



U7 Week by Week Outline for Coaches

Refer to document: Coach Toolkit U3, U5, U7

You can find it in your email and there is a link on our website at

www.devonsoccer.com

PRACTICE NIGHTS

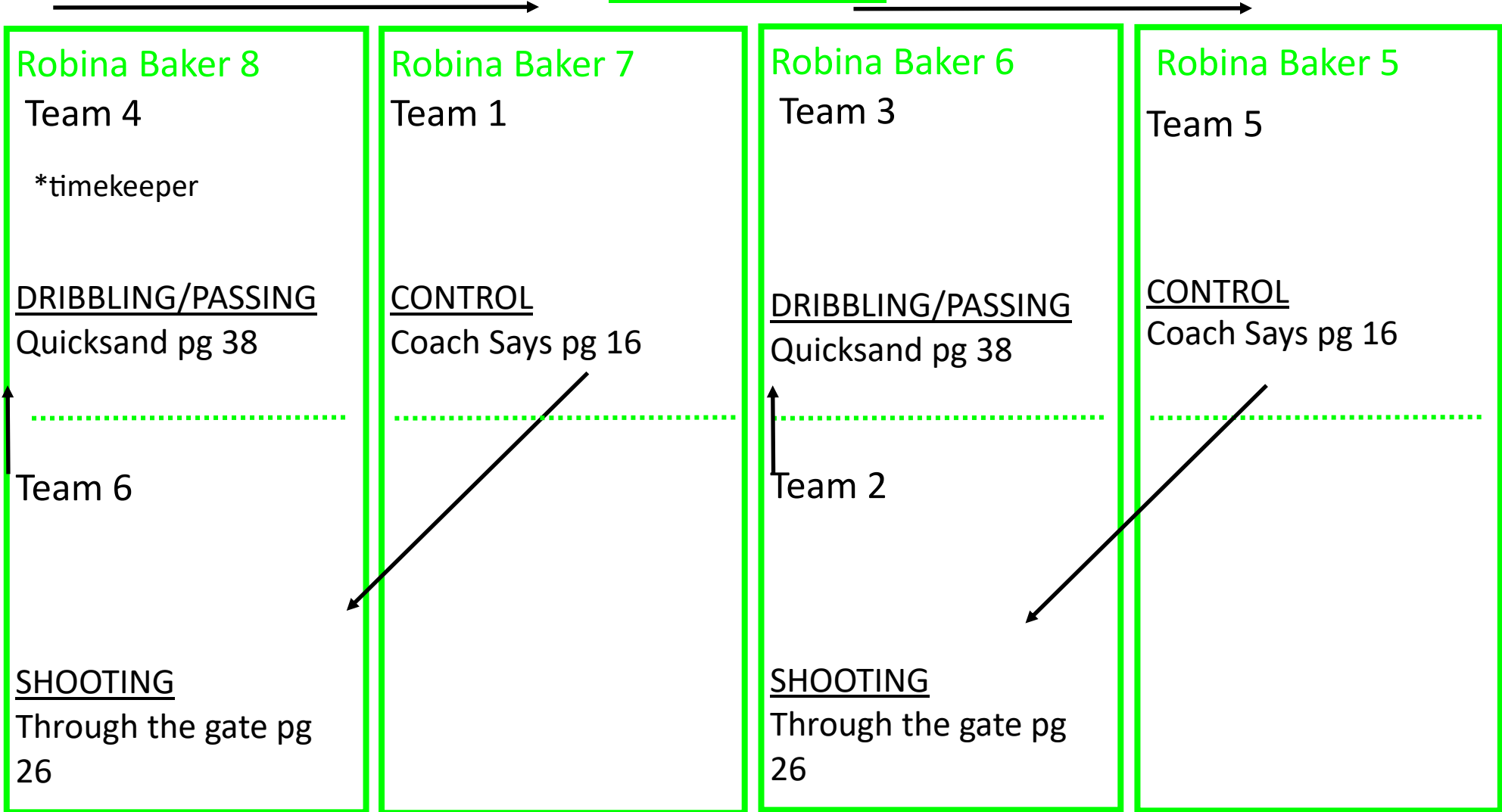
- *timekeeper - Coach pick a parent to call rotations
- Teams will rotate clockwise after 15 minutes
- Head Coach stays on original field to teach the assigned drill to the next team of players which move with Assistant Coach
- Coach be prepared to set up and teach your skill

GAME NIGHTS

- 5 v 5 including goal keeper
- 2—20 minute halves with 5 min break
- Refer to Coach Handbook for more rules/guidelines

ROBINA BAKER SCHOOL

29-Apr



Move Clockwise

ROBINA BAKER SCHOOL

1-May

ROBINA BAKER 8

Team 4 vs Team 6

ROBINA BAKER 7

Team 1 vs Team 3

ROBINA BAKER 6

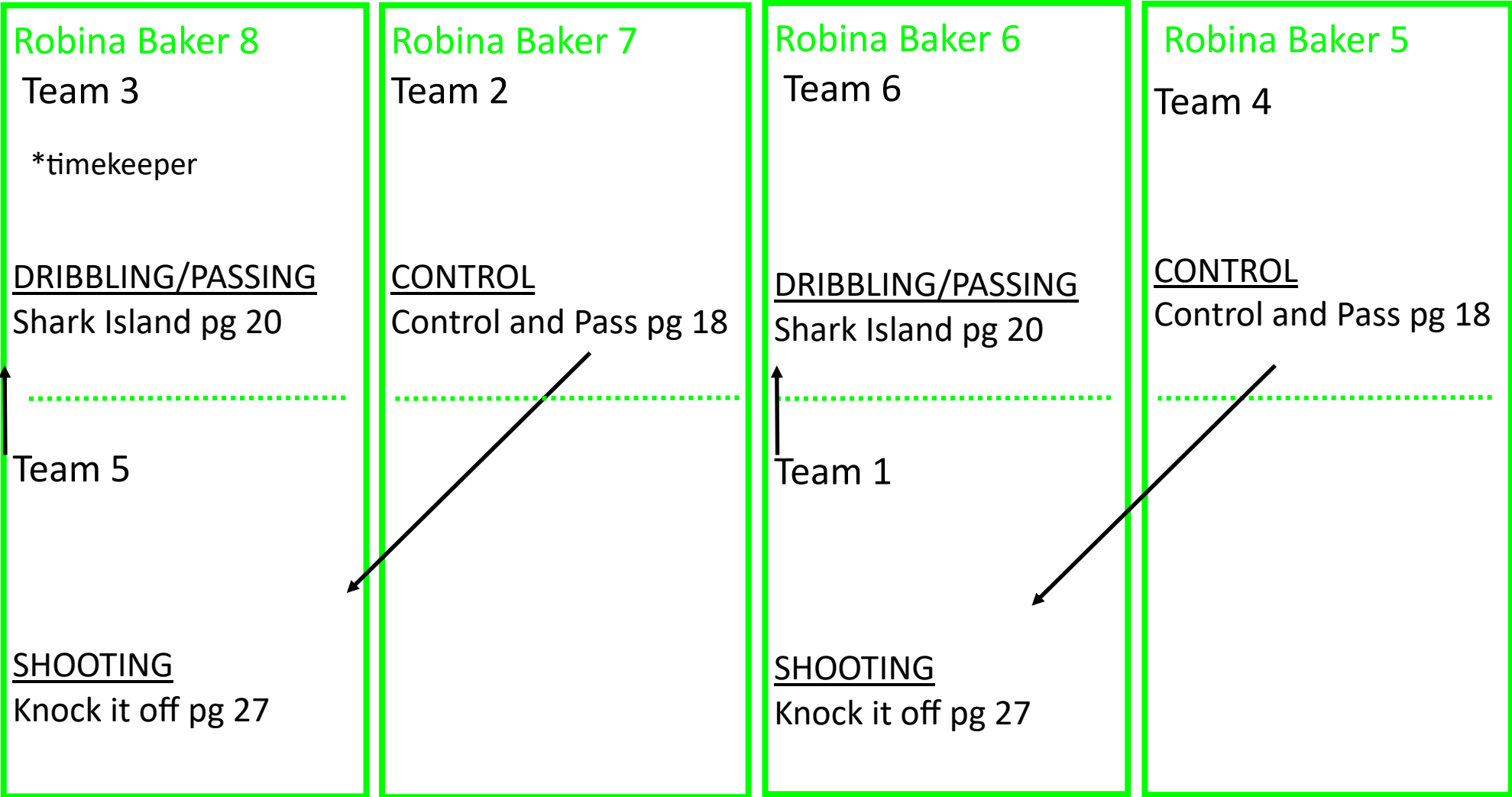
Team 2 vs Team 5

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

6-May



Move Clockwise

ROBINA BAKER SCHOOL

8-May

ROBINA BAKER 8

Team 3 vs Team 5

ROBINA BAKER 7

Team 2 vs Team 6

ROBINA BAKER 6

Team 1 vs Team 4

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

13-May

Robina Baker 8
Team 2
*timekeeper

DRIBBLING/PASSING
Survivor pg 9

Team 4

SHOOTING
Monkey in the middle
pg 28

Robina Baker 7
Team 1

CONTROL
Make Friends with the
Ball pg 41

Robina Baker 6
Team 5

DRIBBLING/PASSING
Survivor pg 9

Team 3

SHOOTING
Monkey in the middle
pg 28

Robina Baker 5
Team 6

CONTROL
Make Friends with the
Ball pg 41

Move Clockwise

ROBINA BAKER SCHOOL

15-May

ROBINA BAKER 8

Team 2 vs Team 4

ROBINA BAKER 7

Team 1 vs Team 5

ROBINA BAKER 6

Team 3 vs Team 6

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

21-May

ROBINA BAKER 8

Team 5 vs Team 6

ROBINA BAKER 7

ROBINA BAKER 6

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

22-May

ROBINA BAKER 8

Team 1 vs Team 2

ROBINA BAKER 7

Team 3 vs Team 4
Late Start

ROBINA BAKER 6

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

27-May

Robina Baker 8
Team 5
*timekeeper

DRIBBLING/PASSING
Bowling pg 22

Team 4

SHOOTING
Wild West Shoot Out
pg 58

Robina Baker 7
Team 3

CONTROL
Up and catch pg 40

Team 6

Robina Baker 6
Team 2

DRIBBLING/PASSING
Bowling pg 22

SHOOTING
Wild West Shoot Out
pg 58

Robina Baker 5
Team 1

CONTROL
Up and catch pg 40

Move Clockwise

ROBINA BAKER SCHOOL

29-May

ROBINA BAKER 8

Team 5 vs Team 4

ROBINA BAKER 7

Team 3 vs Team 2

ROBINA BAKER 6

Team 6 vs Team 1

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

3-Jun

Robina Baker 8
Team 2
*timekeeper

DRIBBLING/PASSING
Freeze pg 36

.....

Team 1

SHOOTING
Through the gate pg 32

Robina Baker 7
Team 6

CONTROL
Juggling 101 pg 15

.....

Team 4

Robina Baker 6
Team 5

DRIBBLING/PASSING
Freeze pg 36

.....

Team 4

SHOOTING
Through the gate pg 32

Robina Baker 5
Team 3

CONTROL
Juggling 101 pg 15

.....

Team 3

Move Clockwise

ROBINA BAKER SCHOOL

5-Jun

ROBINA BAKER 8

Team 2 vs Team 1

ROBINA BAKER 7

Team 6 vs Team 5

ROBINA BAKER 6

Team 4 vs Team 3

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

10-Jun

Robina Baker 8
Team 6
*timekeeper

DRIBBLING/PASSING
Clean your room pg 23

.....

Team 4

SHOOTING
Knockdown pg 56

Robina Baker 7
Team 5

CONTROL
Control Buddies pg 17

.....

Team 3

Robina Baker 6
Team 2

DRIBBLING/PASSING
Clean your room pg 23

.....

Team 3

SHOOTING
Knockdown pg 56

Robina Baker 5
Team 1

CONTROL
Control Buddies pg 17

.....

Move Clockwise

ROBINA BAKER SCHOOL

12-Jun

ROBINA BAKER 8

Team 6 vs Team 4

ROBINA BAKER 7

Team 5 vs Team 2

ROBINA BAKER 6

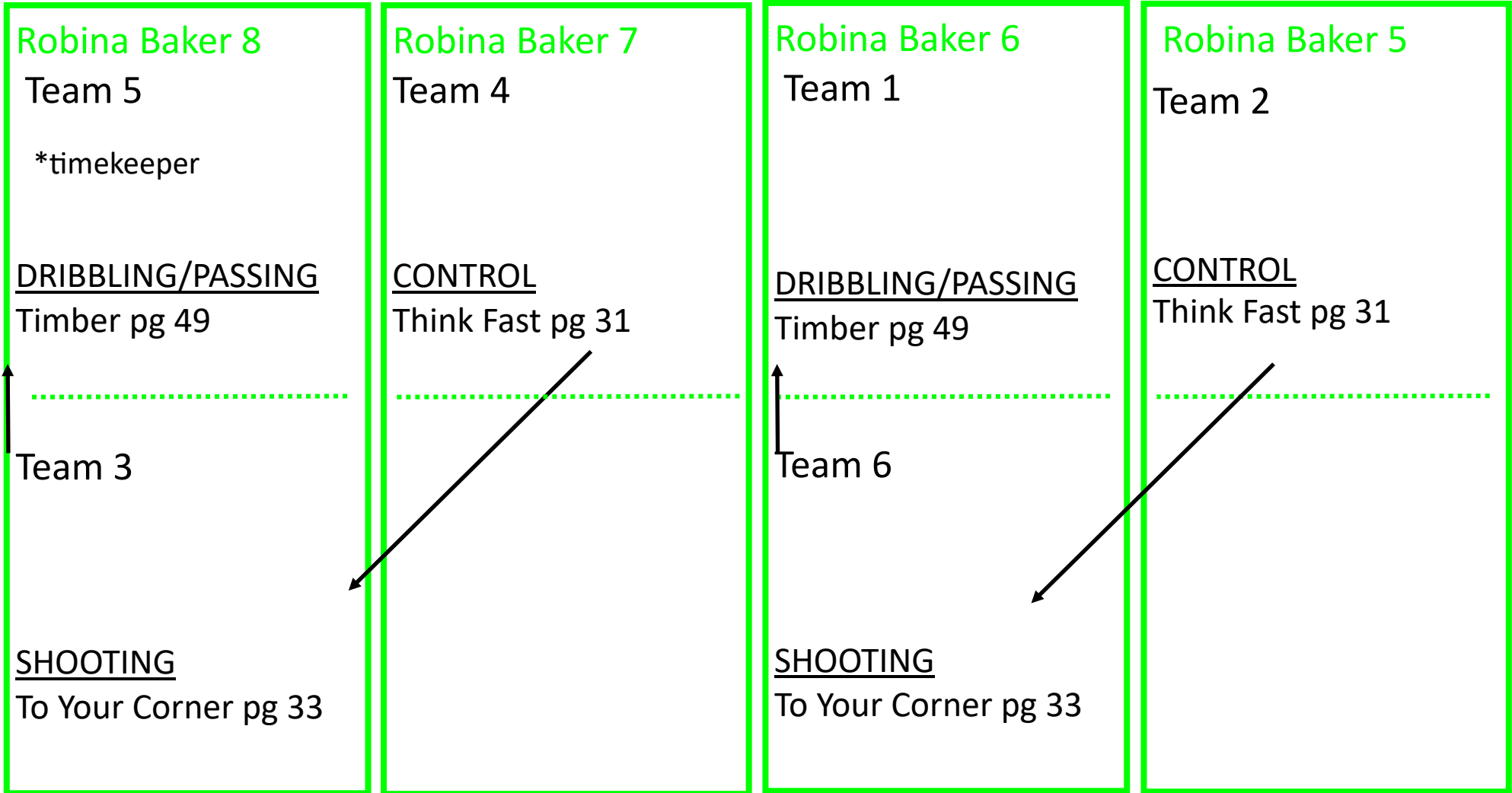
Team 3 vs Team 1

ROBINA BAKER 5

NOT USED

ROBINA BAKER SCHOOL

17-Jun



Move Clockwise

ROBINA BAKER SCHOOL

19-Jun

ROBINA BAKER 8

Team 5 vs Team 3

ROBINA BAKER 7

Team 4 vs Team 1

ROBINA BAKER 6

Team 6 vs Team 2

ROBINA BAKER 5

NOT USED