

# Dorchester Dragons Coaches Meeting

**November 1, 2021**



# President's Message

- Introductions
- Key Contacts
- Important Dates
- RAMP, Website & Team App
- COVID Protocols
- Bench Staff & Parent Code of Conduct

# Dorchester Executive

**President – Brent Jackson**

**Vice President – Daryl Badder**

**Treasurer – Keri Kowalski**

**Registrar – Jakki Macdonald**

**Secretary – Danielle Johnston**

**Fundraising/Events – Melissa Reaume & Amy Campbell**

**Sponsorship – Melissa Pusching**

**Coach and Player Development – Kaitlyn Higgins**

**Ice Coordinator – Chris McMichael**

**Referee-in-Chief – Sue Spencer**

**Promotions – Jade Somers**

**Equipment – Keely Wright**

**WRRL/GLRL Rep – Shelley Handley**

# Important Dates

	Date
Bond Positions Posted on Website	NOW
Photo/Clothing Night	TBD – Late November?
Wine/Chocolate Fundraiser	November-December
Bench Staff Code of Conduct due	November 30
Parent Code of Conduct due	November 30
Coaching Qualification Proof due	November 30
Lottery draws	Start December
Tournaments Start	After January 1
Elmira Chicken Fundraiser	January-February

# Important Dates

	Date
AA League	October 30, 2021
A League	November 6, 2021
B/C (Regional) League	December 3, 2021
AA Championship (Waterloo/Kitchener)	March 3-6
Regional Championship incl U12A (London)	March 25-27
A Championship (TBD)	TBD

# Introducing RAMP

- **New Registration system** directly links to Ringette Ontario
  - Offers credit card, e-transfer or cash/cheque
- **New Website:**  
[www.dorchesterringette.com](http://www.dorchesterringette.com)
  - Coaching Information
  - Parent Resources
  - Links schedules from leagues

# Introducing RAMP

- **New Team App** (replace Team Snap)
  - User guide on website
  - Players, Coaches must be added in back-end, contact Registrar if no email received
  - Coaches & Manager are administrators so once in, will be able to manage team and app

# Bench Staff & Parent Code of Conduct

- Bench Staff Code of Conduct must be signed and returned to DRA by November 30, 2021
- Parent Code of Conduct should be reviewed at team meeting
- All player parents to sign
- Manager to keep on file
- **Due Date: November 30, 2021**



# COVID Protocols

- Must consider and follow
  - Arena Protocols
  - Ringette Ontario Protocols
  - Health Unit/Government of Ontario Protocols
- Covid Safety Leader = Shannon Crinklax

# COVID Protocols – Arena & Health Unit

- Players cannot arrive earlier than 30 minutes before the event
- All spectators/visitors/coaches/bench staff and players that are born in 2009 or earlier must be double vaccinated to enter the arena including being past the 14-day waiting time after the 2nd vaccine. A security guard will be checking for proof of 2nd vaccination and photo identification.
- Contact Tracing Screening will also be required for everyone entering the arena. A smartphone is needed to access the website.
- Players who are 11 years or under (born 2010 or earlier) are **not** required to be vaccinated to enter the arena or participate in an event
- Masks must be worn when entering the arena and in change rooms but are not required once the helmet is on. Spectators/Visitors must wear masks at all times.

# COVID Protocols – DRA Responsibilities

- Use Team App to track players and team health checks and availability. Do not allow players on ice who fail health check.
- Follow Arena directions and Security requests (QR code scan, show vaccination proof and ID)
- Consider social distancing in change rooms
- Remind DRA members to wear masks when in arena and not on ice
- Report any issues with team/bench staff to Covid Safety Leader
- Review the COVID protocols for any arena that the team will be visiting and communicate to Team & Parents in advance
- Research Arena protocols when traveling for games and tournaments

# Bench staff and player development

## Kaitlyn Higgins

- Qualifications and Training
  - Coaching Clinics (CI, CSI)
  - Making Headway e-module
  - Respect in Sport (Activity Leaders)
  - Manager Certification Course
  - First Aid for Trainers
  - On-Ice Volunteers Requirements
  - Qualified Female (Coach or Assistant, not Manager/Trainer for U10 + \*\*)

# Bench staff and player development

## Kaitlyn Higgins

### ○ Paperwork!

- Police Checks every 3 years (all Bench Staff and On-Ice Volunteers) – check website for letter
- Offence Declaration Form every year – check website
- First Aid qualifications (Trainers)
- Manager certificate numbers (Managers)
- NCCP numbers (Coaches)
- Signed Bench Staff Code of Conduct

**NOVEMBER 30<sup>th</sup> DEADLINE**

The background of the slide is a photograph of a curling stone on an ice rink. The stone is dark and circular, with two yellow handles. A blue brush is positioned behind the stone, and the ice surface is visible with some blue markings. The text is overlaid on this image.

# Bench staff and player development

## Kaitlyn Higgins

- Injuries

- Sport Injury Report Form (Handbook Appendix or ORA website)

# ORA Website

- ORA Website Tools

- <http://ontario-ringette.com>

- Coaching Pathways
    - Skill Matrix Templates
    - Sports Injury Report Form

- Review NCCP Website Tools

- <https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

- Self report coaching
    - Making Headway e-module
    - Making Ethical Decisions e-module

# Coaching Website

- Review Coaching Ringette website
  - <https://coachingringette.ca>
    - Making Headway e-module
    - Manager certification course
    - Respect in Sport for Activity Leaders
    - Coaching Clinic Sign-up



# Children's Ringette

- Ringette Ontario program “Children Ringette” now in effect
- FUN1 and FUN2 to be ½ ice for games with adaptive play (3on3 or 4on4)
- Will request arena to put up dividers, smaller nets are available at arena
- FUN2 will have games scheduled in league, FUN1 to schedule games in January with other associations

# Fair Play & WRRRA Development

## FAIR ICE POLICY

	U10 & Under	U12		U14		U16		U19	
Game Type	Regional	Regional	Prov.	Regional	A/AA	Regional	A/AA	Regional	A/AA
League Development Games (before Jan 1 <sup>st</sup> )	E	E	E	E	D2	E	D2	E	D2
League Competition (after Dec 31 <sup>st</sup> )	E	E	E	D2	D2	D2	D2	D2	D2
Tournaments	E	D1	D1	D2	D2	D2	D3	D2	D3
Regionals /Provincials	E	D1	D1	D2	D3	D3	D4	D3	D4

### EQUAL (E)

Is defined as equal ice-time every game to the best of the coach, allowing for the uncertainty in the frequency in stoppages of play.

### DISCRETION 1 (D1)

Is defined as equal ice time every game, however, there is the ability for a coach to use select players in the last two (2) minutes of regulation time and overtime.

### DISCRETION 2 (D2)

Is defined as equal ice time every game, however, there is the ability for a coach to use select players in the last two (2) minutes of regulation time, overtime and any situation that does not require five (5) skaters vs. five (5) skaters.

#### DISCRETION 3 (D3)

Is defined as equal ice time every game, however, there is the ability for a coach to use select players in the last two (2) minutes of regulation time, overtime and any situation that does not require five (5) skaters vs. five (5) skaters. Further, coaches have the ability to use players anytime during post round robin play as they decide. (post round robin play includes mini games)

#### DISCRETION 4 (D4)

Is defined as equal ice time for every game, however, there is the ability for a coach to use select players in the last ten (10) minutes of regulation time, overtime and any situation that does not require five (5) skaters vs. five (5)

skaters. Further, coaches have the ability to use players anytime during post round robin play as they decide (post round robin play includes mini games).

# Player Substitution rules

- Call-up, can't call down

<http://www.wrra.ca/gandt/documents/Western%20Region%20Substitution%20Policy.pdf>

- All league game substitutions do not require approvals as long as guidelines are followed
- All tournament substitutions require a signed TRF adjustment form submitted 48 hours in advance to Competition Committee (G&T)
- Substitution rules:
  - Not eligible to use substitutes if you have 12 players
  - Maximum for 4 substitutes including skaters and goalie in 1 game
  - Maximum # of games per player is 5 games
  - Goalie substitutions are unlimited
  - Players can only play in one provincial event

# Canceling Games

- Must talk to coach of other team (check website for contact details)
- If game in Dorchester, contact Sue Spencer (ref) and Chris McMichael (Ice scheduler)
- Must offer 3 alternative times to make up game. Chris to provide for Dorchester games.
- Team Manager/Coach must report to league

# Closing Gap between Coaches & Officials – Keely Wright

- New referees, please be patient and understanding, we need to keep our young volunteers
- Yelling & disrespecting the officials, the girls watch every move you make! Be aware!
- Code of conduct, it's not just a piece of paper for Parents or Bench Staff!
- Bring all concerns with referees to the Referee-in-chief first – Sue Spencer (must wait 24 hours from game/incident)



# Escalation during Games/Tournaments

- Rules of proper conduct
  - Don't yell at refs
  - Know your players are watching you
  - Call ref to side to discuss or other team coach to discuss
- Expected Escalation steps
  - Is it worth the fight? What do you want to gain from escalating?
  - If tournament, notify the tournament convenor
  - If league play, notify your own executive who will guide the process with WRRL/GLRL

# To Do List:

- Sign Bench Code of Conduct
- Distribute Game Sheets
- Collect coaching course reimbursements
- Give out any jerseys/equipment
- Coaching Resources on Website:
  - Ringette Ontario Drills
  - DRA Coaching Handbook
- Still to Come: TRF, Trainer Forms, Lottery Tickets



# Improvements Coming....

- Working on Guide for Coaches for Tryout process & Team Formation
- WRRRA & GLRL working on new websites and systems that will integrate directly with our RAMP
- New Website is easy to manage and add information – open to suggestions
- DRA is now incorporated – more protection for associations

# Coaching Breakout

- Share Contact Information
- What do you hope to get out of this year and keep in focus?
- What is your favorite drill to run and how does it help your team?

# Manager Breakout

1. Assist your coach!
2. Communication, Team Meeting
3. Certification & Criminal Record Check
4. TRF and bench staff
5. Tournaments - registration, fees, hotels
6. Games & Practices
7. Forms & paperwork
8. Fundraisers
9. Team bonding activities
10. A/AA team budget



# Questions & Discussion