



2020 REQUEST FOR GOALKEEPER EQUIPMENT EXEMPTION

Valid for the 2020 playing season only

This form will not be accepted without photographs of the goalie in equipment.

Please submit form to james@lacrosse.ca by **May 31, 2020**

Late submissions will not be accepted

Player Name: _____

Address: _____

Player Date of Birth: _____ Age: _____

Height: _____ Weight: _____

Exemptions applying for (please check all that apply)

**Size of equipment permitted
based on height**

| |
|--------------------------|
| <input type="checkbox"/> |
| <input type="checkbox"/> |
| <input type="checkbox"/> |

Shoulder Pads

Leg Guards

Pants

**Size of equipment
requested**

| |
|--------------------------|
| <input type="checkbox"/> |
| <input type="checkbox"/> |
| <input type="checkbox"/> |

Reason for request: Please explain in detail why the larger size is required.

Parent/Player Contact Email: _____

Local Association Contact Email: _____

Local Association President Name
(Please Print)

Local Association President Signature

Member Association Signature

Approved by CLA

Not Approved by CLA

Date of Approval

S&E Committee Chair Signature

12.10 EQUIPMENT CHART

CLA GOALTENDER EQUIPMENT SPECIFICATIONS

| CLA GOALTENDER EQUIPMENT STANDARD | HEIGHT | CHEST AND ARM PROTECTORS | | |
|-----------------------------------|----------------|---|---------------------------|-------------------------------------|
| | | MAX. WIDTH OF PADDING OUTSIDE OF ARM ON EACH SIDE | MAX. WIDTH OF ARM PADDING | MAX. THICKNESS ABOVE SHOULDER PLANE |
| Category 3 | 5'5" and above | 4" | 8" | 3" |

| CLA GOALTENDER EQUIPMENT STANDARD | HEIGHT | CHEST AND ARM PROTECTORS | | |
|-----------------------------------|-------------|-----------------------------|-------------------|-------------------------------------|
| | | MAX. WIDTH ACROSS SHOULDERS | MAX. WIDTH OF ARM | MAX. THICKNESS ABOVE SHOULDER PLANE |
| Category 2 | 4'7" – 5'4" | 25" | 7" | 1.5" |
| Category 1 | Up to 4'6" | 20" | 6" | 1" |

**** Note: Shoulder caps must be anchored**

| CLA GOALTENDER EQUIPMENT STANDARD | HEIGHT | SHIN GUARDS AND PANTS | | |
|-----------------------------------|----------------|----------------------------------|-----------------------------|------------------------|
| | | SHIN GUARD MAX. WIDTH BELOW KNEE | SHIN GUARD MAX. OF KNEE CAP | PANTS MAX. THIGH WIDTH |
| Category 3 | 5'5" and above | Tapered from 9" to 7" | 11" | 11" |
| Category 2 | 4'7" – 5'4" | Tapered from 8" to 5" | 9" | 9" |
| Category 1 | Tyke-Novice | Tapered from 7" to 4" | 7" | 7" |

An MA may apply for an exception to this Rule by submitting a Request for Goalkeeper Equipment Exemption Form.

How to Measure Goaltender Height

1. Have tape measure fixed to wall, showing full view from floor to above the athletes' head.
2. Goaltender must be in shorts, T-shirt and bare feet.
3. Goaltender stands up straight with heels against wall, head level.
4. A ruler is used to measure straight from the top of the athletes' head.
5. Pictures need to be full view from head to toe of the athlete.

