with the confirmed case, the participant must be removed from the activity.
- b) The Public Health Agency of Canada advises that any person who has even mild symptoms should stay home and call the public health agency of BC.
- c) Other participants who may have been exposed will be informed and removed from the activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d) The activity space will be closed off, cleaned and disinfected immediately as well as any other surfaces that could have potentially been touched/infected.



6. If a participant has come into contact with someone who is confirmed to have COVID-19
 - a) Participants must advise their coach and team manager if they reasonable believe they have been exposed to COVID-19.
 - b) Once the contact is confirmed, the participant will be removed from the activity for at least 14 days or as otherwise directed by public health authorities. Participants who may have come into close contact with the individual will also be removed from the activity for at least 14 days.
 - c) The activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been touched/infected.

7. Quarantine or Self-Isolate
 - a) Any participant who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - b) Any participant with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - c) Any participant from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - d) Any participant who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating is not permitted to enter any part of the facility.