

Tyke Rules 2022

Option X with the game time playing rules from Option L

The Game

- a) The duration of the game shall be three fifteen-minute straight time periods, with intermission of three minutes between periods. Each period shall start with a centre face-off.

The Playing Surface

- a) Games are to be played wide length in one of the attacking zones. The end board and the closest restraining line are to be the boundaries. This allows two games to occur simultaneously
- b) The neutral zone is where the players wait to enter the play
- c) The crease is to be an arc that starts two feet on either side of the goal posts and extends as far back at the tail of the goal. The net tail must be 3 feet from the boards
- d) Playing surfaces without floor markings can be used by using tape or chalk to mar the crease

The Lacrosse Stick

- a) The player's stick shall measure not more than 101.6cm (40"), nor less than 66.04cm (26") in overall length

The Ball

- a) The ball used in all matches shall be soft lacrosse balls that confirm to CLA standards and be approved by the CLA

The Goal

- a) Each goal shall consist of two upright poles, 91.44 cm (3') apart, joined by a rigid crossbar 91.44 cm (3') from the playing surface. All measurements are to be inside distances

Player's Equipment

- a) All players must wear at all times the following pieces of equipment: helmet, mask, elbow pads, mouth guard, gloves, and a jock or jill strap
- b) The following pieces of equipment are optional: shoulder and arm pads, back/kidney pads and knee pads

The Team

- a) Each team shall be composed of three players, one designated goalkeeper, up to six substitute players (ie, a maximum of ten)
- b) One coach from each team may be on the floor to instruct players
- c) No other people may be on the floor other than the players, referees and the coaches listed on the game sheet