



U5 Week by Week for Coaches

Refer to document: Coach Toolkit U3, U5, U7

You can find it in your email and there is a link on our website at

www.devonsoccer.com

PRACTICE NIGHTS

- *timekeeper - Coach pick a parent to call rotations
- Teams will rotate clockwise after 10 minutes
- Head Coach stays on original field to teach the assigned drill to the next team of players which move with Assistant Coach
- Coach be prepared to set up and teach your skill

GAME NIGHTS

- 3 vs 3 no goal keeper
- One coach from each team to be on field; other coach should sit with players on sideline to assist with subbing
- Play game for 30 mins, taking water breaks as needed (more often in hot weather)

30-April

1

9

4

9

B

U

I

L

D

I

n

g

Robina Baker 1

Team 1
*timekeeper

DRIBBLING

Quicksand pg 38

Team 4

PASSING

Shark Island pg 20

Robina Baker 2

Robina Baker 3

Team 2

CONTROL

Coach Says pg 16

Team 3

SHOOTING

Through the gate
pg 26

Robina Baker 4

Move CLOCKWISE

2-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 1 vs Team 4

ROBINA BAKER 2

ROBINA BAKER 3

Team 2 vs Team 3

ROBINA BAKER 4

7-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 1 vs Team 2

ROBINA BAKER 2

ROBINA BAKER 3

Team 3 vs Team 4
Late Start

ROBINA BAKER 4

9-May

1
9
4
9
B
U
I
L
D
I
n
g

ROBINA BAKER 1
Team 1
*timekeeper
DRIBBLING
Troll pg 13

Team 2
PASSING
Bowling pg 22

ROBINA BAKER 2

ROBINA BAKER 3
Team 3
CONTROL
Control and Pass
pg 18

Team 4
SHOOTING
Knock it off pg 27

Robina Baker 4



Move CLOCKWISE

14-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4
*timekeeper

DRIBBLING

Survivor pg 9

Team 2

PASSING

Freeze Tag pg 46

ROBINA BAKER 2

ROBINA BAKER 3

Team 1

CONTROL

Make Friends with
the ball pg 41

Team 3

SHOOTING

Monkey in the
Middle pg 28

ROBINA BAKER 4

Move CLOCKWISE

16-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4 vs Team 2

ROBINA BAKER 2

ROBINA BAKER 3

Team 1 vs Team 3

ROBINA BAKER 4

21-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4
*timekeeper

DRIBBLING

Parts of the body
Pg 35

Team 3

PASSING

Square Pass pg 44

ROBINA BAKER 2

ROBINA BAKER 3

Team 2

CONTROL

Obstacle Course
pg 39

Team 1

SHOOTING

Ground Ball pg 25

ROBINA BAKER 4

Move CLOCKWISE

23-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4 vs Team 3

ROBINA BAKER 2

ROBINA BAKER 3

Team 2 vs Team 1

ROBINA BAKER 4

28-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 1
*timekeeper

DRIBBLING

Catch me if you can
Pg 12

Team 3

PASSING

Clean your room
pg 23

ROBINA BAKER 2

ROBINA BAKER 3

Team 2

CONTROL

Up and Catch pg 40

Team 4

SHOOTING

Wild West Shoot
Out pg 58

ROBINA BAKER 4

Move CLOCKWISE

30-May

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 1 vs Team 3

ROBINA BAKER 2

ROBINA BAKER 3

Team 2 vs Team 4

ROBINA BAKER 4

4-Jun

1
9
4
9
B
U
I
L
D
I
n
g



ROBINA BAKER 1

Team 2
*timekeeper

DRIBBLING
Freeze pg 36

Team 1

PASSING
Valley of Doom
pg 43

ROBINA BAKER 2

ROBINA BAKER 3

Team 4

CONTROL
Juggling 101 pg 15

Team 3

SHOOTING
Through the Gate
Pg 32

ROBINA BAKER 4



Move CLOCKWISE

6-Jun

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 2 vs Team 1

ROBINA BAKER 2

ROBINA BAKER 3

Team 4 vs Team 3

ROBINA BAKER 4

11-Jun

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 3
*timekeeper

DRIBBLING

Special Delivery
pg 11

Team 2

PASSING

Score pg 21

ROBINA BAKER 2

ROBINA BAKER 3

Team 4

CONTROL

Control Buddies
Pg 17

Team 1

SHOOTING

Knockdown pg 56

ROBINA BAKER 4

Move CLOCKWISE

13-Jun

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 3 vs Team 2

ROBINA BAKER 2

ROBINA BAKER 3

Team 4 vs Team 1

ROBINA BAKER 4

18-Jun

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4
*timekeeper

DRIBBLING

Timber pg 49

Team 2

PASSING

Truck & Trailer
pg 30

ROBINA BAKER 2

ROBINA BAKER 3

Team 1

CONTROL

Think Fast pg 31

Team 3

SHOOTING

To Your Corner
pg 33

ROBINA BAKER 4

Move CLOCKWISE

20-Jun

1

9

4

9

B

U

I

L

D

I

n

g

ROBINA BAKER 1

Team 4 vs Team 2

ROBINA BAKER 2

ROBINA BAKER 3

Team 1 vs Team 3

ROBINA BAKER 4