

DRA Bench Staff Meeting



DORCHESTER
DRAGONS
RINGETTE



Topics Covered

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President's Message

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**Bench Staff
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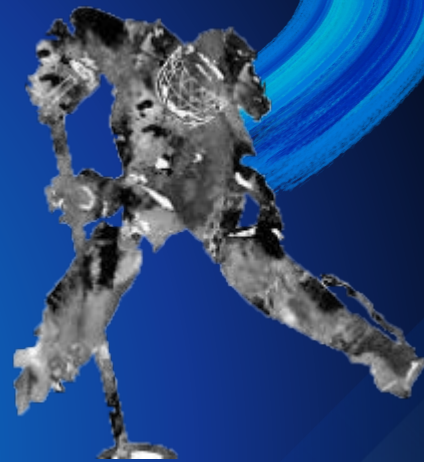
**New Rules (GLRL,
WRRL)**

04

Managers

01

**WELCOME
BACK!**



DRA BOARD OF DIRECTORS

President: Shelley Handley
Past President: Brent Jackson
Vice President: Kaitlyn Higgins
Secretary: Danielle Johnson
Treasurer: Kelly Sauve
Coaching Director: Sammy McIntosh
Fundraising: Becky Graves
Promotions: Paula Foster-Reed

Registrar: Melissa Pusching
Sponsorship: Emily McDonald
RIC: Sue Spencer
Equipment Manager: Mel Soan
Tournament/Banquet: Melissa Cupello
Ice Scheduler: Mallory Hesselmanns
WRRR/GLRL: Mike Reaume

IMPORTANT DATES

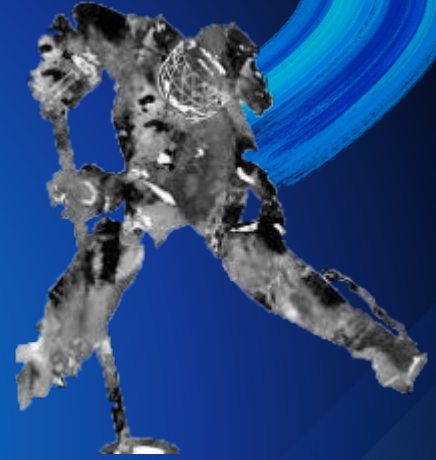
Bond Positions Posted	Now and On-Going
Photo/Clothing Night	Monday, October 2nd, 2023
Bottle Drive	Saturday, October 21st
Coaching Qualifications	Thursday, November 30th
A Provincial Championships	March 14-17 - Waterloo
Regionals	March 22-24 - London
U12 Year End Event	March 28-31 - Markham

A Message from our
Referee-in-Chief:
Sue Spencer



02

Bench Staff Information



BENCH STAFF BOND POSITIONS

- 7 Bond bench approved positions - **No split positions**
 - 1 head coach
 - Up to 3 assistant coaches
 - 1 trainer
 - 1 manager
 - Treasurer (Not required)
 - On ice helpers need to be on TRF for insurance purposes - not bondable
 - Must be on TRF or a part of the association in another capacity to step on ice (player etc.)

Registration

- **All bench staff (including junior coaches) and on-ice assistants need to register as “a coach” via their RAMP account.**
- On November 15 The registration system LOCKS. After this date, changes are only made with an ICF (Information Change Form). All player changes to teams require approval of the Regional Membership Services Coordinator. A/AA Teams also require approval from Competitions (G&T) Committee.
- Bench staff changes require the approval from RO Technical Director.
- After January 30 team changes are no longer allowed.

Bench Staff Requirements

- The latest Team Qualifications Chart & Pathways documents for this year can be found here: <https://ringetteontario.com/content/team-staff-qualification-pathways>. There are links in the pathways documents to the courses.
- Please ensure your bench staff complete or sign up for any required training listed in the pathways documents ASAP. **All courses must be complete by November 30** and show as TRAINED on their transcript. Information on figuring out why you show IN TRAINING can be found here in this [In Training Info Sheet](#).

Quest For Gold Bursary for CI Clinic

- There is an opportunity for coaches to receive funding for the CI course through Quest for Gold. For more details please check out link at <http://coachesontario.ca/qfg/>

Certifications

- Please ensure all of your qualifications are up-to-date
- For anyone needing a new police check or more qualifications, you will be contacted by the DRA over the next couple of weeks
- If you know you need courses please sign up NOW as they fill up fast - see the RO website
- Send all receipts to Sammy McIntosh
- If you have any questions please reach out to Sammy



Some Guidelines

- All coaches MUST use a proper ringette stick - no sawed-off hockey sticks (see Mel Soan)
- All regional teams will be supplied with home and away jerseys. We have worked hard to ensure every player gets matching numbers in their size.
- Any team wear (hoodies, jackets etc.) must be approved by the DRA if NOT using our supplier - Herm's.
- Any teams getting sponsors and/or fundraising, must provide a budget twice a year - December and in March
- All fundraising events must be approved by the DRA and will be voted on at a scheduled meeting
- The DRA meets the first Tuesday of the month - any issues that you want brought forward will be discussed at the meetings unless it is an emergency.



Goalies

- Goalies are a rare commodity in ringette
- Dorchester Ringette will be paying special attention to goalies this year and the coming years
- Every bench staff will require one on-ice coach to be dedicated to goalie development
- A hand book with drills is being provided
- Any player who wants to be a goalie and needs assistance with equipment please let Mel know - we will do our best to get them outfitted.
- Sue Spencer will be our contact for goalie specific development



Coaching Assistance

- The DRA will be reaching out to all head coaches to ascertain what everyone needs.
- We recognize that each age group and each coach needs something different
- We hope to customize resources to YOUR needs
- What this looks like is up to you folks
- We value our coaches and the time you dedicate to this sport and we plan to do a better job at showing you that (party time??!!)



ICE SCHEDULE

- Mallory has worked hard to ensure consistent ice for teams this year
- This will not always be perfect, but we are getting there
- IF YOU ARE NOT going to use your ice, please let Mallory know ASAP in the Whatsapp group. Ice is expensive! Our arena allows us to give ice back 24 hours prior (no other rink does this) but they prefer 72 hours.
- We gave back ice on Oct. 31 (teams will lose this practice)
- What about Thanksgiving? 12:30pm and 1:30pm?



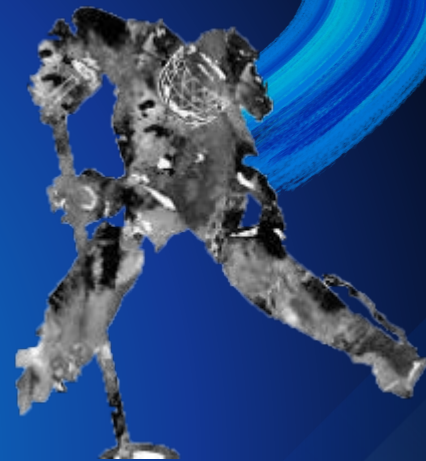
Blackout Ice

- There are a couple of weekends where you can expect away games:
 - Nov. 24-26
 - Jan. 19-21
 - Feb. 2
 - Feb. 29-March 3
- The TANKARDS are coming to Dorchester
 - APC will be unavailable Jan. 17-Jan. 28 - this will mean some adjustments to the practice schedule



03

NEW RULES



GLRL (Provincial Play only)

- **GLRL Disciplinary Committee & Video Submission Policy added for 2023-2024 Season**
- **Please go to the GLRL website to ensure you understand this policy if you have not done so yet.**



WRRL (Regional play only)

- WRRL will be bringing back the Fair Play rules (RO has guidelines, but no policies)
- Fair play rules ARE NOT enforced by referees so do not bring it up with them
- There will be a process to follow - you will get more information on this from Mike Reaume before games start
- WRRL is looking to join with Central and Southern regions. Certain age groups will be playing teams from outside of Western region - more information will be provided after Sept. 25th.



Penalties

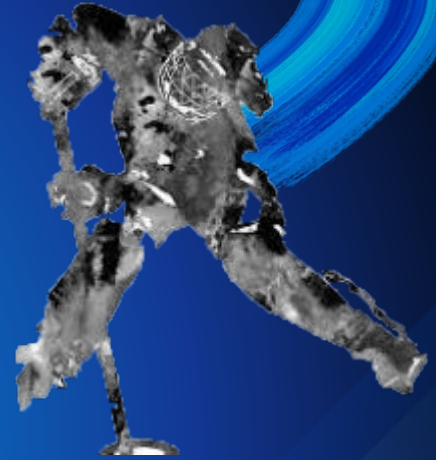
- Misconduct penalty results in an automatic one-game suspension.
- Match penalty results in an automatic two game suspension under RO rules (i.e. incurred at a tournament).
- 10 penalty minutes for one player in the same game results in an automatic one game suspension.
- 30 minutes in penalties by a team in a single game results in Coach expulsion and 1 game
- Major penalty reporting should be automated soon with the Gamesheets app.
 - <https://www.wrra.ca/content/competition---penalty-reporting>
- The automatic suspension for a 4 minute not fully served is still on hold

Sportsmanship

- Try to keep games within 7 goals
 - Rotate positions
 - 3 passes before a shot
 - Try to get resets (a U12+ skill)

04

Managers



Manager's Hand Book

- DRA is providing all teams with a hand book - both in a duotang and digitally - Thank-you Becky!
- It includes RAMP instructions, sample budget spreadsheets, team ideas etc.
- It is hoped these will help new (and some old) managers to run a well-oiled machine this year.
- Manager's can meet after this with Becky to answer any questions



Questions?

There is additional information on the following slides about certifications, substitutions etc.

This slideshow will be posted



RO Policies

<https://ringetteontario.com/content/policies>

- Concussion Policy
- Return to Play Policy
- Coaches Code of Conduct Policy
 - Bench Staff Code of Conduct Agreement is now signed @ registration
- Screening Policy
 - OPP VSC's now available on-line
- Parents & Players need to review their RO CoC policy

RO Forms

<https://ringetteontario.com/content/forms>

- Annual Offense Declaration
- Two Team Player Agreement
 - Also Need WRRRA Forms @
<https://wrra.ca/content/wrra---documents-and-resources>
- Bench Staff Adjustment Form (tournaments)
- TRF Adjustment Form (Give yourself lots of time)

<https://cloud.rampinteractive.com/ringetteontariogames/files/Forms/RO%20TRF%20Adjustment%20Form%20-%202023-24.pdf>

- Fair Ice Guideline Can Be Found Here
<https://cloud.rampinteractive.com/ringetteontariogames/files/RO-Fair-Ice-Guidelines-2022.pdf>
- RO Has Created An Agenda for Club Head Coach and Team (Parent) Meetings

Season Info

League Play

- Scores for league games will get posted on the league site via RO Games Portal
- GLRL League play starts Sept. 23,2023
 - <https://glrl.ca/>
- Regional WRRL League Play will start the weekend after Thanksgiving
 - <https://www.wrra.ca/content/b-c-play---home>

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Tournaments

- Check The Sanctioned Events List At:
<https://ringetteontario.com/Content/Tournament-and-events-information>
- Registration Will Be Via Tournament Hosts Registration Page
- Remember To Send A TRF To The Tournament Once You're Accepted

Season Cont'd

- RO is continuing with the RAMP GameSheets app (cost per game now)
- Info on RAMP Game Sheets at <https://ringetteontario.com/content/resources>
- **No scores kept or posted at U8**
- **No posting more than a 7-goal spread ever (all levels)**
- **Prompt *injury* reporting is critical (within 10 days) & expect follow up**
 - <https://ringetteontario.com/resources/sportinjuries/>
- If you have a substitute player for a game you need to mark S1 beside their name for their first game substituting up to S5 for their fifth time. A skater can only substitute 5 times for another team.

Season Cont'd

Year End Events

- 'AA' Provincials on TBD in TBC
- 'A' Provincials March 14-17 In Waterloo
- Regionals March 22-24 In London
- U12 Championships March 28-31 In Markham (Easter Weekend)

Reminders For Parent Meetings

- Review RO and Association Injury Policies
- Remind parents about RO concussion policies as concussion sheets are now completed during registration
- ALL athletes under 18 participating in ringette must have at least one parent/guardian that has **completed the Respect in Sport for Parents on-line program by November 1st**, or the players are suspended. This includes LTS/HL/FUN1 and FUN 2 programs.
- Remind parents that referee #'s are declining...be kind to the refs **and keep family and friends under control**
- Western region may offer some Rules/PD courses for parents this season

Coach Requirements

Head or Assistant Coach

- Coach Initiation in Sport (Online)
- Competition Introduction Clinic (CI) (U12-U19)

or

- Community Sport Initiation Clinic (CSI) (FUN3 &U12)

** FUN1/2 Does Not Require CSI or CI*

- Make Ethical Decisions Clinic (MED)
- Make Ethical Decisions Evaluation (Online)
- Making Headway (Online)
- Respect in Sport for Activity Leaders (Online)
- Bench Staff Code of Conduct (Registration)

Trainer

- Standard First Aid or Higher or Occupational Certification (Firefighter/Nurse)
- Making Headway (Online)
- Respect in Sport for Activity Leaders (Online)
- Bench Staff Code of Conduct (Registration)
- Volunteer Screening

Bench Staff Requirements

Jr. Coach

- Coach Initiation in Sport (Online)
- Making Headway (Online)
- Respect in Sport for Activity Leaders (Online)
- Bench Staff Code of Conduct (Registration)

Trainer

- Standard First Aid or Higher or Occupational Certification (Firefighter/Nurse)
- Making Headway (Online)
- Respect in Sport for Activity Leaders (Online)
- Bench Staff Code of Conduct (Registration)
- Volunteer Screening

On-Ice Assistant

- Coach Initiation in Sport (Online)
- Making Headway (Online)
- Volunteer Screening

Coach Training

Making Headway Module

- You should complete the Sport Generic module. It takes about an hour.
- <https://www.coach.ca/concussion-elearning-modules-p153487&language=en>

Making Ethical Decisions (MED) Module and Evaluation There are two parts to this:

- 1) Online seminar or classroom session
- 2) Online evaluation
- <https://www.coach.ca/make-ethical-decisions-med--s16834>
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Respect in Sport for Activity Leaders

- Required for all coaches, junior coaches and trainers.
- Remember to enter your NCCP # and click on "allow" to transfer your completion of the course to your NCCP locker transcript.
- <https://ringette-canada.respectgroupinc.com/>

Coach Training

- For information on registering for clinics check out the RO website <https://ringetteontario.com/content/coaching-clinic-registration-information>
- **Coach Initiation Module** - This must be completed prior to the CSI or CI clinic. It is offered by the Coaching Association of Canada. The module takes about 1 hour to complete and costs \$15.
 - You can find it at <http://coach.ca/coach-initiation-in-sport-s17259>
- **Head Coaches and Assistant Coaches NEED to be either CSI or CI trained**
 - COMMUNITY SPORT INITIATION (CSI) trained (U12 and below)
 - COMPETITION INTRODUCTION (CI) trained (U12 and above)
 - Register at coachingringette.ca
- **Quest For Gold Bursary for CI Clinic**
 - There is an opportunity for coaches to receive funding for the CI course through Quest for Gold. For more details please check out link at <http://coachesontario.ca/qfg/>